



Children with Diabetes[®] *Presents*



Friends for Life[®]

July 4–9, 2023 • Disney's Coronado Springs Resort • Orlando, FL • #FFLOrlando23

Because *you can* go above & beyond your diabetes.



We care to know you as well as we know your condition.
Stop in to talk to your pharmacist about:



A1C & glucose
level monitoring



Medication
consultations



Vaccine & screening
recommendations

Walgreens



Dear FiFFLes,

July 20, 1969. That's a date that all space lovers cherish. At 10:56 PM EDT, astronaut Neil Armstrong stepped onto the lunar surface, proclaiming, "That's one small step for a man, one giant leap for mankind." As a nine-year-old boy fascinated with space, I couldn't wait to watch the landing. But my body had other ideas.

I had been ill the night before. My stomach was sore, and I had a fever. It got worse on the morning of July 20, enough so that my parents got a babysitter and took me to the hospital. I had acute appendicitis and needed emergency surgery. The surgery went smoothly, and according to my parents, I did indeed watch Armstrong step onto the moon. However, I remember none of it – anesthesia amnesia. So much for the biggest day in spaceflight.

The moon landing was about the seemingly endless possibilities that stood before us. The nation rose to President Kennedy's challenge, issued in 1962, to land a person on the moon and bring them home safely within the decade. In his speech, Kennedy said, "We set sail on this new sea because there is new knowledge to be gained." So too there was new knowledge to be gained in the field of medicine.

This July, 54 years have passed since the moon landing. For our family members with type 1 diabetes, those 54 years saw changes in care that could scarcely have been imagined then. From perhaps twice daily injections of insulin and occasional urine glucose monitoring, we now benefit from insulin pumps that provide nearly automated delivery of precisely engineered insulins guided by incredibly accurate continuous glucose monitoring systems. Amazing medications help protect our bodies too, helping us to live full, long lives. We are immeasurably better for these advances. And we stand at the cusp of even better automation, which will help to reduce the stress and burden of living with type 1 diabetes.

Which brings us to July 2023, here in Orlando. We come together to share our diabetes journey together, having set out on our own "new sea" at diagnosis, when our lives changed in ways we could scarcely imagine. On our first day with diabetes, we all stared out into the dark unknown, unsure how to move forward. We did, we had to – one day at a time.

And it is here, with our FiFFLes – our Friends for Life – that we continue our journey into that new sea, welcoming each new day, overcoming all obstacles, always pushing forward, and rising to the challenge of living well with diabetes.

Jeff Hitchcock



Jeff Hitchcock

Founder, President, and CEO
Children with Diabetes
jeffh@childrenwithdiabetes.com

dexcom



REACH FOR THE STARS **WITH DEXCOM**

Your journey goes far beyond diabetes

Dexcom offers the **most accurate¹ and connected CGM¹ systems in the galaxy, while remaining simple to use²**—making every journey with Dexcom full of possibility.

Visit us at the Dexcom booth for star-filled fun!

#DexcomFFL

1 Dexcom, data on file, 2022. 2 Dexcom G7 CGM System User Guide, 2021.

BRIEF SAFETY STATEMENT: Failure to use the Dexcom Continuous Glucose Monitoring System and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the Dexcom CGM do not match symptoms, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

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Dear Family and Friends,

Twenty-three years ago, I faced a fork in the road. Continue along my 20+ year career as a speech-language pathologist - or head down an entirely new path with a little nonprofit called Children with Diabetes, which I became part of when Sam was diagnosed in 1998. It was an unknown, and I was very apprehensive about it.

But... the road less traveled, right?

I accepted the offer from CWD and, quite honestly, began the adventure of a lifetime, organizing Friends for Life conferences. I've traveled down that "road less traveled" to conferences across the country and around the globe with so many of you, my Friends for Life. During the past few years, CWD has spent time building and expanding the FFL leadership and volunteer teams. I am so proud of and thrilled with all who have stepped forward to help. You all are so incredibly talented!

Now, it's time for me to step back. I will retire this December. As I face another fork in the road, I am equally as thrilled and nervous about this next chapter as I was back in 2000. There's so much to do and so much to plan for in the years ahead! My 'planning DNA' is already happily buzzing.

I want to thank all of my Friends for Life. My memories with you are more than I can count, and every one is a treasure.

As always, please come find me for a FFL hug. Let's have a great week together!

FFL always,

Laura Billetdeaux



Laura Billetdeaux

Vice President of Education and Programs
Children with Diabetes
laurab@childrenwithdiabetes.com



FreeStyle
Libre 3

Free To Be A Kid

Small sensor, big impact^{*†1}.

With the world's smallest, thinnest^{†1} sensor, you get accurate readings, every minute, every hour[§], and every day for up to 14 days².



Visit our booth to learn more!

www.FreeStyleLibre.us

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life. to the fullest.®

Product images are for illustrative purposes only.

The FreeStyle Libre 3 system is indicated for use in people with diabetes age 4 and older.

*The #1 sensor-based glucose monitoring system used in the U.S. Data based on the number of users in the U.S. for FreeStyle Libre portfolio compared to the number of users for other leading personal use CGM brands. †Over 1 million lives changed by the U.S. #1 sensor-based glucose monitoring system. ‡Among patient-applied sensors. §60-minute warm-up required when starting the sensor.

1. Data on file, Abbott Diabetes Care. 2. FreeStyle Libre 3 User's Manual.

Important Safety Information

Failure to use FreeStyle Libre 3 system as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose alarms and readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.freestyle.abbott/us-en/safety-information.html> for safety info.

The sensor housing, FreeStyle, Libre, and related brand marks are marks of Abbott. © 2023 Abbott. ADC-73737 v1.0



Dear Friends for Life,

Welcome back to the most important week in the experiences of people with diabetes.

For those of you returning – for the second time or for the twentieth time – welcome back, and welcome home to your Friends for Life family, providing information and support for those of us affected by diabetes.

For those of you who are attending Friends for Life for the first time, be prepared to experience the most important, life changing week in your relationship with diabetes. I recall my first meeting, nearly two decades ago, when I arrived, curious to partake of the events of these few days, only to depart, touched to the core, having experienced a phenomenal week, surrounded by like people, with like challenges, all of whom were directly touched by diabetes. I left Orlando with newfound knowledge, experiences, and approaches to living – and thriving – with diabetes, being nurtured and mentored by people who themselves lived with diabetes. It was and will be a life changing experience for you; it will leave you with a passion to attend Friends for Life again and again.

Friends for Life focuses on people, on individuals affected with diabetes, as well as family – mothers and fathers, grandparents, brothers and sisters, friends, and health professionals – because we are all part of our circle of support and caring.

Take advantage of this unique opportunity to make new friendships and to renew old ones. Introduce yourselves to strangers, share your experiences in the corridors and over meals. We are all here to teach each other, and to learn from each other, because we are all in this together – as Friends for Life!

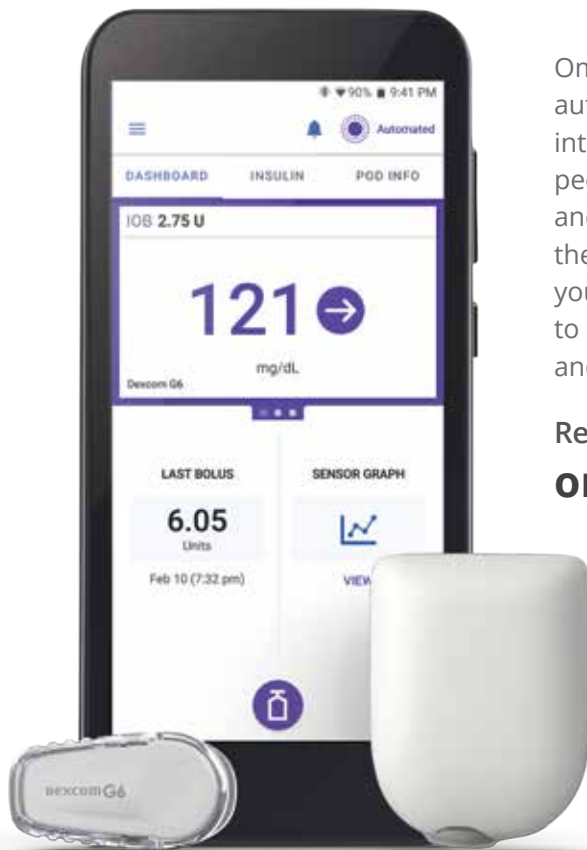
On behalf of the Board of Directors, who reflect our attendees (patients, families, friends, and health professionals), welcome! May we all be healthy and safe, and learn to live and thrive with diabetes.



Kenneth P. Moritsugu, MD, MPH, FACPM
Former Surgeon General of the United States

Chairman of the Board
Children with Diabetes
ken@childrenwithdiabetes.com

THINK YOU'RE TIED TO A TUBED PUMP? Think again.



Pod and Dexcom G6 shown without the necessary adhesive.
Dexcom G6 sold separately and requires a separate prescription.

Omnipod[®] 5, the first and only tubeless, automated insulin delivery system to integrate with Dexcom G6, is available for people with type 1 diabetes ages 2 years and older. SmartAdjust™ technology in the Pod adjusts insulin delivery based on your customized Target Glucose—helping to protect against highs and lows, day and night.^{1,2}

Ready to go tubeless? Get started at
omnipod.com/CWD

1. Study in 240 people with T1D aged 6 - 70 years involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average overnight time (12AM-6AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.1% vs. 20.7%; 42.2% vs. 20.7%. Average day time (6AM-12AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.6% vs. 26.1%; 46.4% vs. 33.4%. Median overnight time (12AM-6AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 2.07% vs. 0.82%; 0.78% vs. 0.78%. Median day time (6AM-12AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 1.91% vs. 1.08%; 1.17% vs. 1.62%. Brown et al. Diabetes Care (2021).

2. Study in 80 people with T1D aged 2 - 5.9 yrs involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average time with high blood glucose overnight from CGM in standard therapy vs Omnipod 5 = 38.4% vs. 16.9%. Average time with high blood during daytime from CGM in standard therapy vs Omnipod 5 = 39.7% vs. 33.7%. Average time with low blood glucose overnight from CGM in standard therapy vs. Omnipod 5 = 3.41% vs. 2.13%. Average time with low blood glucose during daytime from CGM in standard therapy vs. Omnipod 5 = 3.44% vs. 2.57%. Sherr JL, et al. Diabetes Care (2022).

The Omnipod 5 Automated Insulin Delivery System is indicated for use by individuals with Type 1 diabetes mellitus in persons 2 years of age and older. The Omnipod 5 System is intended for single patient, home use and requires a prescription. The Omnipod 5 System is compatible with the following U-100 insulins: NovoLog[®], Humalog[®], and Admelog[®].

The Omnipod 5 ACE Pump (Pod) is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in persons requiring insulin. The Omnipod 5 ACE Pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. SmartAdjust™ technology is intended for use with compatible integrated continuous glucose monitors (iCGM) and alternate controller enabled (ACE) pumps to automatically increase, decrease, and pause delivery of insulin based on current and predicted glucose values. The Omnipod 5 SmartBolus Calculator is intended to calculate a suggested bolus dose based on user-entered carbohydrates, most recent sensor glucose value (or blood glucose reading if using fingerstick), rate of

change of the sensor glucose (if applicable), insulin on board (IOB), and programmable correction factor, insulin to carbohydrate ratio, and target glucose value.

WARNING: SmartAdjust technology should NOT be used by anyone under the age of 2 years old. SmartAdjust technology should also NOT be used in people who require less than 5 units of insulin per day as the safety of the technology has not been evaluated in this population.

The Omnipod 5 System is NOT recommended for people who are unable to monitor glucose as recommended by their healthcare provider, are unable to maintain contact with their healthcare provider, are unable to use the Omnipod 5 System according to instructions, are taking hydroxyurea as it could lead to falsely elevated CGM values and result in over-delivery of insulin that can lead to severe hypoglycemia, and do NOT have adequate hearing and/or vision to allow recognition of all functions of the Omnipod 5 System, including alerts, alarms, and reminders. Device components including the Pod, CGM transmitter, and CGM sensor must be removed before Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, or diathermy treatment. In addition, the Controller and smartphone should be placed outside of the procedure room. Exposure to MRI, CT, or diathermy treatment can damage the components. Visit www.omnipod.com/safety for additional important safety information.

WARNING: DO NOT start to use the Omnipod 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

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INS-OHS-05-2023-00096 v1.0



Dear Weary Space Travelers,

Eleven years ago, my three-year-old daughter Ava was diagnosed with type 1 diabetes in our beloved pediatrician's office. She had the tell-tale symptoms for probably months, but I wasn't aware of the signs of type 1 diabetes. When he came into the exam room and confirmed my suspicions, he calmly looked at me and said, "Leigh, you need to take her to the Emergency Room now. I've called ahead. She has type 1 diabetes and her blood sugar is at a dangerous level. They are expecting you. Go now. You don't have time to wait. Just GO." He hugged me and pushed me out the door and into the great unknown. That afternoon, he might as well have been pushing me into outer space because I didn't know a single person with diabetes and I've never felt more alone in my life. I was fairly certain we would never make our way out of this diabetes black hole. We needed to find other astronauts who could help guide us on our diabetes journey.



On the night of her diagnosis while at her bedside in the hospital, I found exactly what I needed when I discovered the Children with Diabetes website. I found resources and answers to all of the questions that we never knew that we had about living our with type 1 diabetes. We found a community of people just like us. Most of all, we found hope and we found our way out of the diabetes black hole as we discovered our Friends for Life at the annual conferences. And now, this week, we've found YOU! You are part of our family, too. Welcome to our galaxy!

This week is going to be out of this WORLD! Whether you are a first-time attendee or if you've been here more than 20 times, Friends for Life is the only place on this planet where you can walk into the room and know that you immediately at home even though you may not personally know one person in the room. Low blood sugar? We've got you covered! Glucose tabs to the rescue! High blood sugar? Let's go take a walk and chug some water! Need to cry or want a hug? Get ready, here comes a line of people ready to welcome you with open arms and a pocket full of tissues! The moment that you put on your orange or green wristband at the registration desk, know that the very BEST part of diabetes is about to get started and I can't wait to celebrate with you. You are now a FRIEND FOR LIFE.

On your diagnosis day, you likely felt alone and uncertain. You might have felt like you were twirling and swirling into deep space and wondering how you were going to navigate diabetes on your own. Well, glucose warriors, this week, at the biggest intergalactic space party ever, Children with Diabetes is going to help you join forces with other astronauts and help you build a tribe of people who can help you refuel your diabetes jetpack throughout the year with knowledge and power and most importantly love. Let's get this mission started!

Green and Orange Forever,

Leigh Fickling



Leigh Fickling, JD, MEd, MS

Chief Operating Officer
Children with Diabetes
leigh@childrenwithdiabetes.com



IF SOMEONE IN YOUR FAMILY HAS TYPE 1 DIABETES (T1D), you and your loved ones are **up to 15 times** more likely to develop it. But TZIELD is changing the way T1D is treated. TZIELD is for people 8 years and older with Stage 2 T1D.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about TZIELD?

TZIELD may cause serious side effects, including:

- **Cytokine Release Syndrome (CRS).** Signs and symptoms of CRS problems may include:
 - » fever » feeling tired (fatigue) » muscle and joint pain
 - » nausea » headache » increased liver enzymes in your blood

These signs and symptoms may start during the first 5 days of TZIELD treatment. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD.

- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections.

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have a serious infection or an infection that does not go away or that keeps coming back.
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your healthcare provider that you are receiving treatment with TZIELD before receiving a vaccine.
- are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy.

- are breastfeeding or plan to breast feed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD. If you are breastfeeding, you may consider pumping and throwing away your breast milk during treatment with TZIELD and for 20 days after receiving TZIELD treatment.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TZIELD?

The most common side effects of TZIELD include:

- rash
- leukopenia (decrease in white blood cell counts)
- headache

These are not all of the possible side effects of TZIELD. For more information, ask your healthcare provider or pharmacist. You may report side effects to the FDA at www.fda.gov/medwatch or 1-800-FDA-1088, or to Provention Bio at 1-844-778-2246.

What is TZIELD?

TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for **adults and children 8 years of age and older who have Stage 2 type 1 diabetes**. This means they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels, and do not have type 2 diabetes. It is not known if TZIELD is safe and effective in children under 8 years of age.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit fda.gov/medwatch, or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on the next page.

Talk to your doctor about TZIELD.



VISIT BOOTH 601 OR TZIELD.COM TO LEARN MORE



IMPORTANT SUMMARY INFORMATION ABOUT TZIELD™ (teplizumab-mzwv) injection, for intravenous use

Please speak with your healthcare provider regarding TZIELD. Only your healthcare provider knows the specifics of your condition and how TZIELD may work with your overall treatment plan. If you have any questions about TZIELD (pronounced TEE-zeeld), speak with your healthcare professional. Prescription Only.

The risk information here is not comprehensive. To learn more, talk about TZIELD with your healthcare provider. The FDA approved labeling can be found at <https://proventionbio.com/s/tzield-full-prescribing-information.pdf> or 1-908-336-0360.

What is the most important information I should know about TZIELD?

TZIELD may cause serious side effects, including:

- **Cytokine Release Syndrome (CRS).** Signs and symptoms of CRS problems may include:
 - fever
 - feeling tired (fatigue)
 - muscle and joint pain
 - nausea
 - headache
 - increased liver enzymes in your blood

These signs and symptoms may start during the first 5 days of TZIELD treatment. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD.

- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes.

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

See **“What are the possible side effects of TZIELD?”** for more information about side effects.

What is TZIELD?

TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for adults and children 8 years of age and older who have Stage 2 type 1 diabetes. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels and do not have type 2 diabetes.

It is not known if TZIELD is safe and effective in children under 8 years of age.

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section **“What is the most important information I should know about TZIELD?”**

- have a serious infection or an infection that does not go away or that keeps coming back (chronic).
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your healthcare provider that you are receiving treatment with TZIELD before receiving a vaccine.
- are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. **Do not** receive TZIELD during pregnancy and at least 30 days before a planned pregnancy.
- are breastfeeding or plan to breast feed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD. If you are breastfeeding, you may consider pumping and throwing away your breast milk during treatment with TZIELD and for 20 days after receiving TZIELD treatment.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

How will I receive TZIELD?

- TZIELD is given by a healthcare provider through a needle placed in a vein (intravenous infusion) in your arm.
- You will receive a TZIELD infusion one-time a day, every day, for 14 days. Each TZIELD infusion will last about 30 minutes.
- For the first 5 days of treatment, your healthcare provider will give you medicines by mouth before starting your TZIELD infusion. These medicines include ibuprofen, naproxen or other pain relievers such as acetaminophen, an antihistamine, and an anti-nausea medicine. These medicines may help reduce symptoms of CRS such as a fever, headache, muscle and joint pain, or nausea.
- If you miss a scheduled infusion, your healthcare provider will continue your treatment on the next scheduled day. You will not receive 2 infusions on the same day.

Tell your healthcare provider if you think something will stop you from completing treatment with TZIELD.

What are the possible side effects of TZIELD?

The most common side effects of TZIELD include:

- rash
- leukopenia (decrease in white blood cell counts)
- headache

These are not all of the possible side effects of TZIELD. For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088. You may also report side effects to Provention Bio at 1-844-778-2246.

General information about the safe and effective use of TZIELD.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. You can ask your pharmacist or healthcare provider for information about TZIELD that is written for health professionals.

This is a brief summary of the most important information about TZIELD. For more information, talk with your healthcare provider, call 1-908-336-0360, or go to www.tzield.com.

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The #1 rated automated insulin delivery system¹

t:slim X2 Insulin Pump

WITH Control-IQ TECHNOLOGY

- ✓ Adjusts basal insulin delivery to help prevent highs and lows
- ✓ Delivers automatic correction boluses (up to one per hour)*
- ✓ Includes dedicated Exercise Activity and Sleep Activity for more targeted control

tandemdiabetes.com/kids



Sophia
diagnosed
2018



CGM required, sold separately.

Responsible Use of Control-IQ Technology: Control-IQ technology does not prevent all highs and lows. You must still bolus for meals and actively manage your diabetes. Please visit tandemdiabetes.com/tslimX2 for more information.

* If glucose values are predicted to be above 180 mg/dL, Control-IQ technology calculates a correction bolus using the Personal Profile settings and a target of 110 mg/dL and delivers 60% of that value.

Reference: 1. dQ&A US Q1 2023 Diabetes Connections Patient Panel Report.

Important Safety Information: RX ONLY. The t:slim X2 pump and Control-IQ technology are intended for single patient use. The t:slim X2 pump and Control-IQ technology are indicated for use with U-100 insulin only. **t:slim X2 insulin pump:** The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The t:slim X2 pump is indicated for use in individuals six years of age and greater. **Control-IQ technology:** Control-IQ technology is intended for use with a compatible integrated continuous glucose monitor (iCGM, sold separately) and ACE pump to automatically increase, decrease, and suspend delivery of basal insulin based on iCGM readings and predicted glucose values. It can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. Control-IQ technology is intended for the management of Type 1 diabetes mellitus in persons six years of age and greater.

WARNING: Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in patients who require less than 10 units of insulin per day or who weigh less than 55 pounds.

Visit tandemdiabetes.com/safetyinfo for additional important safety information.

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TANDEM
Diabetes Care

(877) 801-6901
tandemdiabetes.com

Download t:simulator App
A virtual pump demo on your smartphone



Bringing innovation leaders together as we

LOOK TO THE FUTURE

of type 1 diabetes

For more information, please contact:

Matt Point, Director of Advancement

✉ matt@childrenwithdiabetes.com ☎ 717-778-7939

CWD Industry Advisory Board

The CWD Advisory Board, consisting of the Industry Advisory Board and members of CWD's Board of Directors has several working groups, including:

- A Device Group to explore topics related to pumps, sensors, SMBG, and similar devices.
- A Drug Group to explore topics such as insulin, glucagon, and the use of new medications in people with type 1
- An Education Group to focus on CWD conferences
- An Advocacy Group to lead our efforts in the area of access to products and care, product quality and availability
- A Research Group, to work with groups that are involved in advancing biological and technological solutions for people living with type 1 diabetes

The CWD Industry Advisory Board meets annually before CWD's Friends for Life conference in Orlando.





**Discovery is
at the heart
of what we do.**



In the lab, we're discovering new treatments for people with diabetes. At summer camps, we're helping children with diabetes discover they're not alone. Through scholarships, we give students the tools to discover and follow their passions. Through community events, we give people living with diabetes a place to discover a supportive community.

Learn more at lilly.com/diabetes.





Anastasia Albanese-O'Neill, PhD, APRN, CDCES

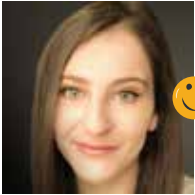
Anastasia Albanese-O'Neill, PhD, APRN, CDCES, serves as director, community screening and clinical trials education at JDRF International. Albanese-O'Neill was formerly the director of diabetes education and clinic operations in the department of pediatrics at the University of Florida, where she maintained an active research portfolio and clinical practice. Her research on diabetes education, quality improvement, and diabetes technology has been published in peer-reviewed journals including *Diabetes Care*, *Pediatric Diabetes*, *The Lancet*, and *Diabetes Technology & Therapeutics*. Albanese-O'Neill was chosen as the 2023 Diabetes Care and Education Specialist of the Year by ADCES and a 2018 "Person to Know in Diabetes" by Diabetes Forecast.

Thursday

1:30 - 2:45

Coronado K

JDRF Research Update: The Quest for a T1D Cure...



Michelle Auerbach

Diagnosed with type 1 diabetes at the age of 12, **Michelle Auerbach** blogs at her home base *Love, Light, and Insulin*. She is passionate about dedicating her time to raising awareness for Type 1, along with other chronic illnesses. Michelle is the co-founder of Chronic Love Club, an online community whose vision is that with kindness and support for one another, we can get through anything. As a freelance writer, she has contributed to different health-related websites and publications. Michelle lives in Montreal, Quebec with her sidekick rescue cat named Big and is always excited to see her Friends for Life. You can find her on her website, www.lovelightandinsulin.ca, or on her Instagram @ehmichelle.

Thursday

3:30 - 4:30

Durango 2

Young Adult Open Diabetes Discussion



Katharine Barnard-Kelly, BSc(Hons), MSc, PhD

Katharine Barnard-Kelly, BSc(Hons), MSc, PhD, is a Visiting Professor and internationally renowned expert who specializes in the psychosocial impact and management of illness and long-term conditions. She led the only team ever to be awarded FDA MDDT qualification for a patient-reported outcome measure in diabetes (INSPIRE). Katharine Chairs a global team of experts in writing a consensus statement on the standardization of patient-reported outcomes. She also Chairs the FDA RESCUE Global Collaborative Community to reduce incidents of self-injury and suicide by people with diabetes. Katharine developed the underpinning theoretical model and science behind Spotlight-AQ; her goal is to minimize burden of diabetes and improve QoL for people living with it.

Thursday

1:30 - 2:45

Monterrey 2-3

Suicide, Self-Harm, and Diabetes: Bringing Dark Matter to Light

Friday

1:30 - 2:45

Monterrey 1

Patient Reported Outcomes: Keeping the Voice of the Patient in Diabetes Research



Ray Benedetto, DM, MS, LFACHE

Ramon (Ray) Benedetto, DM, MS, LFACHE is a retired US Air Force Colonel and an active consultant who helps business leaders transform organizational leadership and culture for performance excellence. He is Board Certified by and a Life Fellow of the American College of Healthcare Executives. He is co-author of *It's My Company TOO!* (2012) and a graduate of Penn State, the Universities of Southern California and Phoenix, Air War College, and the National Defense University. Ray and Joan are parents to Jayce, who was diagnosed with T1 at 18 months, and three adult children. They have been attending FFL since 2015. Ray was diagnosed with T2 in 2018. As a family, Ray, Joan, and Jayce strive to educate others about T1D whenever possible.

Friday

10:45 - 12:00

Yucatan 1-3

Guardians of the Glucose (Dads Session)



Angelina Bernier, MD

Dr. Angelina Bernier is a Pediatric Endocrinologist at the University of Florida and Fellowship Program Director. Before coming to UF, she worked at Boston University and the Joslin Diabetes Center. She also served as the Medical Director of the Barton Diabetes camp. At UF Health Dr. Bernier established the Metabolic & Obesity Clinic with focus on diabetes prevention and polycystic ovary syndrome (PCOS). She has received funding from private foundations to support clinical studies of diabetes technology, educational multimedia programs and physical fitness measures to address insulin sensitivity in prediabetes and T1D populations. Dr. Bernier is a Member of the UF Diabetes Institute.

Friday

10:45 - 12:00

Durango 2

The Quantum Realm: PCOS, Periods, and Diabetes



Denotes faculty member with diabetes



The Conference Faculty



Tom Boyer

Possessing a three-decade career spanning service to US Presidents, Governors, state and federal congresspeople, advocating for rights of those affected by diabetes across the globe, and authorship credits including enacted rights in 46 states plus Medicare, Medicaid, and private insurance provisions, **Tom Boyer** joins us from the Diabetes Patient Advocacy Coalition. Tom recently worked with the Obama and Bush Administrations, Members of Congress, and Governor Jay Inslee (WA) to create, pass and implement laws ensuring coverage for diabetes needs within Obamacare, Medicare Part D, Medicaid, and diabetes specific essential health benefit definitions. He and his spouse Melanie live in Sacramento, CA with sons George and Theodore.

Friday	9:00 - 10:00	Coronado K	Finding (Y)our Voice: Diabetes, Congress, and You
Friday	10:45 - 12:00	Coronado K	Finding (Y)our Voice: Diabetes, States, and You



Tracey D. Brown, MBA, BChE

Tracey D. Brown, MBA, BChE, is Executive Vice President, President of Walgreens retail and U.S. chief customer officer, overseeing the transformation of Walgreens to a healthcare company, to create more joyful lives through better health. She is responsible for the Walgreens consumer experience across all consumer touchpoints. Prior to Walgreens, Brown served as Chief Executive Officer for the American Diabetes Association (ADA), where she led the organizational transformation including fundraising, advocacy, science and research while fighting for people living with diabetes. Brown graduated from University of Delaware with her B.S. in chemical engineering and received her MBA from Columbia Business School in New York.

Thursday	6:30 - 8:00	Coronado HJKL	Friends and Family Banquet Keynote
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Erin Callahan

Erin Callahan is the Chief Operating Officer of the Diabetes Patient Advocacy Coalition and Diabetes Leadership Council and brings a passion for the mission to ensure quality of and access to care, medications, and devices for people living with diabetes. Her work spans federal and state activities, educating and lobbying in favor of patient-first policy including prescription pricing, technology access, and reducing barriers to care. Since her T1D diagnosis in 1986, Erin hasn't let diabetes slow her down and loves working on behalf of the diabetes community that inspires and motivates the DPAC and DLC teams every day. A "Disney Adult," Erin is excited to share this FFL experience with her sister and cousins and hopes you have a magical day!

Friday	9:00 - 10:00	Coronado K	Finding (Y)our Voice: Diabetes, States, and You
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Osagie Ebekozen, MD, MPH, CPHQ

Osagie Ebekozen, MD, MPH, CPHQ, is the Chief Medical Officer at the T1D Exchange. In this role, he directs the diabetes learning health network of 55 U.S. endocrinology centers. He also serves as an Adjunct Professor of Population Health at the University of Mississippi Medical Center where he teaches graduate level population health and quality improvement courses. Dr. Ebekozen's research is focused on diabetes health equity, quality improvement, and population health science to improve real world outcomes. He has received numerous awards for his work, including the 2021 ISPAD International Innovation Award for pediatric diabetes care and the 2022 Leonard Award for Diabetes Research. He is a frequent keynote speaker at major conferences.

Wednesday	1:30 - 2:30	Durango 1	Safe Zone for Significant Others
Thursday	1:30 - 2:45	Yucatan 1-3	Overcoming the Multiverse of Barriers to Diabetes Care
Thursday	3:30 - 4:30	Coronado K	State of Diabetes in the U.S. - Update from the T1D Exchange



There is a videographer and photographer documenting our Friends for Life experience this week. Show your green and orange bracelets, diabetes gear, and smile for picture with your new Fiffles (friends for life)!





Leigh Fickling, JD, MEd, MS

Leigh Fickling, JD, MEd, MS, serves as the Chief Operating Officer for Children with Diabetes. Leigh is responsible for the day-to-day operational leadership of the organization. Leigh's daughter, Ava, was diagnosed with type 1 diabetes in 2013 at the age of three. Leigh is a subject matter expert in the implementation of accommodations for people with diabetes in the classroom, workplace, and beyond.

Wednesday	1:30 - 2:30	Coronado M	Type AuSome - Navigating Friends for Life on the Spectrum
Friday	9:00 - 10:00	Yucatan 1-3	Moms Discussion Group: Parenting for T1 and other Special Needs
Friday	10:45 - 12:00	Monterrey 2-3	Your Rights under the ADA: Taking Diabetes to Campus, the Office and Abroad
Friday	1:30 - 2:45	Coronado L	Moms are Out of this World: Wine and Crafts with your Crew



Robert Gabbay, MD, PhD

Robert A. Gabbay, MD, PhD, is Chief Scientific and Medical Officer of the American Diabetes Association and Associate Professor at Harvard Medical School. His research focuses on innovative models of diabetes care to improve diabetes outcomes and the lives of people with diabetes. Throughout his vibrant career he has had many accomplishments as a basic science researcher, developer of patient communication tools, creator of the first broad scale diabetes registry, designer of care management training programs, and leader of one of the largest primary care transformation efforts in the US around the Patient Centered Medical Home.

Thursday	9:00 - 10:00	Coronado HJK	Richard Rubin Opening Keynote: Exploring New Discoveries in Diabetes from the ADA Scientific Sessions
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Jen Hanson, MEd, RKin, CDE

Jen Hanson has lived with type 1 diabetes since 1987. She currently spends her days as the Executive Director of Connected in Motion, providing experiential education programming to adults with Type 1 diabetes. Jen completed her Master of Education in experiential learning, is a registered kinesiologist and is a certified diabetes educator, specializing in active living, exercise, and diabetes. She is the Youth Programming Coordinator of Children with Diabetes, having worked with the youth program since 2009. She has traveled the world connecting with adults with diabetes through the Young Leaders in Diabetes Program. Jen currently lives outside of Toronto with her husband, Derek, and her toddler son, Dylan.

Friday	1:30 - 2:45	Durango 2	Adults with Diabetes Open Discussion
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DID YOU KNOW?

The hottest planet in the solar system is Venus. This scorching planet has an average surface temperature of about 232 °F (450 °C). Interestingly, Venus is not the closest planet to the Sun, Mercury is.

Mercury has no atmosphere to regulate temperature so it has a very large temperature fluctuation. Venus, on the other hand, has the thickest atmosphere among all planets. This atmosphere traps heat, making Venus very hot.





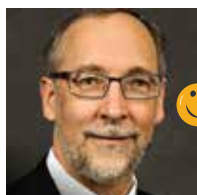
The Conference Faculty



Irl Hirsch, MD

Irl B. Hirsch, MD, is a Professor of Medicine at the University of Washington in Seattle, where he has worked since 1990. The majority of his patients have type 1 diabetes, and most of his research involves clinical aspects of type 1 diabetes including new insulins, new technologies, skin challenges from long-term pump use, how type 2 drugs may slow diabetic kidney disease, appropriate inpatient glucose targets, and understanding the limitations of HbA1c.

Friday	9:00 - 10:00	Coronado H	What You Need to Know About HbA1C: A Constellation of New Info
Friday	10:45 - 12:00	Coronado H	Everything But Insulin - a Galaxy of Medical Options
Friday	1:30 - 2:45	Coronado H	Diabetes through Space and Time: Growing Old with Diabetes



George Huntley

George Huntley is a founding member of the Diabetes Leadership Council (DLC) and currently serves as the CEO of DLC and the Diabetes Patient Advocacy Coalition (DPAC). He has been living with type 1 diabetes since 1983 and has 3 other family members also living with T1D. A passionate advocate for people with diabetes, George served as the National Chair of the Board of the American Diabetes Association in 2009. George is also the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., a professional services firm based in Indianapolis, Indiana, where he has been the plan administrator of a self-insured, employer-based health plan for over 20 years. George also serves as the Treasurer of Children with Diabetes.

Thursday	10:45 - 12:00	Coronado K	Health Insurance & You: Choosing plans when you or a child have T1D
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Laura Jacobsen, MD

Laura Jacobsen, MD, is physician scientist and pediatric endocrinologist at the University of Florida. Dr. Jacobsen's research focuses on understanding the role of the immune system in type 1 diabetes (T1D) and improving clinical care and health outcomes for people with T1D. She has an interest in mechanisms of action of immunotherapies as well as biomarkers of efficacy and identification of clinical responders. Dr. Jacobsen is proud to serve as an investigator with TrialNet, the TEDDY study, the Network for Pancreatic Organ donors with Diabetes, and the T1DX-QI Collaborative. She also serves as the associate fellowship program director for the UF pediatric endocrinology fellowship program and values the opportunity to train future generations.

Thursday	10:45 - 12:00	Monterrey 2-3	Insulin Pumps for Beginners: Getting to All Systems Go
Thursday	1:30 - 2:45	Coronado J	Shooting for the Stars: Progress Toward Prevention and Reversal of T1D
Friday	1:30 - 2:45	Yucatan 1-3	Dodging Comets: Managing Sick Days and Stress Days



Jeff Karitis, CFP®, CEPA®

Jeff Karitis, CFP®, CEPA®, is a Wealth Management Advisor based in New York City, where he and his group have been providing wealth management strategies for a select group of business owners, executives and families since 1999. He holds the CFP® (CERTIFIED FINANCIAL PLANNER™ professional) and CEPA (Certified Exit Planning Advisor) designations. Jeff resides in New York's Hudson Valley with his family and retired racing greyhounds. Previously he served as Co-President of his local JDRF Chapter and on the Executive Board of the Great NYC Chapter. His daughter was diagnosed with T1D in 2014 and their family have been attending CWDFLL since 2016. Jeff has been volunteering for CWD in 2021 as co-lead of the DoFFLs group.

Friday	10:45 - 12:00	Yucatan 1-3	Guardians of the Glucose (Dads Session)
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Need some space (pun intended)? Coronado RST is available during sessions for adults and children needing a break from the hustle and bustle.





Jan Kavookjian, PhD, MBA, FAPhA, FADCES

Jan Kavookjian, PhD, MBA, FAPhA, FADCES, has a health psychology/behavior sciences focus in outcomes research, with 25 years of training and studying motivational interviewing (MI), an evidence-based communication skills set and approach aimed at collaborative, empowering conversations about self-management behaviors. She is faculty in an outcomes research department at Auburn University and has published her work in journals that include Pediatrics, Journal of Developmental & Behavioral Pediatrics, and others. Her research includes diabetes behavior change and MI training for interprofessional practitioners; recent work developed a user-friendly MI training and materials for parents of youth with T1D looking for ways to talk positively about self-management goals.

Friday	9:00 - 10:00	Coronado J	Motivational Interviewing: Empowering Conversations to Encourage Diabetes Self-Management
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Jessica C. Kichler, CDCES, PhD, CPsych

Jessica Kichler, CDCES, PhD, CPsych, is a Clinical & Health Psychologist and Associate Professor in the Department of Psychology at the University of Windsor. She specializes in clinical intervention research related to psychosocial adjustment and coping with type 1 diabetes in youth and families. She previously worked as a diabetes psychologist and certified diabetes care and education specialist at two academic medical centers (Children's Hospital of Wisconsin and Cincinnati Children's Hospital Medical Center) in the United States for almost 15 years before moving to Windsor, Ontario. Currently, she is also interested in how to support college-aged students with type 1 diabetes most effectively transition into young adulthood.

Thursday	10:45 - 12:00	Durango 2	Managing the Many Dimensions of Diabetes During Pregnancy
Thursday	1:30 - 2:45	Coronado H	Brace Yourself for Impact: Parenting Tweens with Diabetes
Thursday	3:30 - 4:30	Durango 1	Grandparents Discussion: Common Fears
Friday	9:00 - 10:00	Monterrey 1	System Maintenance: Preventing and Managing T1D Distress...
Friday	1:30 - 2:45	Durango 1	Supporting Siblings of Children with T1D



Lauren Lanning

Lauren Lanning is the very proud mom of Monica, diagnosed 8/96, a recent PA graduate, and Sarah, an engineer. Lauren became involved with CWD shortly after Monica was diagnosed in 1996. She has been involved in the conferences since the very first gathering in Orlando in 2000, where she volunteered to make name badges. Since then, Lauren has run Registration and then the Elementary program. This year, Lauren is excited to continue as leader of the MOFFLs and First Timers. She lives in Colorado and loves traveling, riding her bicycle and volunteering as a JDRF Ride coach.

Wednesday	9:00 - 10:00 am	Coronado H	First Timers Orientation: Blast Off Into Friends for Life!
Friday	1:30 - 2:45	Coronado L	Moms are Out of this World: Wine and Crafts with your Crew

DID YOU KNOW?

There is no air or atmosphere in space. Since it is a vacuum, sound waves have no medium through which to travel. While sound waves need a medium to travel, radio waves can travel in the void of space. Astronauts use radio to communicate while in space since radio waves can still be sent and received in a vacuum environment.





The Conference Faculty



Shauna Markes-Wilson, **BSP Pharm, PharmD, AAHIVP, CSP**

Shauna Markes-Wilson, BSP Pharm, PharmD, AAHIVP, CSP, began her Walgreens career as a staff pharmacist in 2000. In 2009, she was promoted to the role of registered store manager, specialty operations (RMGO) at the Piedmont Atlanta Specialty site. In 2018, she was promoted to healthcare supervisor, then healthcare specialty supervisor in 2021 and she moved into her most recent role of director of pharmacy and retail operations for Georgia East in 2022. Shauna has been very active in the community, leading COVID-19 vaccination efforts and embracing health equity. Shauna earned a Bachelor's degree in Pharmacy from St. John University and a Doctor of Pharmacy degree from the University of Florida.

Thursday

1:30 - 2:45

Durango 2

Why your Walgreens Pharmacist Should be an Extension of Your Health Care Team



Ashlyn Mills

Ashlyn Mills serves as CWD's Events and Programs Assistant. Ashlyn has been living with type 1 diabetes since 2015 when she was diagnosed at the age of 19. She quickly found her tribe in CWD and attended her first FFL conference less than one year after her diagnosis. By trade, Ashlyn is a licensed physical therapist assistant but the connections diabetes created quickly changed her career path. Ashlyn is passionate about helping people with diabetes and their families connect so they don't have to do it alone. In her spare time, Ashlyn loves to run, bike, visit Disney World, and camp with her family.

Thursday

3:30 - 4:30

Durango 2

Young Adult Open Diabetes Discussion



Pantea Minnock, **RN, MSN, CPNP**

Pantea Minnock, RN, MSN, CPNP, is a nurse practitioner in the Diabetes Center for Children at the Children's Hospital of Philadelphia. She has practiced as an NP for over 20 years. She received a Bachelor of Science degree in Bio-Behavioral Health and Psychology from Pennsylvania State University. She continued her education in Nursing at the University of Pennsylvania where she earned a Bachelor and Masters of Science Degree. She has been working with children and teenagers in multiple settings (inpatient, outpatient, research, international medicine, diabetes camp) since 2001. While the majority of her time in practice has been at CHOP, she has also worked at New York Presbyterian Hospital in NYC and Children's Mercy Hospital in Kansas City.

Thursday

3:30 - 4:30

Monterrey 2-3

Stress Reduction Quest: Mindfulness and More

Friday

10:45 - 12:00

Coronado J

Routine Rocket Maintenance: Fine-Tuning your Closed-Loop System

Friday

1:30 - 2:45

Coronado J

Diabetes Life Hacks: Tips and Tricks for Diabetes Management



Wendi Moldthan, **MS, BSN, RN, FF/PM**

Wendi Moldthan, MS, BSN, RN, FF/PM, is a dedicated firefighter, paramedic, and registered nurse. She is an Assistant Chief at Reedy Creek Fire Department, with over 27 years in the fire service. In addition to her impressive career, she is a devoted mother to her sweet T1D warrior, Emma, who was diagnosed with type 1 diabetes in 2017 at age six. Since then, they have been attending Friends For Life every year, the first one just three weeks after Emma's diagnosis. Wendi graduated summa cum laude with a bachelor's degree in nursing and a master's degree in public safety administration. She has spent her life in service to others. Despite the many challenges that come with public safety, Wendi believes that being a mom to a T1D warrior is the most challenging of all. As a result, she is passionate about raising awareness and helping new T1D parents manage the roller coaster ride that comes with type one diabetes. Wendi and her significant other, Kevin, are dedicated to helping Emma and other T1D warriors enjoy their best lives through education with humor and compassion.

Friday

9:00 - 10:00

Durango 1

Houston, we have a Problem: Emergency Services and Diabetes: When to Call and What to Expect

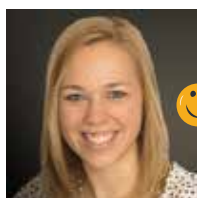


Did you lose something? Check lost and found located at North Registration



Denotes faculty member with diabetes

#FFLOrlando23



Kristen O'Dell, **MS, RD, CDCES**

Kristen O'Dell, MS, RD, CDCES, was diagnosed with type 1 diabetes at the age of nine, in 1998. Despite her resistance to accepting this diagnosis, it has been the driving force behind her pursuing a career as a dietitian. She earned her Master's degree in Dietetics at D'Youville College and became a Certified Diabetes Care and Education Specialist. Kristen has worked in a children's clinic, long term care nursing facilities, as an insulin pump trainer, and is now providing diabetes and nutrition counseling through her company, Focused Diabetes Solutions, all while being the Dietitian at CWD FFL conferences. Her goal is to empower people living with diabetes so that they can navigate all the ups and downs of life (and blood sugars). Kristen and her husband, Shawn, have two young children, Corwin and Stella. Kristen enjoys cooking and baking in the kitchen, working in the garden, rooting for the Buffalo Bills, traveling around the world, and reading (when she can find a little free time).

Thursday

3:30 - 4:30

Monterrey 1

Balancing Family Needs when the Parent has T1D



Marizeli Olacio, **DPM, ABPM**

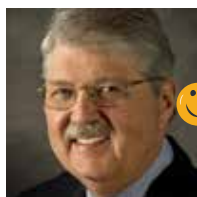
Marizeli Olacio, DPM, ABPM, is a board-certified Podiatrist and the founder of Omega Medical Group (OMG), in Miami, Florida. Dr. Olacio specializes in foot and ankle surgery, sports medicine, Regenerative Medicine, diabetic limb salvage, pediatrics, and wound care. She completed her surgical training at Mercy Hospital in Miami, where she worked with professional athletes including the NBA's Miami Heat players. She established OMG to help people of all ages and walks of life reach their personal goals while remaining as active as possible. As a mom and wife to someone living with type 1 diabetes, it is her priority to educate each patient on their pathology, to ensure they are given the individual treatment deserved, and provide accelerated results from pediatrics to adults.

Thursday

10:45 - 12:00

Monterrey 1

Happy Feet: How Foot Health Contributes to T1D Management



R. Stewart Perry

R. Stewart Perry grew up in Lexington, Kentucky and was diagnosed with type 2 diabetes in 1990. Since 1983, he has been the co-owner of Perry & Perry State Farm Insurance, one of the largest agencies in Kentucky, and served as the Chair of the National Board of Directors and the Advocacy Committee at the ADA, among many other accomplishments. He is one of the founders of the Diabetes Leadership Council and currently serves as Chair. Stewart's family has been dramatically affected by diabetes; his son had type 1 diabetes and both parents and sister have all had diabetes during their lifetime. He has lost a son, uncle, grandfather and great grandmother to complications of diabetes. Stewart serves on the board of Children with Diabetes.

Thursday

10:45 - 12:00

Coronado K

Health Insurance & You: Choosing plans when you or a child have T1D



Matthew Point, **MS**

Matthew Point, MS, serves as CWD's Director of advancement, is responsible for CWD's fundraising, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event – Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.

Wednesday

1:30 - 2:30

Durango 1

Safe Zone for Significant Others

Friday

10:45 - 12:00

Monterrey 2-3

Your Rights under the ADA: Taking Diabetes to Campus, the Office and Abroad



Ileana Rivera, **RPh, MBA**

Ileana Rivera, RPh, MBA, has over 31 years of dedicated service at Walgreens and is the Healthcare Specialty Supervisor in the Florida North Region. She is known for championing the patient experience and building strong relationships with her team members. Ileana's ability to explain the "Why" behind decisions and her dedication to driving accountability have made her an invaluable asset to her patients and Walgreens. Her commitment to patient care, leadership, and fostering positive working relationships make her a highly respected and sought-after professional in her field. Ileana earned her bachelor's degree in pharmacy at the University of Puerto Rico School of Pharmacy.

Thursday

1:30 - 2:45

Durango 2

Why your Walgreens Pharmacist Should be an Extension of Your Health Care Team



Denotes faculty member with diabetes



The Conference Faculty



Liz Robinson, MSPA-C, CDCES

Liz Robinson, MSPA-C, CDCES, is a physician assistant and diabetes educator with over 20 years of clinical experience in the field of women's health. She has spent the majority of her career focusing on type 1 diabetes in pregnancy. She is currently serving as the Medical Safety Officer for LifeScan. Liz's interest in type 1 diabetes began when she met her husband, who was diagnosed as a teen, and was further fueled when her daughter was diagnosed at the age of 4. Liz and her family have been attending Friends for Life conferences since 2013 and cannot imagine a summer without their "Fiffles".

Thursday	10:45 - 12:00	Durango 2	Managing the many Dimensions of Diabetes During Pregnancy
Thursday	1:30 - 2:45	Monterrey 1	Diabetes Skin Solutions: Keeping your Space Suit Working with Diabetes Devices
Friday	9:00 - 10:00	Durango 2	Big Bang: Diabetes and Sexual Health
Friday	10:45 - 12:00	Durango 1	When You have Multiple Crew Members with T1D



Kenny Rodenheiser, BSN, RN, CDCES

Kenny Rodenheiser, BSN, RN, CDCES, was diagnosed in April 2003 and has been part of the CWD family since 2004. He currently serves as a member of CWD's Board of Directors and leads TeamCWD. After many years of volunteering with various diabetes organizations, he realized his passion was to educate, motivate, and advocate for all people with diabetes. He earned his Bachelor of Science in Nursing at Ramapo College and, shortly thereafter, earned his credentials as a Certified Diabetes Care and Education Specialist.

Thursday	3:30 - 4:30	Monterrey 1	Balancing Family Needs when the Parent has T1D
Friday	1:30 - 2:45	Coronado J	Diabetes Life Hacks: Tips and Tricks for Diabetes Management



Henry Rodriguez, MD

Henry Rodriguez, MD, a pediatric endocrinologist who has focused on the prevention and management of type 1 diabetes (T1D), has been a FFL faculty member for 10-years. He has been a lead investigator in national and international T1D studies including the NIH-funded DPT-1, TrialNet, EDIC, and the Helmsley Trust-funded T1D Exchange, and studies on beta-cell preservation in type 1 diabetes and expanding the number of FDA-approved medications for children with T1D and T2D. He serves on the ADA Scientific Oversight, National Advocacy, and Legal Advocacy Committees, the Safe at School, and Membership Advisory Working Groups, and he is President of the local ADA Community Leadership Board. He is also a long-standing supporter on diabetes camps.

Thursday	10:45 - 12:00	Coronado H	The Universe of Long Term Diabetes Research Data Update (DCCT-EDIC)
Thursday	1:30 - 2:45	Durango 1	Grandparents: Mastering Sleepovers, Expeditions, and Emergencies
Thursday	3:30 - 4:30	Durango 1	Grandparents Discussion: Common Fears



Janet Rodriguez, RN, CDCES, CRA

Janet Rodriguez, RN, CDCES, CRA, a longstanding FFL faculty member, is an experienced nurse, educator, and research coordinator with nearly one decade of expertise in diabetes technologies. Janet became a registered nurse in 1986. Initially concentrating in pediatric critical care, she migrated to nursing quality assurance, prior to dedicating herself to diabetes. Her passion is empowering people of all ages living with diabetes. She specializes in diabetes technologies and leads the Diabetes Technology Clinical and Clinical Research Programs at the University of South Florida Diabetes and Endocrinology Center in Tampa. She is a proud member of the ADA's Safe at School Working Group and long-time diabetes camp nurse.

Thursday	10:45 - 12:00	Durango 1	Grandparents: Hands-On Diabetes Management
Thursday	1:30 - 2:45	Durango 1	Grandparents: Mastering Sleepovers, Expeditions, and Emergencies
Thursday	3:30 - 4:30	Durango 1	Grandparents Discussion: Common Fears
Friday	1:30 - 2:45	Monterrey 2-3	Hands-On Diabetes for Loved Ones of PWD





Lauren Salko

Lauren Salko lives in Park City, Utah with her fellow green band fiancé Jeremy Meredith and is graduate of Saint Anselm College. Lauren is a former professional skier who competed around the world in SkiCross. In her free time, Lauren loves skiing, mountain biking, and doing triathlons. As a person with diabetes, Lauren is very passionate about working with Children with Diabetes and could not be more excited for this summer!

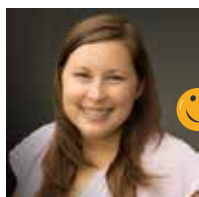
Wednesday	1:30 - 2:30	Coronado M	Type AuSome - Navigating Friends for Life on the Spectrum
Friday	9:00 - 10:00	Yucatan 1-3	Moms Discussion Group: Parenting for T1D and other Special Needs



Viral Shah, MD

Viral Shah, MD, is an Associate Professor and Physician Scientist at the Barbara Davis Center for Diabetes, University of Colorado. His research is focused on the implementation of diabetes technologies for improving glycemic control and reducing complications, with a special interest in fracture prevention, in people with type 1 diabetes. Dr. Shah has been the principal investigator for many clinical trials of diabetes technologies and therapeutics. He currently serves as Chair-Elect at the ADA Diabetes technology Interest group and ADA Scientific Sessions planning committee. Dr. Shah is well-published with over 150 research papers in scientific journals. He is the recipient of the prestigious AACE Rising Star in Endocrinology Award (2021).

Thursday	10:45 - 12:00	Coronado J	Mission Control: Time in Range & Glucose Targets for PWD
Thursday	3:30 - 4:30	Coronado J	Effects of Cannabis, Alcohol, and Substances on Diabetes
Friday	10:45 - 12:00	Monterrey 1	Through the Telescope: Diabetes Complications: Honest Discussions



Marissa Town, RN, BSN, CDCES

Marissa Town, BSN, RN, CDCES, is Clinical Director for Children with Diabetes and oversees the medical content on the website and develops the adult programming at Friends for Life conferences. She was diagnosed with type 1 diabetes when she was 2 years old and grew up as an attendee of the Friends for Life conferences since the beginning in 2000. Marissa also works part time at Cincinnati Children's Hospital to help improve health equity for families with T1D.

Thursday	1:30 - 2:45	Monterrey 2-3	Suicide, Self-Harm, and Diabetes: Bringing Dark Matter to Light
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Jessie Wong, PhD

Jessie J. Wong, PhD, is a pediatric psychologist and clinical researcher in Pediatric Endocrinology and Diabetes at Stanford University. She received her doctoral degree in clinical psychology from Arizona State University and completed postdoctoral fellowships in health services research and diabetes psychology at the VA Palo Alto Health Care System and Stanford University, respectively. Her research focuses on the intersection of mental and physical health and diabetes self-management among children, adolescents, and families. She is an NIDDK K23 awardee and is currently leading a study that seeks to optimize family-based interventions for adolescents with type 1 diabetes and their parents.

Thursday	10:45 - 12:00	Yucatan 1-3	Chasing Shooting Stars: Parenting Young Children with Diabetes
Thursday	3:30 - 4:30	Coronado H	Preparing for Launch: Parenting Teens with Diabetes
Friday	1:30 - 2:45	Coronado K	Cultivating Resilience for Lightyears of Diabetes Management





The Conference Faculty



Sarah Wood, **MA**

Sarah Wood, MA, is a Policy Associate for the Diabetes Patient Advocacy Coalition and Babbage Cofounder. Sarah's focus primarily lies on state-level policy initiatives, where she advocates for legislation that ensures accessible and affordable medication for people living with diabetes and other chronic conditions. Prior to her tenure at DPAC, she served as a Fulbright Fellow in Ukraine, where she taught English, fostered cultural exchange, and contributed to projects promoting equal educational opportunities to children living in conflict-affected regions. Sarah holds a Master's degree in International Security and Diplomacy and a Bachelor's degree in Russian Language and Integrated Strategic Communication from the University of Kentucky.

Friday

10:45 - 12:00

Coronado K

Finding (Y)our Voice: Diabetes, States, and You



Crystal Crismond Woodward

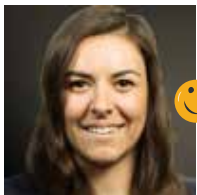
Crystal Crismond Woodward is the Director of the American Diabetes Association (ADA)'s Safe at School initiative based at its Home Office in Arlington, Virginia. Crystal is considered a national authority on the rights of students with diabetes and has spoken at conferences and forums throughout the United States and internationally on how to effectively advocate on behalf of students with diabetes, training hundreds of parent advocates, attorneys, and health care professionals. A parent of a child with diabetes, Crystal began her advocacy as a volunteer for ADA when she successfully led the effort to pass the first state diabetes school legislation in the country providing comprehensive coverage for students with diabetes in Virginia and has since worked tirelessly for legislative and policy change in 34 states including the District of Columbia. Crystal is a contributor to many diabetes publications, is a member of the Virginia Diabetes Council, and serves on a number of other diabetes and youth advisory boards and committees.

Thursday

3:30 - 4:30

Yucatan 1-3

Safe at School: The Rights of Children with Diabetes at School and Childcare



Dessi Zaharieva, **PhD, CEP, CDCES**

Dessi Zaharieva, PhD, CEP, CDCES, is an Instructor, Certified Exercise Physiologist (CEP), and Certified Diabetes Care and Education Specialist (CDCES) currently working in Pediatric Endocrinology at Stanford University – School of Medicine under the supervision of Dr. David Maahs. Dessi's research focuses on strategies to manage blood glucose concentrations around exercise in youth and adults with type 1 diabetes. She is also working on implementing exercise education and monitoring physical activity patterns and behaviours in newly diagnosed youth with type 1 diabetes.

Friday

9:00 - 10:00

Monterrey 2-3

Exercise for the Athlete with T1D

Friday

1:30 - 2:45

Durango 2

Adults with Diabetes Open Discussion

Friday

3:30 - 4:30

Coronado HJK

Closing Keynote - One Small Step for a Woman with Diabetes, a Giant Leap for All Diabetes-kind



DID YOU KNOW?

A full NASA space suit costs \$12,000,000. About 70% of the total cost was for the backpack and control module. If we were to convert the total amount to today's pricing, this would be approximately around \$150 million. Up to now, NASA reuses the spacesuits that were made in 1974.

2023

TYPE 1 DIABETES COMMUNITY

SLIPSTREAM

RETREATS

**WORKSHOPS
PADDLING
CLIMBING
BREAKOUTS
PRESENTATIONS
CAMPFIRES**

COLORADO SLIPSTREAM | AUG 25-27

Camp Shady Brook, Deckers, CO

SOUTHERN SLIPSTREAM | SEP 15-17

Camp High Harbor, Camp Allatoona, GA

ONTARIO SLIPSTREAM | SEP 29-OCT 1

Camp Couchiching, Ontario, Canada

CONNECTEDINMOTION.CA



Galaxy Sponsor



Walgreens

Walgreens offers comprehensive expertise, services, and products to support people living with or at risk of diabetes. Operating nearly 9,000 retail locations across America, Puerto Rico and the U.S. Virgin Islands, Walgreens is proud to be a neighborhood health destination serving nearly 10 million customers each day. Walgreens is committed to helping the diabetes community start and maintain an optimal regimen and routine to live a healthy life as a trusted member of their healthcare team, offering enhanced services focused on expanding access to affordable, local care. The company invests in special training to equip pharmacists with expert knowledge about medications, continuous glucose monitors, nutrition, how to keep A1C and blood glucose levels on target, and more. To best meet the needs of all customers and patients, Walgreens offers a true omnichannel experience, with fully integrated physical and digital platforms supported by the latest technology to deliver high-quality products and services in communities nationwide.

Look no further!

Scan the QR code to get carb counts for the fuel.





Platinum Sponsor



Dexcom

Dexcom, Inc., headquartered in San Diego, CA, is dedicated to developing innovative glucose sensing technology and products to help patients and healthcare providers better manage diabetes. The Dexcom G6™ Continuous Glucose Monitoring (CGM) System does not require fingersticks for calibration or diabetes treatment decisions* and features simple, one-touch sensor insertion. The System provides exceptional accuracy with an overall MARD of 9.0%† and features an Urgent Low Soon alert that can warn users 20 minutes in advance of severe hypoglycemia (55 mg/dL). Dexcom is the only provider of CGM systems indicated for children ages 2 years and older. Please visit www.dexcom.com.

*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

†MARD is a statistical measure of accuracy; the lower the number, the better.

Map out your **FLIGHT PLAN**

Scan the QR code
to download the
FFL Orlando 2023
conference app.



 Download on the
App Store

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Gold Sponsors



Abbott, the worldwide leader in continuous glucose monitoring (CGM), is committed to improving the lives of people with diabetes. The company manufactures, distributes, and markets innovative glucose monitoring systems and other valuable services to help patients and healthcare professionals better manage diabetes care needs. Abbott is pleased to be a sponsor of Friends for Life Orlando Conference. Connect with us freestyle.abbott/cwd, on Facebook at @FreeStyleUS on Instagram at @FreeStyleDiabetes, and on Twitter @FreeStyleDiabet.



Insulet Corporation (NASDAQ: PDD), headquartered in Massachusetts, is an innovative medical device company dedicated to simplifying life for people with diabetes and other conditions through its Omnipod product platform. The Omnipod Insulin Management System provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet's latest innovation, the Omnipod® 5 Automated Insulin Delivery System, is a tubeless automated insulin delivery system, integrated with a continuous glucose monitor to manage blood sugar with no multiple daily injections, zero fingersticks, and is fully controlled by a compatible personal smartphone. Insulet also leverages the unique design of its Pod by tailoring its Omnipod technology platform for the delivery of non-insulin subcutaneous drugs across other therapeutic areas. For more information, please visit: insulet.com and omnipod.com.

Gold Sponsors



Provention Bio, Inc. (Nasdaq: PRVB) is a biopharmaceutical company focused on advancing the development of investigational therapies that may intercept and prevent debilitating and life-threatening immune-mediated disease. The Company's pipeline includes a late-stage product candidate for type 1 diabetes (T1D) as well as clinical drug candidates in other autoimmune diseases, including celiac disease and lupus. We are proud to be part of the T1D ecosystem and are committed to bringing awareness to the importance and urgency of screening people with a family history of T1D for early-stage disease. Visit ProventionBio.com for more information or follow us on Twitter: @ProventionBio.



Tandem Diabetes Care, Inc. is a medical device company dedicated to improving the lives of people with diabetes through relentless innovation and revolutionary customer experience. The Company takes an innovative, user-centric approach to the design, development and commercialization of products for people with diabetes who use insulin. Tandem manufactures and sells the t:slim X2 insulin pump with Control-IQ technology. The t:slim X2 pump is capable of remote feature updates using a personal computer. Tandem is based in San Diego, California.

RX ONLY. The t:slim X2 insulin pump, Basal-IQ technology, and Control-IQ technology are intended for single patient use. The t:slim X2 pump, Basal-IQ technology, and Control-IQ technology are indicated for use with NovoLog or Humalog U-100 insulin.



Silver Advocacy Sponsor



Lilly

Lilly has been a global leader in diabetes care since 1923, when we introduced the world's first commercial insulin. Today we are building upon this heritage by working to meet the diverse needs of people with diabetes and those who care for them. Through research, collaboration and quality manufacturing we strive to make life better for people affected by diabetes and related conditions. We work to deliver breakthrough outcomes through innovative solutions—from medicines and technologies to support programs and more.



Empowering Families Enriching Lives

Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least \$10, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's conference and annual publications. You can become a member of the Better Together Society today and join the ranks of the members listed below by registering at **CWD.is/BTS**.



Better Together Society Members

The Abel Family
Mary Babin
Joan K. Bardsley
Morgan Bednarczyk
Carolyn Billetdeaux
Laura Billetdeaux
Sam Billetdeaux
Teresa Brandt
Kari Brooke
Kathy Brown
Jessica Carey
Brianna Carter
Leslie Collins

Kristen Conklin
Jessica Costley
Carrie Cowan
The Deitle Norris Family
Rebecca DeLong
Jimmy and Liz Dodson
Lisa Dreasher
Susan Feldt
Ava Fickling
Davis Fickling
Leigh Fickling
Mark Fox
John Gallagher

Tina Ghosn
Elizabeth Goldstein
Parker Grand
Shelly Grand
Brian Grant
Nia Grant
Tina Hammer
Trey Hawkins
Zoe Heineman
Jeff and Brenda Hitchcock
Kara Hunsche
George and Judy Huntley
Rebecca Jervey

Jan Kavookjian
Kimberly Kirby
Hannah Klippel
Rachel Knight
Dana Koenig
Corey and Lizzie Lackey
Pam and Benny Loebner
Kristianne Lore-Keyser
Bonnie Martin
Ashlyn Mills
Tim and Mary Mills
Heather Mitchell
Kenneth Moritsugu

The Mosby Family
Megan and Brian Mulherin
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Hannah Opdenaker
Stewart Perry
Matthew Point
Ernie Prado
Rachel Price
Ed Raskin
Kenneth Rodenheiser
Deborah Ruppert
Lauren Salko
Melissa Schwaber

Carla Scott
Cherise Shockley
Jenny Sloan
Erica Smith
Wendy Smits
Jordan and Sasha Squibb
Kate Stricklin
Jo Stroud
Sara Toliday
The Town Family
Melissa Waits
Austin White
Robyn Wright

CWD Fiffle Circle

The Fiffle Circle is CWD's individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the \$10,000 level. The Fiffle Circle recognizes at each giving level (right) with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD's annual report and conference programs.

CWD Fiffle Circle Members

Chairman's Circle

Anonymous +
Anonymous Family +
Helen Finegold and Will Nowak +
Petrovic Gubin Foundation +

President's Circle

Anonymous Family +
George and Judy Huntley +
Kevin and Mimi Sayer +
The Stoddard Salko Family +

Partner's Circle

Anonymous Family +
Stewart Perry +

Fiffle Circle

The Abel Family
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The Deitle Norris Family +
Gigliola and Edward Hawthorne +
Drs. George and Zuzana Grunberger +
Al and Sue Johnson
The Karitis Family
Macey's Believers, Inc.
Teresa and Troy Littlefield
The Lukhard Family
The Merwin Family
The Moritsugu Family

+ denotes a major gift donation in 2023 or earlier

Levels of Giving

\$500,000 | Diamond Circle

Diamond Embellished CWD Challenge Coin

\$150,000 | Chairman's Circle

Gold Clad Solid Silver CWD Challenge Coin

\$75,000 | President's Circle

Silver CWD Challenge Coin

\$25,000 | Partner's Circle

Bronze CWD Challenge Coin

\$10,000 | Fiffle Circle

Fiffle Circle Lapel Pin and CWD Challenge Coin



Fiffle Circle
Challenge Coins



Bronze Sponsors



JDRF is the leading global organization focused on type 1 diabetes (T1D) research. Driven by passionate, grassroots volunteers connected to children, adolescents, and adults with this disease, JDRF is now the largest charitable supporter of T1D research. The goal of JDRF research is to improve the lives of all people affected by T1D by accelerating progress on the most promising opportunities for curing, better treating, and preventing T1D. JDRF collaborates with a wide spectrum of partners who share this goal. In addition to our research funding and leadership, JDRF's outreach efforts provide practical support and resources for people with T1D and their families every step of the way as they live with T1D. JDRF is proud to partner with Children with Diabetes by sponsoring national conferences and supporting sessions at Friends for Life. For more information, visit the JDRF website at www.jdrf.org, or call 800-533-CURE.



In 1923, the founders of **Novo Nordisk** began a journey to change diabetes. Today, we are thousands of employees across the world with the passion, the skills and the commitment to continue this journey to prevent, treat and ultimately cure diabetes. Novo Nordisk is proud to be a Bronze Level Sponsor of the Friends for Life conference, supporting the Family Fun Night. Please come see us at the exhibition to find out more about our company and our products. To learn more about Novo Nordisk and our support to the type 1 diabetes community, visit us at www.novonordisk-us.com.

Bronze Sponsors



Medtronic

Medtronic is working together with the global community to change the way people manage diabetes. The company aims to transform diabetes care by expanding access, integrating care, and improving outcomes, so people living with diabetes can enjoy greater freedom and better health.

Splenda

Based outside Indianapolis, Heartland Food Products Group, the maker of **Splenda**®, is committed to helping people with diabetes and their families live happier, healthier, and longer lives by making it easier to reduce sugar. In addition to making delicious-tasting sweetener products and diabetes nutrition shakes, Heartland provides educational information and resources to support the diabetes community in their journey to reduce added sugar, manage blood sugar levels, and live an overall healthier life. To learn more, visit www.splenda.com.



At **Xeris Pharmaceuticals, Inc.**, we're committed to making a difference in people's lives. From developing unique therapies in endocrinology, neurology and gastroenterology to maintaining a robust pipeline of research and development programs, our goal is to remove many associated burdens of and barriers to treatment and improve patients' quality of life.

We're Fighting for a World Without Type 1 Diabetes.



Join us to access
exclusive events,
resources, and
support for every
age and stage of T1D.

JDRF IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.



Splenda®

RECOMMENDED BRAND
#1
BY DOCTORS
AND DIETITIANS*

Join us for
***A Solar System of Sweet
Solutions Without Excess Sugar***

Join Holly Moran, MS, RD, LD, CDCES to explore a solar system of sweet food and drink options without the excess sugar, so your family can live a happier, healthier life!

Wednesday, July 5th | 3:30PM | Yucatan

**VISIT US AT BOOTH #110 TO
SAMPLE SPLENDA®, WIN PRIZES,
AND LEARN MORE!**



*THE SPLENDA BRAND FAMILY IS THE SWEETENER BRAND RECOMMENDED MOST BY HEALTHCARE PROFESSIONALS CLINICALLY TREATING PATIENTS

Medtronic

Launching into the future of diabetes care

We're looking forward to seeing you!



Ways to engage:

1

Visit our booth to take a picture with Lenny

July 5 | 7:00 pm - 9:00 pm

July 6 | 10:00 am - 12:00 pm, 1:00 pm - 4:30 pm

July 7 | 9:00 am - 12:00 pm, 1:00 pm - 4:00 pm

2

Join our product theater

All about the MiniMed™ 780G system featuring meal detection technology* that delivers real-time auto-corrections

Wednesday, July 5 | 11:00 am - 12:00 pm | Coronado N



Dr. Jennifer McVean, MD
Sr. Medical Affairs Program
Director, Medtronic



Heather Lackey, MS, RD
Director of Global Medical
Education, Medtronic

3

Join a MiniMed™ 780G system product workshop



Wed. July 5 and Thurs. July 6

10:15 - 10:45 am, 2:45 - 3:15 pm

Scan QR code to register

Pre-registration is recommended

Now FDA
Approved



4

Enjoy the Family Carnival

Sponsored by Medtronic and Novo Nordisk

Saturday, July 8 | 7:30 - 9:30 pm | Coronado H-J

Δ Smart devices sold separately. For a list of compatible devices, refer to user guide.

*Taking a bolus 15 - 20 min before a meal helps to keep blood sugar levels under control after eating.

Important safety information: MiniMed™ 780G system with SmartGuard™ technology with Guardian™ 4 sensor

MiniMed™ 780G System is for type 1 ages 7 and over. Prescription required. **WARNING: Do not use SmartGuard™ feature for people who require less than 8 units or more than 250 units of insulin/day.** For details, please visit

<https://www.medtronicdiabetes.com/support/download-library/user-guides> and www.medtronicdiabetes.com/importantsafetyinformation for complete details.

Important safety information: Extended infusion set

Rx Only. Subcut admin of insulin only. NOT for IV or blood products. Infection/irritation risk possible. Follow directions and replace as indicated. See <https://bit.ly/infusionsetsafety>.

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Anne Sofie Weekes Hald and her daughter
Anne Sofie is living with type 1 diabetes

19
2023

Driving change
for generations

19
2023

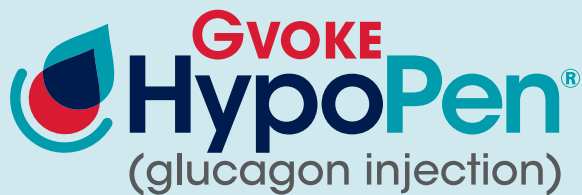
Driving change
for generations

As Novo Nordisk turns 100, we renew
our commitment to drive change
for a healthy world – today and for
generations to come.

Discover more at novonordisk-us.com



The Apis bull logo is a registered trademark of Novo Nordisk A/S



Join us for

Severe Lows from Crib to College

Children with type 1 diabetes can experience a severe low at any age.* But the way parents respond to severe lows, and the ways children participate in their own hypoglycemia care, evolves as children get older. During this session, two parents with children of different ages share stories, wisdom, and tips on how they handled their children's severe lows at various ages, including their experiences with ready-to-use Gvoke® (glucagon injection).



For full safety and full prescribing information visit us at gvokeglucagon.com or visit us at our booth.

*Gvoke is indicated for the treatment of severe hypoglycemia in adult and pediatric patients with diabetes ages 2 years and above. It is not known if Gvoke is safe and effective in children under 2 years of age.

Wednesday, July 5th

🕒 3:30pm 📍 Durango 1

*Featuring
the following
speakers:*



Katrina

Mother of a young son
with T1D



Kimberly

Mother of a college-age
son with T1D

Visit us at Booth 613 to learn more about Gvoke®



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INDICATION AND SAFETY SUMMARY

GVOKE is a prescription medicine used to treat very low blood sugar (severe hypoglycemia) in adults and kids with diabetes ages 2 years and above. It is not known if GVOKE is safe and effective in children under 2 years of age.

WARNINGS

Do not use GVOKE if:

- you have a tumor in the gland on top of your kidneys (adrenal gland), called a pheochromocytoma.
- you have a tumor in your pancreas called an insulinoma.
- you are allergic to glucagon or any other inactive ingredient in GVOKE.

GVOKE MAY CAUSE SERIOUS SIDE EFFECTS, INCLUDING:

High blood pressure. GVOKE can cause high blood pressure in certain people with tumors in their adrenal glands.

Low blood sugar. GVOKE can cause low blood sugar in certain people with tumors in their pancreas called insulinomas by making too much insulin in their bodies.

Serious allergic reaction. Call your doctor or **get medical help right away** if you have a serious allergic reaction including:

- rash
- difficulty breathing
- low blood pressure

COMMON SIDE EFFECTS

The most common side effects of GVOKE in adults include:

- nausea
- vomiting
- swelling at the injection site
- headache

The most common side effects of GVOKE in children include:

- nausea
- low blood sugar
- high blood sugar
- vomiting
- abdominal pain
- headache
- pain or redness at the injection site
- itching

These are not all the possible side effects of GVOKE. For more information, ask your doctor.

Call your doctor for medical advice about side effects.

You are encouraged to report side effects of prescription drugs to the FDA.

Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

BEFORE USING

Before using GVOKE, tell your doctor about all your medical conditions, including if you:

- have adrenal gland problems
- have a tumor in your pancreas
- have not had food or water for a long time (prolonged fasting or starvation)
- have low blood sugar that does not go away (chronic hypoglycemia)
- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

HOW TO USE

- Read the detailed Instructions for Use that come with GVOKE.
- Use GVOKE exactly how your healthcare provider tells you to use it
- Make sure your relatives, close friends, and caregivers know where you store GVOKE and how to use it the right way **before** you need their help.
- Act quickly. Having very low blood sugar for a period of time may be harmful.
- Your healthcare provider will tell you how and when to use GVOKE.
- After giving GVOKE, your caregiver should call for emergency medical help right away.
- If you do not respond after 15 minutes, your caregiver may give you another dose, if available. Tell your healthcare provider each time you use GVOKE. Low blood sugar may happen again after receiving an injection of GVOKE. Your diabetes medicine may need to be changed.

HOW TO STORE

- Keep GVOKE in the foil pouch until you are ready to use it.
- Store GVOKE at temperatures between 68°F and 77°F.
- **Do not keep it in the refrigerator or let it freeze.**

Keep GVOKE and all medicines out of the reach of children.

For more information, call 1-877-937-4737 or go to www.GvokeGlucagon.com.

Please see the Full Prescribing Information for Gvoke in our exhibit booth.





Friend Sponsors



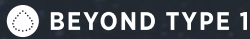
AdaptHealth is changing lives by providing comprehensive best-in-class services while investing in the tools, technology, and people to enable our patients to live the highest quality of life. As one of the nation's DME leaders in the Diabetes industry, AdaptHealth provides a comprehensive set of continuous glucose monitors (CGM), insulin pumps, and related supplies from the industry's leading manufacturers. Simplify your Diabetes management with AdaptHealth and learn more about our extensive product support, information, and resources by visiting our website at [Diabetes – AdaptHealth](#).



The **American Diabetes Association (ADA)** is the nation's leading voluntary health organization fighting to bend the curve on the diabetes epidemic and help people living with diabetes thrive. For 82 years, the ADA has driven discovery and research to treat, manage, and prevent diabetes while working relentlessly for a cure. Through advocacy, program development, and education we aim to improve the quality of life for the over 133 million Americans living with diabetes or prediabetes. Diabetes has brought us together. What we do next will make us Connected for Life®. To learn more or to get involved, visit us at [diabetes.org](#) or call 1-800-DIABETES (1-800-342-2383). Join the fight with us on Facebook (American Diabetes Association), Spanish Facebook (Asociación Americana de la Diabetes), LinkedIn (American Diabetes Association), Twitter (@AmDiabetesAssn), and Instagram (@AmDiabetesAssn).

Beta Bionics

Beta Bionics is a public benefit corporation and certified B corp. committed to commercializing the iLet® bionic pancreas. We're a people-focused company, here to serve the wider diabetes community. We want to make a difference and aim to improve the lives of people living with diabetes and hope to reduce the data and decision-making overload that PWD and their caregivers often deal with. To learn more about Beta Bionics, our team and our mission visit us at [www.betabionics.com](#) and @BetaBionics on social media.



Beyond Type 1 is a global nonprofit dedicated to the diabetes community. We serve the largest digital audience of any diabetes non-profit, and our mission is to help people living with diabetes to stay alive and thrive. Through peer support programs, global campaigns and digital platforms, Beyond Type 1 is uniting the global diabetes community—across all types—helping to change what it means to live with chronic illness.



The **Certification Board for Diabetes Care and Education (CBDCE)** is a not for profit certifying body that recognizes a number of different health professionals in the United States as having specialized knowledge about diabetes care and education. The organization name and certification designation underwent a change in 2020; you might be more familiar with the National Certification Board for Diabetes Educators or NCBDE and the Certified Diabetes Educator or CDE certification designation. The organization has been around since 1986, and the Certified Diabetes Care and Education Specialist or CDCES credential is seen as the gold standard in the diabetes world. Currently, over 19,900 health professionals hold the CDCES credential. CDCESs are committed and passionate about what the work they do in partnership with people with diabetes and their families and caregivers.



One of the first sponsors of Children with Diabetes in their very first year, the **Diabetes Research Institute and Foundation (DRI/F)** are proud to, once again, be a part of this important educational and fun event for those affected by diabetes. The Diabetes Research Institute, a Center of Excellence at the University of Miami Miller School of Medicine, leads the world as the largest and most comprehensive research center dedicated to curing diabetes. The DRI is aggressively working to develop a biological cure by restoring natural insulin production. The Diabetes Research Institute and Foundation were created for one reason – to cure diabetes – which is and will continue to be its singular focus until that goal is reached. For more information, please visit [www.DiabetesResearch.org](#) or call 800-321-3437.



We are people with diabetes, parents of children with diabetes, caring allies from different backgrounds, professions, geographies, and political persuasions dedicated to improving the lives of all people impacted by diabetes. The **Diabetes Leadership Council (DLC)** unites former leaders of national diabetes organizations, dedicated to securing effective, affordable health care and a discrimination-free environment for every person with diabetes.

Friend Sponsors



Enable Biosciences Inc is a CAP- and CLIA-certified clinical testing lab based in South San Francisco. We provide autoantibody testing services to help clinicians diagnose type 1 diabetes and determine eligibility for new therapies.

mannkind

MannKind is committed to providing products that allow people living with diabetes to experience life without limits. With Afrezza[®] (insulin human) Inhalation Powder and V-Go[®] wearable insulin delivery MannKind is focused on being a leader in mealtime control to address this serious unmet need within the diabetes community. Enrollment is currently underway for the INHALE-1 study that is evaluating Afrezza (in combination with basal insulin) for youth aged 4-17 living with type 1 or type 2 diabetes. With a passionate team of Mannitarians collaborating nationwide, we are on a mission to give people control of their health and the freedom to live life. Visit us at mannkindcorp.com and learn more about INHALE-1 at clinicaltrials.gov.



Peelz was developed in 2011 when Emily was diagnosed with type 1 diabetes. Together with her husband, Scott, they built a life and a company with a mission to make diabetes more personal, functional, and stylish.



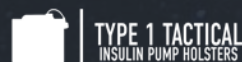
RevelWear is a clothing company specializing in making life and diabetes management easier. Our pump pockets are designed to cater to the challenges of living with type one diabetes— we will secure your pump so you can live your very best life.



T1D Exchange is a nonprofit organization that drives improved outcomes in the treatment of type 1 diabetes (T1D). Through quality improvement and collaboration, we harness data and insights to advance T1D research, identify unmet needs in diabetes care, refine best practices and ultimately improve the quality of life for all people living with T1D. The T1D Exchange Registry is a research study open to adults and children with T1D living in the United States. The Registry aims to show how people with T1D are currently doing and how aspects of T1D care and management change over time. Participants complete a questionnaire once per year and can participate in other optional T1D research studies through their Registry Dashboard.



At 10 years old Elizabeth Forrest was diagnosed with type 1 diabetes and soon after declared diabetes wasn't going to control her. Inspired by her middle school dance class, she combined her love for dance with her new diagnosis and created Dancing for Diabetes[®] as a way to bring attention to the millions who are living with type 1 diabetes and to raise funds to find a cure. Dancing for Diabetes[®] became a springboard for additional impactful programs that now make up the **Touched by Type 1** organization which include: Dancing for Diabetes[®], Kids & Teens with Diabetes Dance program, Type 1 @ School, Touched by Type 1 Annual Conference, Outreach, and the D-Box. Until a cure is found, Touched by Type 1 will continue to elevate awareness of type 1 diabetes, raise funds to find a cure, and inspire those with diabetes to thrive.



Type 1 Tactical was founded in March, 2017 by Travis Smith, a law enforcement officer diagnosed with type 1 diabetes. Travis saw the need for products that would protect his pump while facing the difficulties of the profession. He immediately started thinking of ways to meet this need not only for himself but for many others who struggled with the same issues. He designed insulin pump holsters to protect his pump while on and off duty with a tactical design and quick accessibility. The pump will slide tightly into the holster and click into place. It will retain the pump even if you turn it upside down. Type 1 Tactical offers insulin pump holsters made of kydex and durable hardware that keep your pump safe and secure at all times. The holsters are designed to retain the pump inside the holster even during physical and strenuous activities. Check out all of our products on the shop page: www.type1tactical.com/shop.



The Conference Volunteers

Registration Team



Julia Mattingly
Leader



Kristin Deltano



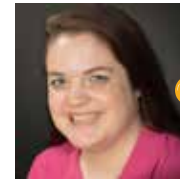
Helen Finegold



Lynet Fox



Brenda Hitchcock



Kara Hunsche



Hannah Mattingly



Midge McBryant



Shari Michaelson



Wendell Mosby



Rachale Park



Betty Park



Tracey Smith



Melody Taboada

First Timers Team



Lauren Lanning
Leader



Joan Benedetto



Greg Dooley



Kristina Dooley



Janice Gaskins



Tina Ghosn



LaQuanda Lockhart,
MHA, MAT



Pam Loebner



Kiraina Young

Exhibit Hall Team



Rich Meredith
Leader



Chris Pawlowski
Leader



Dave Pawlowski
Leader



Margarita Aguilar RN,
BSN



David Deltano



Ed Grand



Carol Helgemo



Celeste Hogan



Tanis Miller, RN



Randy Smith



Claudia Vasquez



Cristina Williams



Don Williams



The Conference Volunteers



Room Captains



Deb Ruppert
Leader



Joan Bardsley, MBA, RN,
CDCES, FAADE



Morgan Bednarczyk,
MSEd, LPC



Kathy Brown



Nia Grant



Tina Hammer



Heather Hawco-Gray



Dave Hunsche



Rebecca B. Jervey



Kristianne Keyser



Benny Loebner



Howard Martin



Campbell Mitchell



Bob O'Connell



Adriana Papp



Brian Quinn



Georgia Robert



Scott Suttles

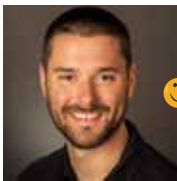


Robyn Wright

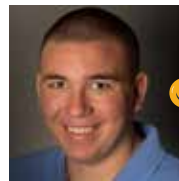
Tech Team



Rachel Knight
Leader



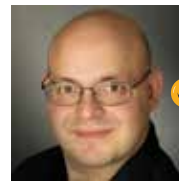
Will Nowak
Leader



Matthew Pawlowski
Leader



Jordan Squibb

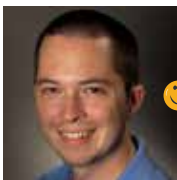


Martin Yaravitz

Support Team



Manuel Guzman
Leader



Jeremy Meredith
Leader



Andrew Benn



Karol Kutzma



Robert "Bobby" Lukhard



Carolyn Meredith



Freddie Miller



Mary Mills



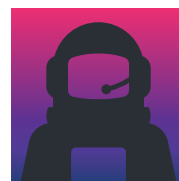
Tim Mills



Wendi Moldthan



DonTonya Smith



Trip Stroner



Denotes volunteer with diabetes



The Conference Volunteers

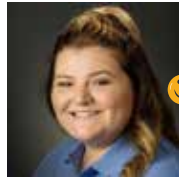
Retinal Team



Chris Freund, BSN, RN
Leader



Rob Freund, RN, EMT-P
Leader



Rhiannon Gonzales



Jane Hunsche, RN



Belinda Peach



Brandy Schmidt

Nutrition Team



Carolyn Billetdeaux,
MBA
Leader



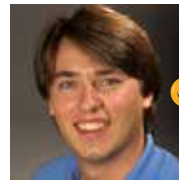
Kristen O'Dell, MS,
RD, CDCES
Leader



Bonnie Martin



Mary Babin, RN,
BSN, CDCES
Leader



Parker Grand
Leader



Shelley Grand
Leader



Helen Rodenheiser, MEd
Leader



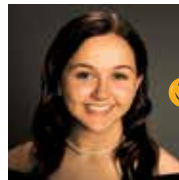
Sailor Abel



Lisa Anderson



Kate Beaulieu



Shelby Braaten



Alexa Brenner



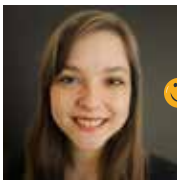
Rebecca DeLong



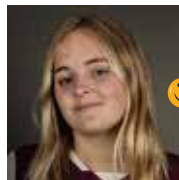
Maggie Engel



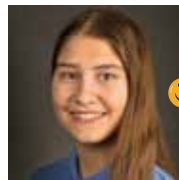
Susan Feldt



Macey Gaskins



Avery Green



Stella Hogan



Adrianna Hopkins



Deana Jimenez



Elizabeth Joynes



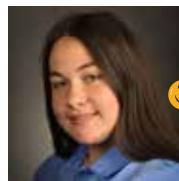
Krista Kepler



Katelyn Littlefield



Colleen O'Connell, RN



Kaileigh O'Connell



Piper Ogden



Tammy Point, LPN, CDP



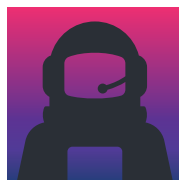
Kait Slack



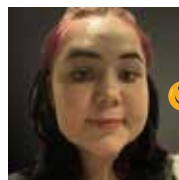
Lynn Smits



Emily Wenig



Quinn Williams



Ren Wright

Kiddie Kove



Denotes volunteer with diabetes

The Conference Volunteers



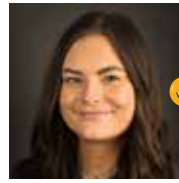
Elementary Team



Sunshine Abel, RN
Leader



Marisa Fox, RN, BSN
Leader



Hannah Klippel
Leader



Kayla Van Eperen
Leader



Justin Abel



Ashley Dasika



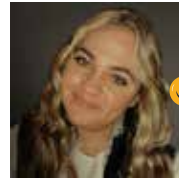
Crystal Diaz



Sophia Helme



Manuel Guzman



Kerri Ann Jones



Monica Lanning



Kelly Regan



Kayla Sachs



Wendy Smits, RN, BSN

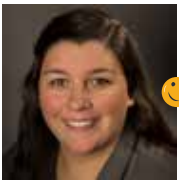


Matthew Van Eperen



Lana Vjestica

Tween Team



Melissa Geren
Leader



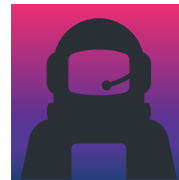
Sarah Johnston
Leader



Erica Smith
Leader



Ryan Anglani



Jessica Carey



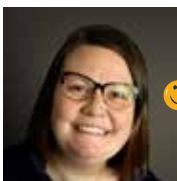
Chelsea Carr



Kira Dobson, FNP-BC,
CDCES, CPT, BC-ADM



John Gallagher



Erin Graffeo



Dennis Holterman



Stephanie Holterman



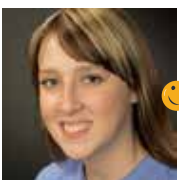
Angela Kaminski



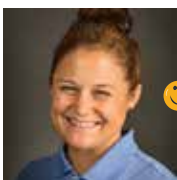
Dan Knox



Corey Lackey



Shelby Smith, MBA



Caroline Smits



Jim Stone



Adam Town, BSN, RN



Claudia Velez, MSN,
RN, CPN



Denotes volunteer with diabetes



The Conference Volunteers

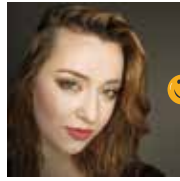
Teen Team



Brian Grant, BSN, RN,
CDCES
Leader



Alanna Landry, RN, CDE
Leader



Hannah Opdenaker
Leader



Tina Brown



Aaron Cordell



Kevin Covais



Marilyn Fry, RD, CDE



Sandy Hartranft, RN,
BSN, CDCES



Manuel Iris



Paul Keyser



Carter Landry



Teresa Littlefield, MSN,
RN, RNC-MNN, CLC,
PMH-C



Tayler Michaelson



Ernie Prado



Jessica Wisniewski, MSc



Kate Zimmerman, RN,
MHS, CHE

Sports Central



Zach Geren
Leader



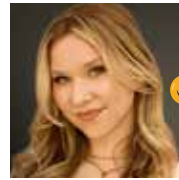
Tanner Barton



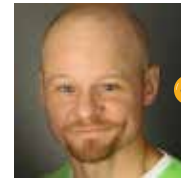
Russell Brown



Martyn Carr, BSc, RN



Abby Deltano



Jimmy Dodson



Jade Gorman



Brady Grainda



Ty Mulholland



Rhianna Rinderknecht



Alexa Velcic

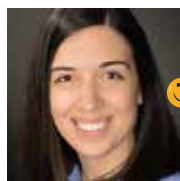
Sunflower Team



Leigh Fickling, JD,
MEd, MS



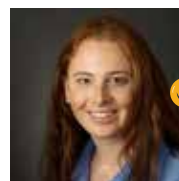
Glenn Hartranft



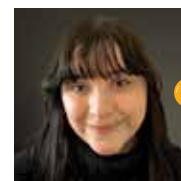
Lizzie Lackey



Hannah Peach



Lauren Salko



Gabriela Santaniello



Denotes volunteer with diabetes



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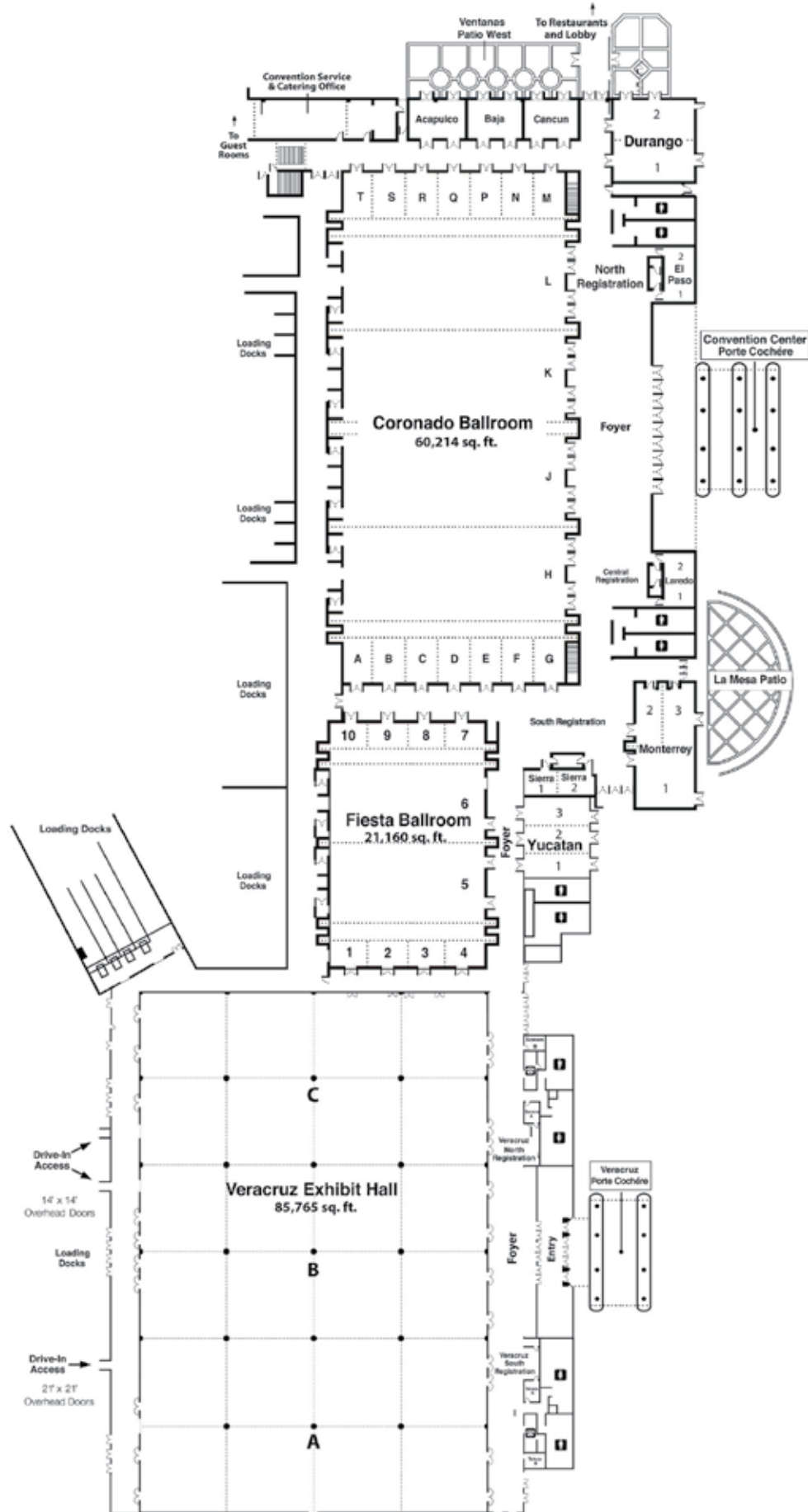
 youtube.com/CWDiabetes

 @CWDiabetes

 linkedin.com/company/children-with-diabetes



Map of the Convention Center





Program for Monday, July 3, 2023

North Registration

All Attendee Registration, Sponsor and Exhibitor Registration, and T-Shirt Pick-Up

2:00 pm - 4:00 pm

Program for Tuesday, July 4, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
All Attendee Registration 10:00 am - 4:00 pm	Sponsor and Exhibitor Registration 9:00 am - 4:00 pm	T-Shirt Pick-Up 10:00 am - 4:00 pm	Retinal Screening for Staff 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	TrialNet Screening 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

Program for Wednesday, July 5, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
All Attendee Registration 7:30 am - 9:00 pm	Sponsor and Exhibitor Registration 9:00 am - 4:00 pm	T-Shirt Pick-Up 7:30 am - 9:00 pm	Retinal Screening 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	TrialNet Screening 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

Program for Thursday, July 6, 2023

North Registration	Baja / Cancun	Laredo 2
All Attendee Registration and T-Shirt Pick-Up 7:30 am - 5:00 pm	Retinal Screening 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	TrialNet Screening 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

Program for Friday, July 7, 2023

North Registration	Baja / Cancun	Laredo 2
All Attendee Registration and T-Shirt Pick-Up 8:00 am - 12:00 pm	Retinal Screening 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	TrialNet Screening 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

Sports Central Open Gym Hours — Veracruz C

Tuesday	Wednesday	Thursday	Friday
11:30 am - 3:00 pm	4:30 pm - 6:30 pm	8:00 pm - 10:00 pm	12:00 pm - 1:30 pm



Program of Events and Sessions

Program for Wednesday, July 5, 2023				
Time	Monterrey 1	Monterrey 2-3	Coronado M	Coronado N
8:00 - 9:00	Breakfast on Your Own			
9:00 - 10:00				
10:00 - 11:00	Coffee Break On Your Own			
11:00 - 12:00	22 Dia-versaries and Counting! Growing up with T1D Hannah Manis <i>Sponsored by Abbott</i>	Omnipod® Focus Group #1 <i>Sponsored by Omnipod</i>	Ultra Rapid-Acting Inhaled Insulin for Adults with Diabetes Jennifer Rittenberry MD, FACE <i>Sponsored by Mannkind</i> For Adults 18+	All about the MiniMed™ 780G System Featuring Meal Detection Technology* that Delivers Real-Time Auto-Corrections Dr. Jennifer McVean, MD and Heather Lackey, MS, RD <i>Sponsored by Medtronic</i>
12:00 - 1:30	Lunch Break On Your Own			
1:30 - 2:30	Meet the new FreeStyle Libre 3 System Nicole Rosenke, PharmD <i>Sponsored by Abbott</i>	Omnipod® Focus Group #2 <i>Sponsored by Omnipod</i>	Type AuSome - Navigating Friends for Life on the Spectrum Leigh Fickling JD, MEd, MS and Lauren Salko	Mission DETECT is Getting Ready for Takeoff <i>Sponsored by Provention Bio</i>
2:30 - 3:30	Coffee Break On Your Own			
3:30 - 4:30	Meet Our Galaxy Stars Dr. Giacomo Lanzoni and Javier Chavez <i>Sponsored by DRIF</i>	Omnipod® 5 Pro Tips <i>Sponsored by Omnipod</i>	Build Your Own CGM Experience Liz Robinson, PA-C, CDCES <i>Sponsored by Lifescan</i> Pre-Registration Required	Mission DETECT is Getting Ready for Takeoff <i>Sponsored by Provention Bio</i>
7:00 - 10:00	Grand Opening Ceremony and Reception in Exhibit Hall 7:00 - 10:00 pm in Veracruz A and B			



Program for Wednesday, July 5, 2023					
Time	Durango 1	Durango 2	Yucatan	Coronado H	Coronado J
8:00 - 9:00	Breakfast On Your Own				
9:00 - 10:00			Introducing the iLet Bionic Pancreas – Now available! <i>Sponsored by Beta Bionics</i>	First Timers Orientation: Blast Off Into Friends for Life! <i>Sponsored by Dexcom</i> Youth should attend the Youth Program	
10:00 - 11:00	Coffee Break On Your Own				
11:00 - 12:00	Beyond Rufus: Tell Us What You Need <i>Sponsored by JDRF</i>	Tandem Diabetes Focus Group: Caregivers and Data Sharing <i>Sponsored by Tandem Diabetes Care</i>	Dexcom Product Theater: Advances in Dexcom Technology: Where We've Been, Where We're Heading <i>Sponsored by Dexcom</i>	Find your Fiffles Carolyn Billetdeaux	
12:00 - 1:30	Lunch Break On Your Own				
1:30 - 2:30	Safe Zone for Significant Others Osagie Ebekozen, MD, MPH, CPHQ and Matt Point, MS	Tandem Diabetes Focus Group: Teenagers and Data Sharing <i>Sponsored by Tandem Diabetes Care</i>	Overpatch Use & Design Options <i>Sponsored by Dexcom</i>	DocuDiabetes Screening Sasha Squibb and Jordan Squibb	It's Not Your Everyday Lesson: The Next Generation of Clinical Trials Brought to You by Walgreens <i>Sponsored by Walgreens</i>
2:30 - 3:30	Coffee Break On Your Own				
3:30 - 4:30	Severe Lows from Crib to College <i>Sponsored by Xeris</i>	DPAC Advocacy Open House <i>Open House Sponsored by DPAC</i>	A Solar System of Sweet Solutions Without Excess Sugar Holly Moran, MS, RD, LD, CDCES <i>Sponsored by Splenda</i>		
7:00 - 10:00	Grand Opening Ceremony and Reception in Exhibit Hall 7:00 - 10:00 pm in Veracruz A and B				



Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00				
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Happy Feet: How Foot Health Contributes to Diabetes Management Marizeli Olacio, DPM, ABPM	Insulin Pumps for Beginners: Getting to All Systems Go Laura Jacobsen, MD	Grandparents: Hands-On Diabetes Management Janet Rodriguez, RN, CDCES, CRA	Managing the Many Dimensions of Diabetes During Pregnancy Liz Robinson, MSPA-C, CDCES and Jessica Kichler, CDCES, PhD, CPsych
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Diabetes Skin Solutions: Keeping your Space Suit Working with Diabetes Devices Liz Robinson, MSPA-C, CDCES	Suicide, Self-Harm, and Diabetes: Bringing Dark Matter to Light Katharine Barnard-Kelly, BSc(Hons), MSc, PhD and Marissa Town RN, BSN, CDCES	Grandparents: Mastering Sleepovers, Expeditions, and Emergencies Henry Rodriguez, MD and Janet Rodriguez, RN, CDCES, CRA	Why your Walgreens Pharmacist Should be an Extension of Your Health Care Team Shauna Markes-Wilson, BSPHarm, PharmD, AAHIVP, CSP, and Ileana Rivera, RPh, MBA
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Balancing Family Needs when the Parent has T1D Kristen O'Dell, MS, RD, CDCES and Kenny Rodenheiser, RN, BSN, CDCES	Stress Reduction Quest: Mindfulness and More Pantea Minnock, RN, MSN, CPNP	Grandparents Discussion: Common Fears Henry Rodriguez, MD, Jessica Kichler, CDCES, PhD, CPsych, and Janet Rodriguez, RN, CDCES, CRA	Young Adult Open Diabetes Discussion Ashlyn Mills and Michelle Auerbach
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program for Thursday, July 6, 2023				
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00		Richard Rubin Opening Keynote: Exploring New Discoveries in Diabetes from the ADA Scientific Sessions Robert Gabbay, MD, PhD, FACP <i>Sponsored by Walgreens</i>		
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Chasing Shooting Stars: Parenting Young Children with Diabetes Jessie Wong, PhD	The Universe of Long Term Diabetes Research Data Update (DCCT-EDIC) Henry Rodriguez, MD	Mission Control: Time in Range & Glucose Targets for PWD Viral Shah, MD	Health Insurance & You: Choosing plans when you or a child have T1D George Huntley and Stewart Perry
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Overcoming the Multiverse of Barriers to Diabetes Care Osagie Ebekozen, MD, MPH, CPHQ	Brace Yourself for Impact: Parenting Tweens with Diabetes Jessica Kichler, CDCES, PhD, CPsych	Shooting for the Stars: Progress Toward Prevention and Reversal of T1D Laura Jacobsen, MD	JDRF Research Update: The Quest for a T1D Cure: Why Screening Matters Anastasia Albanese-O'Neill, PhD, APRN, CDCES Director, Community Screening & Clinical Trial Education <i>Sponsored by JDRF</i>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Safe at School: The Rights of Children with Diabetes at School and Childcare Crystal Woodward, MPS	Preparing for Launch: Parenting Teens with Diabetes Jessie Wong, PhD	Effects of Cannabis, Alcohol, and Substances on Diabetes Viral Shah, MD	State of Diabetes in the U.S. - Update from the T1D Exchange Osagie Ebekozen MD, MPH, CPHQ
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program of Events and Sessions

Program for Friday, July 7, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast on your own			
9:00 - 10:00	System Maintenance: Preventing and Managing Diabetes Distress and Burnout Jessica Kichler, CDCES, PhD, CPsych	Exercise for the Athlete with T1D Dessi Zaharieva, PhD, CEP, CDCES	Houston, We have a Problem: Emergency Services and Diabetes: When to Call and What to Expect Wendi Moldthan, MS, BSN, RN, FF/PM	Big Bang: Diabetes and Sexual Health Liz Robinson, MSPA-C, CDCES
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Through the Telescope: Diabetes Complications: Honest Discussions Viral Shah, MD	Your Rights under the ADA: Taking Diabetes to Campus, the Office and Abroad Leigh Fickling, JD, MEd, MS, and Matt Point, MS	When you have Multiple Crew Members with T1D Liz Robinson, PA-C, CDCES	The Quantum Realm: PCOS, Periods, and Diabetes Angelina Bernier, MD
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Patient Reported Outcomes: Keeping the Voice of the Patient in Diabetes Research Katharine Barnard-Kelly, BSc(Hons), MSc, PhD	Hands-On Diabetes Training for Loved Ones of PWD Janet Rodriguez, RN, CDCES, CRA	Supporting Siblings of Children with T1D: The Gravity of Diabetes Affects the Whole Family Jessica Kichler, CDCES, PhD, CPsych	Adults with Diabetes Open Discussion Jen Hanson, MEd, RKin, CDE and Dessi Zaharieva, PhD, CEP, CDCES
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30				
Evening	Family Movie Night 7:00 - 9:00 pm in Coronado H Sponsored by Dexcom		Dessert and Posters with the Faculty 8:00 - 10:00 pm in Coronado Foyer Sponsored by Abbott	
	Adults with Diabetes + Significant Others Social Event 9:00 - 11:00 pm in Veracruz Porte Cochere Sponsored by Omnipod			



Program for Friday, July 7, 2023					
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K	Coronado L
8:00 - 9:00	Breakfast on your own				
9:00 - 10:00	Moms Discussion Group: Parenting for Type 1 and other Special Needs Leigh Fickling JD, MEd, MS and Lauren Salko	What You Need to Know About HbA1C: A Constellation of New Information Irl Hirsch, MD	Motivational Interviewing for Parents: How to Talk to Your Children so They Will Listen Jan Kavookjian, PhD, MBA, FAPhA, FADCES	Finding (Y)Our Voice: Diabetes, Congress, and You Erin Callahan and Tom Boyer	
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
10:45 - 12:00	Guardians of the Glucose (Dads Session) Jeff Karitis, CFP, CEPA and Ray Benadetto, DM, MS, LFACHE <i>Sponsored by Omnipod</i>	Everything But Insulin - A Galaxy of Medical Options Irl Hirsch, MD	Routine Rocket Maintenance: Fine-Tuning your Closed-Loop System Pantea Minnock, RN, MSN, CPNP	Finding (Y)Our Voice: Diabetes, States, and You Tom Boyer and Sarah Wood, MA	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:45	Dodging Comets: Managing Sick Days and Stress Days Laura Jacobsen, MD	Diabetes through Space and Time: Growing Old with Diabetes Irl Hirsch, MD	Diabetes Life Hacks: Tips and Tricks for Diabetes Management Pantea Minnock, RN, MSN, CPNP and Kenny Rodenheiser, RN, BSN, CDCES	Cultivating Resilience for Light Years of Diabetes Management Jessie Wong, PhD	Moms are Out of this World: Wine and Crafts with your Crew Leigh Fickling, JD, MEd, MS and Lauren Lanning <i>Sponsored by Omnipod</i>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30		Closing Keynote: Closing Keynote - One Small Step for a Woman with Diabetes, a Giant Leap for All Diabetes-kind Dessi Zaharieva, PhD, CEP, CDCES			
Evening	Family Movie Night 7:00 - 9:00 pm in Coronado H Sponsored by Dexcom		Dessert and Posters with the Faculty 8:00 - 10:00 pm in Coronado Foyer Sponsored by Abbott		
	Adults with Diabetes + Significant Others Social Event 9:00 - 11:00 pm in Veracruz Porte Cochere Sponsored by Omnipod				



Program of Events and Sessions

Program for Saturday, July 8, 2023	
Time	Event and Location
9:30 - 12:00	<p>All Access: Team Tandem</p> <p>9:30 am - 12:00 pm in Veracruz C</p> <p>Sponsored by Tandem Diabetes Care</p>

7:30 - 9:30	<p>Family Fun Night</p> <p>7:30 - 9:30 pm in Coronado HJ</p> <p>All Ages Welcome</p> <p>Sponsored by Medtronic and Novo Nordisk</p>
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Program for Sunday, July 9, 2023	
Time	Event and Location
8:00 - 10:00	<p>Farewell Breakfast</p> <p>8:00 - 10:00 am in Coronado HJ</p> <p>Join your new friends for life for a farewell breakfast. All families welcome.</p> <p>Sponsored by Provention Bio</p>



Program for Tuesday, July 4, 2023

Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5
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Meet-and-Greet for Elementary and Kiddie Kove Parents and Guardians

1:30 - 3:30

Drop-in to meet your child's group leaders and healthcare providers, familiarize yourself with their age group program, and have all your questions answered before the fun begins on Wednesday!

Program for Wednesday, July 5, 2023

Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
Early	Breakfast On Your Own			
9:00 - 10:00	Star Gazing	Ice Breakers	Meet the Tweens	TeenNote
10:00 - 11:00	Break On Your Own			
11:00 - 12:00	Astronaut Gear	What Shapes Us	Sports and Activities	Mission Scavenger Hunt
12:00 - 1:30	Lunch On Your Own			
1:30 - 2:30	Stellar Star Stretches	Movie with Fiffles	Food is Fuel 2.0	Operation Green Team and Orange Team
2:30 - 3:30	Break On Your Own			
3:30 - 4:30	Movie and Rest	Fort Building	Movie with Fiffles	Space-Jammin'
7:00 - 10:00	Grand Opening Ceremony and Reception in Exhibit Hall 7:00 - 10:00 pm in Veracruz A and B			



Youth Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast Buffet in Coronado Foyer			
9:00 - 10:00	Blast off!	Sports Central Comes to Us	Obstacle Course Trivia	Diabetes Identity Crisis
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Full Moons	Orange and Green Team	TweenTok	Choose Your Mission and Navigating Type 1
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Blast Off: Space Crafts and Games!	Nutrition — What is Food and Why Do We Need It?	Finding Your Team	Choose Your Mission: Data Overload & Mission Control
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	Treasure Hunt	Sports Central	Planning the Typhoon Takeover
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program for Friday, July 7, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast On Your Own			
9:00 - 10:00	Decorate Moon Walk Bags	How I Manage	Relays with Sports Central	
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Going on a Moon Walk	Relays with Sports Central	VIPs Scavenger Hunt	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Reach for the Stars	Pick your Own Adventure	TweenTok Awards and Social	
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	My FFL 2023 Adventure Book	Minute to Win It	
7:00 - 9:00	Family Movie Night Sponsored by Dexcom 7:00 - 9:00 pm in Coronado H			
8:00 - 10:00	Dessert and Posters with the Faculty Sponsored by Abbott 8:00 - 10:00 pm in Coronado Foyer			

Teens Off Site at Typhoon Lagoon

(Families with teens will receive more specific information from the teen leaders)



Social Events + Meetups

Social Events

Wednesday, July 5

- 9:00 - 10:00 am** **First Timers Orientation: Blast Off Into Friends for Life! Sponsored by Dexcom**
For Parents and Adults - Youth attend Youth Program
Coronado H
- 7:00 - 10:00 pm** **Grand Opening Ceremony and Dessert Reception in Exhibit Hall**
Veracruz A and B

Thursday, July 6

- 6:30 - 8:00 pm** **Friends for Life Banquet – FFL Goes to the Red Planet Sponsored by Walgreens**
Coronado HJKL
- 8:00 - 10:00 pm** **Music and Dancing Sponsored by Walgreens**
Coronado HJKL

Friday, July 7

- 7:00 - 9:00 pm** **Family Movie Night Sponsored by Dexcom**
Coronado H
- 8:00 - 10:00 pm** **Dessert and Posters with the Faculty Sponsored by Abbott**
Coronado Foyer
- 9:00 - 11:00 pm** **Adults with Diabetes + Significant Others Social Event Sponsored by Omnipod**
Veracruz Porte Cochere

Saturday, July 8

- 9:30 am - 12:00 pm** **All Access: Team Tandem Sponsored by Tandem Diabetes Care**
Veracruz C
- 7:30 - 9:30 pm** **Family Fun Night Sponsored by Medtronic and Novo Nordisk**
Coronado HJ

Sunday, July 9

- 8:00 - 10:00 am** **Farewell Breakfast Sponsored by Provention Bio**
Coronado HJ

Meetups

Monday, July 3	Group	Meetup Location	Notes
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
7:00 pm - 8:00 pm	Young Adult Game Night (18-26)	El Centro Seating Area	A perfect opportunity to meet new friends and reconnect with old ones. Bring your own snacks or drinks if desired.



Tuesday, July 4	Group	Meetup Location	Notes
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
2:00 pm - 3:00 pm	Young Adult Poolside Meetup (18-26)	Pool between Casitas 3 & 4	This is a perfect opportunity for first timers to make connections before the first full day of events.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
Wednesday, July 5	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join with other DoFFLs for an early AM Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:45 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your YA pals before focus groups begin! Purchase breakfast or bring your own food.
10:00 am - 11:00 am	Mom's Who Beep Stroller Brigade	Laguna Bar (outside Mercado)	Meet up with other mom's who have type 1 for a walk around the lake (with or without your littles or a stroller).
1:30 pm - 2:30 pm	Dads Interstellar Olympics	Sports Central	Connect with other Dads of FFL and build camaraderie through some light-hearted sport (nothing too strenuous!)
4:30 pm - 5:30 pm	Fellowship of the FFLGTBQ+	3 Bridges Bar & Grill	Join us for some #gaystuff! A perfect opportunity to meet new friends and reconnect with old ones.
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join together with your fellow Significant Others (SO)'s for a quick happy hour before the Grand Ceremony kicks off.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:00 pm - 5:45pm	LOOP	Coronado J	If you use Loop or want to meet people who do, please join us. Kids are invited, too!
6:30 pm - 7:00 pm	Young Adult Scavenger Hunt (18-26)	Veracruz Foyer	Prior to the grand opening of the Exhibit Hall, stop by to grab a scavenger hunt to complete while you explore all our exhibitors
Thursday, July 6	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Expand your network by joining other DoFFLs for a "wake-up" Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:00 am	Significant Others Coffee Chats	El Mercado	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
3:30 pm - 4:30 pm	Parents with T1D	Monterrey 1	Balancing Family Needs when the Parent has T1D
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join your fellow Significant Others (SO)'s for a quick happy hour get together before the banquet starts.
Friday, July 7	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Continue to make new friends during a short Orbit "around the Lake" followed by coffee in El Mercado.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
10:45 am - 12:00 pm	Guardians of the Glucose (Dads Session)	Yucatan 1-3	Sponsored by Omnipod
1:30 pm - 2:45 pm	Moms Wine and Crafts	Coronado L	Sponsored by Omnipod
4:30 pm - 5:30 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:30 pm - 6:30 pm	Dads Lunar Libations	Barcelona Lounge	Join your DoFFLs for an informal social before Family Movie Night. Grab a libation of your choice or bring your own. A great photo op!
Saturday, July 8	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join your DoFFLs for one last AM Orbit "around the Lake" with coffee afterwards. Don't forget your phones to update your new contacts.
7:00 am - 9:00 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Recover from the evening's fun with your fellow Significant Others (SO)'s as we slowly seek caffeine and forage for food before Sat adventures begin.
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your fiffles for breakfast to discuss the wonderful week that was had. Purchase breakfast or bring your own food.
10:00 am	Young Adult Park Day (18-26)	Epcot	Meet at the Port of Entry in Canada in Epcot
10:00 am - 11:00 am	LOOP	Coronado J	If you use Loop or other DIY APS or want to meet people who do, please join us. Kids are invited, too!
4:45 pm - 6:30 pm	Significant Others Happy Hour	3 Bridges Bar & Grill	Journey across the long bridge with your fellow Significant Others (SO)'s as we enjoy a final gathering before the family fun night event starts.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.

Note: Hoping to do a last minute meet-up? Post it on the Board next to North Registration the day of the meetup to let people know! Also, Barcelona Lounge is located on the first floor of the Tower.

Friends for Life® White Plains 2023

October 6–8, 2023 • Sonesta White Plains • White Plains, NY



Friends for Life® is Coming to White Plains, NY

Ready to reunite with your Friends for Life or looking to Find your Diabuddies?

Join our dedicated group of world-renowned faculty, adults, children, and families with diabetes—including siblings and children of adults with type 1 diabetes—for a great weekend of education and support. Attend educational sessions with cutting edge diabetes management ideas. Participate in discussion groups, share your story, and help motivate and support others who walk in similar shoes. Watch kids and teens, college students and professionals, young parents and grandparents, new and practiced diabetes clinicians, all make new and lifelong friendships.

When: October 6–8, 2023

Where: Sonesta White Plains, White Plains, New York

Registration is \$225* per person

Registration includes:

- All sessions for adults and children
- Kiddie Kove for the youngest attendees (ages 0-5)
- Access to the Exhibit areas
- Reception on Friday evening
- Saturday breakfast, lunch, dinner, and snack breaks
- Sunday breakfast, lunch, and snack breaks
- One t-shirt per registered person

*Registration will increase to \$300 per person on 9/20/23, pending availability..

Is cost a concern? A limited amount of scholarships may be available. Please email CWD's Director of Advancement, Matthew Point, at matt@childrenwithdiabetes.com to inquire about scholarship opportunities.

For more information
and to register and book
your hotel, visit:

ffl.is/whiteplains

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Our dedicated Diabetes team is here to help you with all your questions, their focus is patient satisfaction.

- + Specializing in Type 1, Type 2, and Gestational Diabetes
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- + NEHME - New England Home Medical Equipment

- + Patient Care Solutions
- + Pinnacle Medical Solutions
- + Pumps It
- + Solara Medical Supplies



The American Diabetes Association (ADA) is the nation's leading voluntary health organization fighting to bend the curve on the diabetes epidemic and help people living with diabetes thrive. For 82 years, the ADA has driven discovery and research to treat, manage, and prevent diabetes while working relentlessly for a cure. Through advocacy, program development, and education we aim to improve the quality of life for the over 133 million Americans living with diabetes or prediabetes. Diabetes has brought us together. What we do next will make us **Connected for Life®**. To learn more or to get involved, visit us at diabetes.org.

Camps

Our Camps are designed to facilitate a traditional summer camp experience in a medically safe environment, while creating opportunities for children to forge life-long relationships, overcome feelings of isolation and gain self-confidence.

Advocacy

Through our advocacy, we fight for you. We fight for your right to affordable medications, technology, and access to health care, your right to fair treatment at work, your right to be safe and treated fairly at school and childcare through ADA's award-winning Safe at School Campaign, and so much more.

Research

ADA research provides critical funding for diabetes research. With 100% of donations directed to research, our goal is to ensure adequate financial resources to support innovative scientific discovery that will translate to life-changing treatments and eventual cures.



Upcoming Conferences

2023

Friends for Life White Plains 2023 at the Sonesta White Plains
White Plains, New York | October 6-8, 2023

2024

Friends for Life Falls Church 2024 at Falls Church Marriott
Falls Church, Virginia | April 5-7, 2024

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Anaheim at the Disneyland Hotel
Anaheim, California | October 25-27, 2024

2025

Friends for Life Arlington 2025 at the Renaissance Arlington Capital View Hotel
Arlington, VA | March 7-9, 2025

Friends for Life Orlando 2025 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 8-13, 2025

Friends for Life Seattle 2025 at the Renaissance Seattle
Seattle, Washington | November 7-9, 2025

2026

Friends for Life Hershey 2026 at the Hershey Lodge
Hershey, Pennsylvania | March 20-22, 2026

Friends for Life Orlando 2026 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 7-12, 2026

Friends for Life Anaheim 2026 at the Disneyland Hotel
Anaheim, California | October 30-November 1, 2026

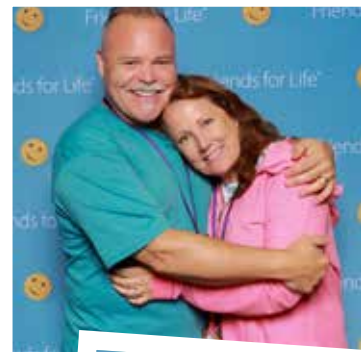
Future Dates for FFL Orlando

Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 6-11, 2027

Friends for Life Orlando 2028 at the Gaylord Palms
Kissimmee, Florida | July 4-9, 2028

Friends for Life Orlando 2029 at the Gaylord Palms
Kissimmee, Florida | July 3-8, 2029

Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 2-7, 2030



GO BIONIC

with the iLet Bionic Pancreas

No more:

- ⊘ Carb counting*
- ⊘ Correction factors
- ⊘ Carb ratios
- ⊘ Pre-set basal rates

or any of the other settings that might be overwhelming about other insulin delivery devices.

The iLet needs only one number - your child's weight.

After startup, the iLet learns about your child - their basal insulin needs, how to correct them to target, and how much insulin your child really needs for meals — no more guessing! The goal of the iLet is to reduce the burden of diabetes management for the whole family.



Beta Bionics

betabionics.com

Safety Information - The iLet Bionic Pancreas System is indicated for use by people with type 1 diabetes 6 years of age and older. The iLet Bionic Pancreas requires prescription by a physician. Refer to the iLet Bionic Pancreas System User Guide at www.betabionics.com/resources/user-guides, or for complete safety information including indications, contraindications, warnings, cautions, compatible devices, compatible drugs and instructions, refer to www.betabionics.com/safety. DO NOT start to use the iLet Bionic Pancreas System without adequate training. Incorrect use may result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

Medical Disclaimer - This handout is for information only and is not a substitute for medical advice and/or services from a healthcare provider. All personal health care decisions and treatment should be discussed with a healthcare provider who is familiar with your individual needs.

*User must be carb aware. REF: MM000023 rev A

**Ready to GO
BIONIC?**



**VISIT US AT
BOOTH
612**



Living with type 1 diabetes can be incredibly challenging and the work required for daily life deserves special recognition. For years, organizations such as the Joslin Center and Lilly provided medals to recognize people who achieved milestones, such as 10, 25, 50, and 75 years of life with type 1 diabetes.

In June of 2022, Children with Diabetes took over the Lilly Journey Awards program. Through the new CWD Journey Awards program, there will continue to be a recognition of the work required to thrive with type 1 diabetes. Medals marking 10, 25, 50, and 75 years of daily life with diabetes will serve as an inspiration to everyone in the type 1 community. In 2022, CWD provided over 1,400 CWD Journey Awards to people with type 1 diabetes throughout the United States.

CWD is deeply grateful to Lilly for their support for the CWD Journey Awards program, formerly known as the Lilly Diabetes Journey Awards.

Pick up your CWD Journey Award in the Exhibit Hall at booth 212!



“

I will say that over the past almost 10 years, my daughter has shown so much strength, bravery, and resiliency. Through all of the doctor visits, the hospital stays, the blood sugar, checks, and juice boxes in the middle of the night, and, of course, the constant questions from people. She is, quite literally, my hero, and I am so proud of her, and so proud to be her mom.

— **Katelynn C.**, mom to Amaya
10 Year Journey Award Recipient

”



“

Anthon has never allowed diabetes to hold him back, and defies the stereotypical diabetic. He is a successful business owner, a fantastic husband and father, and a true inspiration! Our oldest son was diagnosed with type one diabetes just 2 years ago, and Anthon's experience and perspective have been vital in the learning and transition into diabetes management for our son.

— **Ashleigh P.**, wife to Anthon
25 Year Journey Award Recipient

”

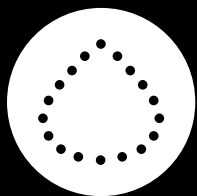


“

When diagnosed with T1 in 1956, my life expectancy was 53 years of age. Today, I am closing in on 71 years of age and still living a wonderful life.. I still thank dad every day for raising me right, dealing with all the in-and-outs of diabetes and learning all he and mom could about diabetes to keep me healthy and safe. I am so proud of them for doing such a great job!

— **Jeffrey B.**,
50 Year Journey Award Recipient

”



BEYOND TYPE 1 PROGRAMS & EDUCATIONAL RESOURCES

JOIN *and* ENGAGE! ✓

SNAIL MAIL CLUB:

A pen pal program that gives kids, teens, and adults with type 1 diabetes around the world the opportunity to connect and add another person to their support team.

DIABETES SCHOLARS:

A program that empowers students with type 1 diabetes by offering them the opportunity to apply for college scholarships.

BEYOND TYPE RUN:

Beyond Type 1's NYC Marathon team, dedicated to raising awareness of diabetes and generating funds for diabetes research. New for 2023, the team will include runners living with Type 1 and Type 2 and caregivers.

COMMUNITY TABLE:

Monthly, live-streamed conversations focused on common experiences, questions, and difficulties that affect people with type 1 and type 2 diabetes. New for 2023, there will be two live in-person events.

BEYOND TYPE 1 APP:

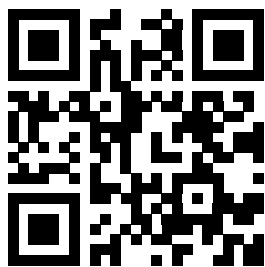
A mobile app that connects people with type 1 diabetes and their loved ones with like-minded folks to ask and answer questions, share thoughts, struggles and triumphs together.

#SEETHESIGNS:

A dynamic, long-standing, community-driven public health campaign (in English and Spanish) aimed at generating mass awareness of the signs of diabetes and helping people receive timely diagnoses.

#NEEDTOKNOW:

An emerging, critical campaign of Beyond Type 1 aimed at providing people living with all types of diabetes with the resources they need to survive and thrive during the first 100 days of living with diabetes.



ABOUT BEYOND TYPE 1

Beyond Type 1 is a global non-profit dedicated to the diabetes community. With 2 million strong, we serve the largest digital audience of any diabetes non-profit, and our mission is to help people living with diabetes to survive and thrive. Beyond Type 1 is uniting the global diabetes community across all types of diabetes, helping to change what it means to live with chronic illness. To learn more, visit beyondtype1.org.

🌐 BEYOND TYPE 1





Jeff Hitchcock

Jeff Hitchcock is the founder, president, and Chief Executive Officer of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC). Jeff received the 2021 ISPAD Hero Award for his work on Children with Diabetes.



Laura Billetdeaux, MS

A finicky connoisseur of hotel meeting space, cappuccino, and kid-friendly cheese and fruit platters, **Laura Billetdeaux** is CWD's VP of Education and Programs. Since the first CWD event in June 2000, Laura has organized Friends for Life conferences, always keeping in mind the true purpose of Children with Diabetes—education and support of families with type 1, and always keeping in mind why it all works—the efforts of so many dedicated individuals. Laura lives in Manchester, Michigan with her husband Neal. They are parents of Sam and Carolyn, CWD's Volunteer and Training Coordinator.



Leigh Fickling, JD, MEd, MS

Leigh Fickling, JD, MEd, MS, serves as the Chief Operating Officer for Children with Diabetes. Leigh is responsible for the day-to-day operational leadership of the organization. Leigh's daughter, Ava, was diagnosed with type 1 diabetes in 2013 at the age of three. Leigh is a subject matter expert in the implementation of accommodations for people with diabetes in the classroom, workplace, and beyond.



Matthew Point, MS

Matthew Point, MS, serves as CWD's Director of advancement, is responsible for CWD's fundraising, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event – Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.



Marissa Town, BSN, RN, CDCES

Marissa Town, BSN, RN, CDCES, is Clinical Director for Children with Diabetes and oversees the medical content on the website and develops the adult programming at Friends for Life conferences. She was diagnosed with type 1 diabetes when she was 2 years old and grew up as an attendee of the Friends for Life conferences since the beginning in 2000. Marissa also works part time at Cincinnati Children's Hospital to help improve health equity for families with T1D.



Sasha Squibb

Sasha Squibb is a visual communication specialist with a focus in non-profit marketing. She serves as CWD's Creative Director, overseeing social media, The Weekly Diabetes newsletter and all graphic design. Sasha was diagnosed with type 1 diabetes more than 25 years ago and, in a previous role, oversaw outreach and marketing initiatives for the T1D community across Southwest Ohio. She is highly passionate about providing education and support for people with T1D and their families.



Ashlyn Mills

Ashlyn Mills serves as CWD's Events and Programs Assistant. Ashlyn has been living with type 1 diabetes since 2015 when she was diagnosed at the age of 19. She quickly found her tribe in CWD and attended her first FFL conference less than one year after her diagnosis. By trade, Ashlyn is a licensed physical therapist assistant but the connections diabetes created quickly changed her career path. Ashlyn is passionate about helping people with diabetes and their families connect so they don't have to do it alone. In her spare time, Ashlyn loves to run, bike, visit Disney World, and camp with her family.



Looking for a Partner in Managing Your Child's Diabetes?

Team up with a Certified Diabetes Care & Education Specialist (CDCES)

A Certified Diabetes Care and Education Specialist (CDCES) is a health professional who has a comprehensive knowledge of and experience in diabetes prevention, prediabetes, and diabetes management. A CDCES will partner with your family regarding diabetes throughout your child's life.



CDCESs represent a range of professions including registered and advanced practice nurses, registered dietitian nutritionists, pharmacists, physicians, PAs, and other qualifying backgrounds. To earn the CDCES credential, a diabetes care and education specialist must go through a rigorous process,

including passing an examination that covers numerous aspects related to managing diabetes, not just one area.

Why Should My Family See a CDCES?

Diabetes impacts a child at home and school and affects many areas of life. Successful self-management involves knowledge across a broad range of topics including healthy eating, taking medication, monitoring, being active, problem solving and reducing risk. It's difficult for your child and family members to gain all that knowledge alone.

With a CDCES on your team, your family can learn how to effectively manage and improve your child's health.

How Does My Family Find a CDCES?

Ask your primary care provider or specialist for a referral to a CDCES or locate a CDCES near you through the

Locate a CDCES Directory at www.cbdce.org/locate

Learn more!

■ www.cbdce.org/locate

■ 847.228.9795

■ info@cbdce.org



Please note: The Certified Diabetes Care and Education Specialist (CDCES) certification was formerly known as the Certified Diabetes Educator (CDE) certification.





Policy Change Isn't Magic!

Become a Diabetes Champion



The mission of DPAC is to ensure quality of and access to care, medications and devices for people living with diabetes; and to educate, inspire and empower patient advocates as well as lawmakers toward meaningful action on diabetes. Empowering you and your loved ones to action is why we're here.

Stop by our booth and share your story.

Website: DiabetesPAC.org

Contact: info@DiabetesPAC.org



@DiabetesPAC



**Diabetes Patient
Advocacy Coalition**



@DiabetesPAC



**Diabetes Patient
Advocacy Coalition**

**DIABETES
PATIENT
ADVOCACY
COALITION**





2022 CWD Fellows

The CWD Fellows Program

The CWD Fellows Program at Friends for Life Orlando gives health care professionals who are beginning their careers an opportunity to see what type 1 diabetes is really like by spending a week with Friends for Life families. By exposing our Fellows to every aspect of life with type 1, from morning highs and lows to exercise-induced hypos to the emotional impact of a blood glucose reading that doesn't match expectations, we hope to help them bring greater understanding and compassion to the families who they will serve in their career. Our deepest thanks to our friends at CBDCE, Dexcom, MannKind, Omnipod, Provention Bio, Tandem Diabetes Care, and Xeris for their support for this transformational program.



DEXCOM

mannkind



proventionbio
a sonofi company



2023 CWD Fellows Liaisons



Rayhan Lal, **PhD, MD, MPH**

Rayhan Lal, PhD, MD, MPH, is pediatric and adult endocrine faculty at Stanford. Rayhan grew up in the California bay area and always wanted to be an engineer. He has had type 1 diabetes for over 30 years. He studied electrical engineering and computer science at the University of California, Berkeley. His two younger sisters were enrolled in DPT-1, were found to be antibody positive, and developed type 1 diabetes. In an effort to help all his brothers and sisters with diabetes, Rayhan decided to switch career paths and pursue clinical medicine at the University of California, Davis. Rayhan could not decide whether to take care of children or adults with diabetes and so did both. He completed a four year residency in internal medicine and pediatrics at the University of Southern California, working with the underserved at Los Angeles County Hospital. Rayhan then completed an adult and pediatric endocrine fellowship at Stanford. As an engineer and physician-scientist with diabetes, his primary research interest is the design, development, and testing of new diabetes technology and therapies with his mentor, Dr. Bruce Buckingham. Rayhan collaborates with many members of the Stanford Diabetes Research Center, industry and the open source diabetes community in an effort to bypass the biological, technological and human factor limitations of existing devices.



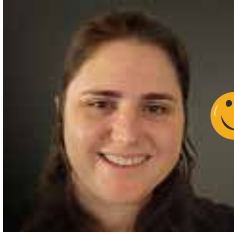
Marissa Town, **BSN, RN, CDCES**

Marissa Town, BSN, RN, CDCES, is Clinical Director for Children with Diabetes and oversees the medical content on the website and develops the adult programming at Friends for Life conferences. She was diagnosed with type 1 diabetes when she was 2 years old and grew up as an attendee of the Friends for Life conferences since the beginning in 2000. Marissa also works part time at Cincinnati Children's Hospital to help improve health equity for families with T1D.





2023 Children with Diabetes Fellows



Brooke Alvarez, **RD, LD/N, CDCES, CLC**

Brooke Alvarez, RD, LD/N, CDCES, CLC, was diagnosed with type 1 diabetes in 1997. She knew quickly after diagnosis she wanted a career that would help others diagnosed with diabetes. After receiving a BS in Dietetics from Florida State University, she began her career working as a Dietitian for the Women's Infants and Children (WIC) Program. Currently, Brooke is following her dream by working as a CDCES for USF Diabetes and Endocrinology Center. Brooke counsels patients daily with on diabetes management, nutrition and aids with continuous glucose monitor placements. During her free time, Brooke enjoys creating memories with her two children and husband, baking, and shadowboxing.



Marissa Baudino, **PhD**

Marissa Baudino, PhD, is a JDRF Diabetes Psychology Fellow at Texas Children's Hospital/Baylor College of Medicine. Dr. Baudino received her doctoral degree in clinical psychology from Oklahoma State University with a specialization in pediatric psychology. As a JDRF Psychology Fellow, Dr. Baudino provides clinical services to youth with diabetes and their families. She also conducts research in the Resilience and Diabetes (RAD) lab under the mentorship of Dr. Marisa Hilliard. Dr. Baudino's research interests include health disparities and health equity, transitioning from pediatric to adult healthcare, and promoting quality of life and resilience in young people with diabetes and their families.



Laura Cudizio, **MD, PhD**

Laura Cudizio is a Pediatric Endocrinologist from Brazil specialized in Pediatric Diabetes. She is a collaborating physician at Santa Casa de São Paulo Pediatric Diabetes Team since 2017. Her PhD research focuses on Diabetes Care in Schools, including an educational platform, a mobile application for T1D education for schools, and an international research project – the last received Cwd-JENIOUS Award at the ISPAD Conference 2022. Member of ISPAD and JENIOUS Group since 2018, was elected as JENIOUS Leader for 2022-2025.



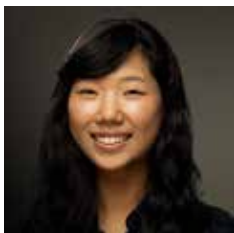
Michael Ferm, **MD**

Michael Ferm, MD, is a pediatric endocrinology fellow at Baylor College of Medicine/Texas Children's Hospital in Houston, TX. He completed a residency program in pediatrics and global health at Baylor College of Medicine, during which he worked in Botswana and Colombia for 6 months each. He earned his MD from Rutgers New Jersey Medical School and attended Georgetown University for undergraduate studies.



Michael Hughes, **MD**

Michael Hughes, MD, is an Instructor in the Division of endocrinology at Stanford University. He developed type 1 diabetes at the age of 19 while studying music at Florida State University. Due to this experience, he changed his career path and went on to complete medical school and residency in his home town, Houston, Texas, before moving to California for his Endocrinology fellowship at Stanford. He has stayed on since graduating to pursue his clinical and research interests in type 1 diabetes, diabetes technology, and transitions of care from pediatric to adult medicine. He works with Dr. Buckingham, Dr. Lal, and others on clinical device trials, and has a particular interest in use of diabetes technologies during inpatient hospital admissions.



Maria Kim, **MS, RD, LD**

Maria Kim, MS, RD, LD, is a Registered Dietitian supporting teens and adults with diabetes and eating disorders or disordered eating with Lauren Newman Nutrition Therapy, a virtual private practice across various states. She is passionate about offering nutrition support and diabetes care through a non-diet and size inclusive lens as she believes that everyone deserves informed, shame-free, collaborative and individualized eating care within the complex frameworks of their evolving needs. She received her bachelor's degree in Nutritional Science at Cornell University, master's degree in Clinical Nutrition at New York Institute of Tech, and dietetic internship with Sodexo Dietetic Internships with a focus on pediatrics.





Jenny Min, PhD, CPNP-PC, RN

Jenny Min, PhD, CPNP-PC, RN, has a passion for working with children and families living with chronic conditions and identifying novel methods leveraging technology to help promote successful self-management behaviors to improve health outcomes. This focus has grown from her experience in caring for children and adolescents with type 1 diabetes (T1D) in both clinical and research realms. In her current position, she provides care for patients with T1D at the Division of Endocrinology, Diabetes and Metabolism at CHLA. Jenny also worked as a research NP at Stanford University conducting studies for emerging diabetes technologies. Her education includes PhD from UCSF, MSN from UCLA and BSN from University of Rochester.



Mercy Oigbokie, DNP, AGNP-C, CPHQ, NE-B

Mercy Oigbokie, DNP, AGNP-C, CPHQ, NE-BC, is a resourceful, results-oriented healthcare leader with over 15 years in delivering high quality, cost effective and patient centered care. She has been recognized internally and externally for her outstanding clinical expertise and transformational leadership. She is skilled at growing clinical operations, leading a culture of excellence and working with multidisciplinary teams. Her work has led to the achievement of organizational goals including improved patient outcomes, exceptional patient and family experience, cost reduction and revenue growth. She is committed to excellence through evidenced-based practice and innovation. Mercy holds a Doctor of Nursing Practice degree from The George Washington University.



LeAnne Sancrainte, MPH, DO

LeAnne Sancrainte, MPH, DO, completed her medical school education at Michigan State University College of Osteopathic Medicine prior to pediatric residency at Children's Hospital of Michigan, and pediatric endocrinology fellowship at Cincinnati Children's Hospital. Prior to attending medical school Dr. Sancrainte obtained a Master's in Public Health at Michigan State University so as to gain a greater understanding of the needs for underserved populations with a goal of always providing equitable healthcare to patients and families. As someone who lives with type 1 diabetes, Dr. Sancrainte's career goals are focused on developing and implementing interventions that improve access to care and quality of life for others living with diabetes.



Naomi Surin, BSN, RN

Naomi Surin, BSN, RN, is a Registered Nurse with 10 years of clinical nursing and progressive leadership experience. She is excited to be a part of Children with Diabetes Friends for Life conference. She is looking forward to learning more about the diabetes process and technologies through the educational programs offered, and to volunteer more in the diabetes community. In her spare time, Naomi enjoys spending time with her husband and her daughter. She also enjoys singing, bike riding, mission trips, and volunteering in her local community with her church family.



Jessika Troche, MS, RD, LD, Diabetes Education and Care Specialist Fellow

Jessika Troche, MS, RD, LD, Diabetes Education and Care Specialist Fellow, is a Registered Dietitian with a focus on diabetes education with a long-term goal to acquire her CDCES. Why diabetes? Her family immigrated from Cuba seeking better medical help for her grandfather's diabetes and she has a younger brother who has type 1 diabetes. Her brother inspires her everyday to help others kids with their diabetes just like her family was helped at diagnosis.



Sarah Yourman Tota, RDN, CDCES

Sarah Yourman Tota, RDN, CDCES, is a Registered Dietitian and Certified Diabetes Care and Education Specialist. Sarah was diagnosed with cystic fibrosis in 1991 and type 1 diabetes in 1998. Both these diagnoses inspired her to work in the healthcare field and to help others. She works as an outpatient dietitian and CDCES in the pediatric field of type 1 diabetes and virtually educates people with cystic fibrosis and cystic fibrosis related diabetes and their families about nutrition and diabetes management through her online presence as @sarah.the.dietitian.



MEET A FEW STARS IN OUR GALAXY

Don't Miss Javier Chavez

Team USA's Javier, AKA "Spindian" is in pursuit of his dream, hoping to compete in breaking at its Olympic debut in Paris 2024.

*"I have diabetes, but diabetes doesn't have me."
- Javier Chavez*



Giacomo Lanzoni, Ph.D.

Research Assistant
Professor at DRIF



WEDNESDAY

FOCUS GROUP 3:30pm

Learn more about our 20 year partnership with CWD and our medical advances toward finding a cure. Dr. Lanzoni will speak on the latest scientific research on type 1 diabetes while Team USA's Javier Chavez will share a few breaking moves as he inspires others to "follow their dreams, no matter the struggles type 1 diabetes presents on a day-to-day basis". Join us for a focus group presentation that will be out of this world!



Diabetes
Research
Institute
FOUNDATION

DRIF FOCUS GROUP | JULY 5, 3:30-4:30PM | MONTERREY 1
VISIT OUR BOOTH #113 WEDNESDAY, THURSDAY, FRIDAY



DIABETESRESEARCH.ORG

WHY GET TESTED FOR TYPE 1 DIABETES?



Avoid Complications

Detecting type 1 diabetes early may prevent complications. More than 40% of new child cases are diagnosed in the ER. Testing and monitoring may lower this to less than 3%.



Anyone Can Get It

Over 60,000 Americans of all ages get type 1 diabetes each year- a 30% increase since 2017. Over 88% of new cases have no family history of the disease.



Familial Risk

Family members of those with type 1 diabetes are at an increased risk of developing the condition and should follow up with testing.



Misdiagnosis Misdirection

Symptoms of type 1 diabetes can be misdiagnosed. Up to 12% of type 2 diabetes diagnoses may actually be type 1 diabetes. Autoantibody testing can help find the correct diagnosis and improve diabetes care.



Accessible Screening

Testing for type 1 diabetes is easy and affordable, including testing services from Enable Biosciences. Visit type1testing.enablebiosciences.com to explore testing options.



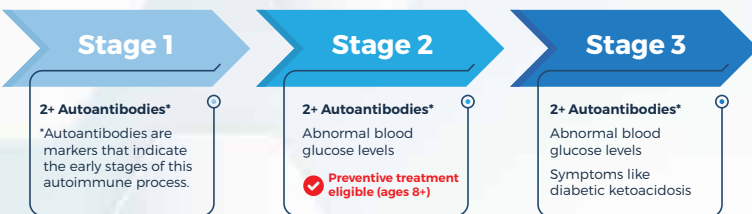
Preventive Potential

Talk to your doctor about newly-approved therapies that can delay the onset of type 1 diabetes.

Visit type1testing.enablebiosciences.com to explore testing options!

HOW IS TYPE 1 DIABETES DIAGNOSED?

Type 1 diabetes is caused by an autoimmune condition where the body attacks and destroys cells in the pancreas that produce insulin. Insulin is necessary to process glucose from food. The disease progresses in stages, with each stage marked by specific criteria.



To diagnose type 1 diabetes, a blood or saliva test is performed to check for the presence of these autoantibodies. This helps to determine if someone is in the early stages of the disease.

0 Autoantibodies:
Low or no risk for T1D.



1 Autoantibody:
Medium risk.
Re-test at a later date.



2+ Autoantibodies:
High risk.
Talk to your doctor for confirmatory testing and next steps.



WHAT STEPS CAN I TAKE IF I TEST POSITIVE FOR TWO OR MORE AUTOANTIBODIES?

If you test positive for two or more autoantibodies, here are some actions you can take:



Discuss with your healthcare provider or clinician groups like Ask the Experts about creating a management plan that includes confirmatory autoantibody tests and other relevant tests, such as blood glucose levels.



Connect with community groups such as JDRF for support and resources.



Consider participating in clinical trials like those offered by TrialNet to explore treatment options.

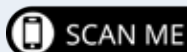


Talk to your healthcare provider about preventive treatments that can delay the onset of Stage 3 type 1 diabetes.



Encourage your family members to get tested as well, as they also may be at risk for type 1 diabetes.

GET TESTED TODAY.



Enable Biosciences Inc
Clinical Reference Lab
510 Myrtle Avenue, STE 101
South San Francisco, CA

Enable Biosciences Clinical Reference Lab is CAP-certified and high-complexity CLIA-certified. CLIA ID 05D2171855



For more information, visit:

<https://www.jdrf.org/t1d-resources/newly-diagnosed/>
<https://www.asktheexperts.org/>
<https://www.trialnet.org/>



Questions?

Contact us: clinical@enablebiosciences.com

References:

<https://www.jdrf.org/t1d-resources/about/facts/>
<https://www.trialnet.org/t1d-facts>
<https://www.ncbi.nlm.nih.gov/books/NBK557897/>



Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired)

Chairman of the Board

Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired), Chairman of the Board of Children with Diabetes®, is a retired Rear Admiral with the U.S. Public Health Service, who has twice been the Surgeon General of the United States. After a 37 year career in public service in uniform, he was the Vice President of Global Strategic Affairs for Diabetes; and WorldWide Chairman of the Johnson & Johnson Diabetes Institutes, a global network of educational facilities focused on providing health providers the knowledge, skills, and tools to help them better serve people with diabetes. He retired from Johnson and Johnson in 2013, and has been the President and Chief Executive Officer of First Samurai Consulting, LLC, a firm specializing in health policy and programs, bridging the public and private sectors.

In addition to being the Chair of T-1 Today, doing business as Children with Diabetes®, he is a member of the board of the American Association of Diabetes Educators, the Physician Assistant Foundation, and the National Council of Asian and Pacific Islander Physicians. He has been a member of the board of the National Kidney Foundation, the American Diabetes Association Research Foundation, and the American Dietetic Association, among several others. He is a member of the Board of Regents of the Uniformed Services University of the Health Sciences, America's health university; and vice chair of the Dean's Council for the George Washington University Milken School of Public Health.

He has had type 1 diabetes (LADA) for 15 years, and has been closely associated with and supportive of Children with Diabetes® for over a dozen years, in faculty and leadership roles. In November 2014, he was the JDRF's Hope Gala Honoree at its black tie event in Washington, DC.

His older daughter, Erika Moritsugu is an Assistant Secretary in the US Department of Housing and Urban Development; his younger daughter, Emily, is in middle school in the Japanese Immersion program in Fairfax County; and his wife, Lisa Kory, is an appointed Commissioner for the Fairfax County Commission on Organ Donation and Transplantation. He and his family reside in Great Falls, Virginia.



Mike Swearingen

Vice Chairman

Michael R. Swearingen is currently the Managing Director for Blackbriar LLC International Consulting. He is an international leader with over 30 years management experience at Johnson & Johnson and Eli Lilly and Company.

Mike has been a catalyst for passage of several state legislative measures including passage of a state licensure requirement for Diabetes Educators in the States of Kentucky and Indiana, and PA prescriptive authority in Indiana. He has worked with numerous companies, elected officials, government agencies, professional medical associations and academies to create major enduring initiatives such as, "Diabetes Awareness Days," state and federal advocacy training workshops, national and international medical education conferences, and national sales and management meetings.

Mike has served on the national foundation boards for the American Academy of Family Physicians, the American Academy of Physician Assistants, the American Association of Diabetes Educators Research and Education Foundation, and the Nurse Practitioner Healthcare Foundation. He is an honorary "PA" in the State of Indiana, and a recipient of the Diabetes Care Education (DCE) National Champion Award.

Currently he is on the board of directors for both T-1 Today Inc. (d/b/a Children with Diabetes), and the Diabetes Patient Advocacy Coalition.



Joan Bardsley, MBA, RN, CDCES, FAADE

Secretary

Joan Bardsley, MBA, RN, CDCES, FAADE, is the assistant vice president of nursing and research integration at MedStar Health Research Institute (MHRI) and MedStar Health Corporate Nursing. She has over 40 years of experience in healthcare with a specialty in diabetes self-management education and support (DSMES). Ms. Bardsley has worked for MHRI for 25 years where her previous positions included responsibility for special projects and core scientific services. She is the MHRI representative to the MedStar Health Chief Nurses Council. She has served as co-investigator for the NIH supported inpatient diabetes education project as well as the AHRQ funded We Want to Know Project, which support the Interdisciplinary Model of Care (IMOC). At MedStar Health corporate nursing she is responsible as the executive liaison for administration of the Nursing Collaborative Governance Councils and has served as executive team liaison for a MedStar Wharton Nursing Leader of the Future. MS. Bardsley has published articles and book chapters on many aspects of DSMES and is an invited speaker both nationally and internationally on this topic. She holds an undergraduate degree in nursing from Boston College and a Master's in Business Administration from The George Washington University. Ms. Bardsley is the past President of the Association of Diabetes Care and Education Specialists, past chair of the Certification Board for Diabetes Care and Education (CBDCE), and Board member of Children with Diabetes. In addition, she is currently serves on several committees for ADCES, CBDCE, and the American Diabetes Association.





George Huntley

Treasurer, Board Member

George Huntley is a founding member of the Diabetes Leadership Council (DLC) and currently serves as the CEO of both the DLC and its affiliate, the Diabetes Patient Advocacy Coalition (DPAC). He has been living with type 1 diabetes since 1983 and has 3 other family members also living with type 1. A passionate advocate for people with diabetes, George served as the National Chair of the Board of the American Diabetes Association (ADA) in 2009. George is also the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., an IT and engineering professional services firm based in Indianapolis, Indiana, where he has been the plan administrator of a self-insured, employer based health plan for over 20 years.



Jeff Hitchcock

CWD Staff, Board Member

Jeff Hitchcock is the founder, president, and Chief Executive Officer of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC). Jeff received the 2021 ISPAD Hero Award for his work on Children with Diabetes.



Cynthia M. Deitle, JD, LLM

Board Member

Cynthia M. Deitle, JD, LLM, is the Director, Associate General Counsel for the Civil Rights team at Facebook. Prior to joining Facebook in 2021, Deitle was the Director of Civil Rights at the Matthew Shepard Foundation, a LGBTQ+ advocacy non-profit organization for four years. Deitle served as a Special Agent with the Federal Bureau of Investigation from 1995 – 2017. During her career with the FBI, she focused her efforts on investigating violations of federal civil rights laws including police brutality and misconduct, hate crimes, and human trafficking. Ms. Deitle earned her Bachelor of Arts degree from The Ohio State University, her Juris Doctor degree from New England Law Boston, and a Master of Laws degree from both the George Washington University National Law Center and the New York University School of Law. She is an attorney licensed to practice law in Tennessee, Florida, Massachusetts and the District of Columbia and is an Adjunct Professor at Roane State Community College in Harriman, TN. Ms. Deitle was featured in a 2011 episode of 60 Minutes dealing with an unsolved Civil Rights Cold Case, and she appeared in the first season of Investigation Discovery's series, The Injustice Files. After her two year old son was diagnosed with type 1 diabetes in 2013, Ms. Deitle and her wife attended their first Children With Diabetes Friends for Life conference in Orlando. "The conference saved us. We found a community who embraced our family and not only gave us information about Type 1 diabetes and how to better manage the disease, but gave us the confidence that one day there will indeed be a cure. Until that day comes, we have Friends for Life." Ms. Deitle joined the staff and faculty of FFL in 2017 to share her family's journey and address the legal needs of young adults with type 1 diabetes. She joined the Board of Directors in January 2022. Deitle and her family live in Knoxville, Tennessee.



Lynda K. Fisher, MD

Board Member

Lynda K. Fisher, MD, Associate Professor of Pediatrics, The Keck School of Medicine of the University of Southern California, Associate Head, The Center for Endocrinology, Diabetes and Metabolism at Children's Hospital Los Angeles, is the Treasurer of the International Society for Adolescent and Pediatric Diabetes. She has served on the Board of Directors of the American Diabetes Association as well as many ADA national committees and task forces (especially those focused on youth and advocacy). She has been very active in advocacy for children with diabetes on the local, state, national and international arenas. She spends time each summer as a medical director at diabetes camps in California.



Melissa Geren

Board Member

Melissa Geren was diagnosed with diabetes in 1995. She went to her first Friends for Life Orlando Conference in 2003 and has been attending Friends for Life conferences ever since. Melissa is mom to Maddax (born December 2021), wife to Zach and has three siblings, Sarah, Kayla, and Matthew (diagnosed at age two). Currently, Melissa works for Unilever Water and Air Wellness on the Blueair (Air Purification) brand on the Marketing Team. Melissa works with the Tween program at Friends for Life.





George Grunberger, MD, FACP, FACE

Board Member

George Grunberger, MD, FACP, FACE, is the chairman of Grunberger Diabetes Institute in Bloomfield Hills, Michigan. Dr. Grunberger, is also Clinical Professor of Internal Medicine and of Molecular Medicine & Genetics at Wayne State University School of Medicine, Professor of Internal Medicine at Oakland University William Beaumont School of Medicine as well as Visiting Professor at First Faculty of Medicine at Charles University in Prague (Czech Republic).

Before establishing GDI in 2002, Dr. Grunberger was Director of the Diabetes Program at the Detroit Medical Center for 16 years and the Medical Director of Wayne State University's Morris J. Hood Comprehensive Diabetes Center. Dr. Grunberger held tenured Full Professor appointments at the University in Department of Internal Medicine and in the Center for Molecular Medicine and Genetics since 1986. Between 1997 and 2001 he was Henry L. Brasza Director of the Center for Molecular Medicine and Genetics. Prior to that Dr. Grunberger served as interim Chairman of the Department of Internal Medicine and Physician-in-Chief of the Detroit Medical Center. Dr. Grunberger came to Detroit from the Diabetes Branch (at NIDDK) of the National Institutes of Health in Bethesda, MD. Dr. Grunberger received his internal medicine training at Case Western Reserve University in Cleveland, OH, his medical (M.D.) training at the New York University School of Medicine and his bachelor's degree (in biochemistry) at Columbia College of Columbia University, also in New York City.

Dr. Grunberger has published over 150 peer-reviewed manuscripts as well as review articles, abstracts and book chapters. His research interests have spanned the spectrum of subjects related to diabetes and its complications, from basic studies on molecular underpinning of insulin action and insulin resistance to clinical research studies on many aspects of diabetes and its management.

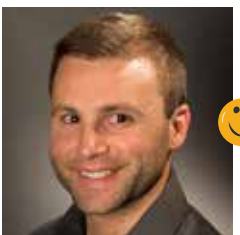
Dr. Grunberger has been an active member of many professional organizations where he has held elected positions of leadership. He is currently the Past President of American Association of Clinical Endocrinologists and President Elect of the American College of Endocrinology. He is a co-editor of two international diabetes journals. Dr. Grunberger has served as an educator of medical students, interns, residents, endocrinology fellows, master's and Ph.D. candidates, and junior faculty over the past 35 years.



Stewart Perry

Board Member

Stewart Perry grew up in Lexington, Kentucky. Since 1983 he has been the co-owner of Perry & Perry State Farm Insurance, one of the largest State Farm Insurance agencies in the state of Kentucky and is a Diabetes Consultant and Advocate. Stewart's family has been dramatically affected by diabetes. His son has type 1 diabetes, both parents, and sister have all had diabetes during their lifetime. He has lost an uncle, grandfather and great grandmother to complications of diabetes. Stewart was diagnosed with type 2 diabetes in 1990. Since that time, he has been actively involved in the American Diabetes Association. Stewart was the Chairman of the National Board of Directors and Chair of the National Advocacy Committee for five years. He was Chair Bluegrass Chapter for a number of years and helped organize many of the fundraising events still in existence. He served as the Kentucky Affiliate Board of Vice-Chair and was Chair-Elect when it became a part of the Southern Region where he served as the Chair of the Southern Region. He also is a former member of the National Board of Directors. He is the State of Kentucky State Advocacy Chair for ADA. Stewart is a member of the Kentucky Diabetes Network and a founding member of the Fayette County Diabetes Collation. Stewart was appointed by two different Governors of Kentucky to the GET FIT KY Board and The Diabetes Research Trust Fund Board where he currently still serves. Stewart is one of the founders of the National Diabetes Volunteer Leadership Council and currently serves as an officer of that organization, where he has been instrumental in passing Diabetes Action Plan legislation in 18 states over the past four years.



Kenny Rodenheiser, BSN, RN, CDCES

Board Member

Kenny Rodenheiser, BSN, RN, CDCES, was diagnosed in April 2003 and has been part of the CWD family since 2004. He currently serves as a member of CWD's Board of Directors and leads TeamCWD. After many years of volunteering with various diabetes organizations, he realized his passion was to educate, motivate, and advocate for all people with diabetes. He earned his Bachelors of Science in Nursing from Ramapo College of New Jersey and, shortly after, earned his credentials as a Certified Diabetes Care and Education Specialist.



Cherise Shockley

Board Member

Cherise Shockley was diagnosed with LADA (Latent Autoimmune Diabetes in adults) June 2004. She is the founder of Diabetes Social Media Advocacy (#dsma), creator of the Blue Fridays initiative and WOCDiabetes (Women of Color living with Diabetes). Cherise is a subject matter expert in diabetes social media, online communities, and peer support. She is a wife, mother, and veteran.



INHALED INSULIN STUDY

FOR AGES 4-17



WHAT IS THIS STUDY ABOUT?

INHALE-1 is a research study that aims to evaluate the safety and effectiveness of an inhaled insulin product for use in children and teenagers with diabetes

WHO CAN JOIN?

- Children and teenagers ages 4-17
- Diagnosed with type 1 or type 2 diabetes and using mealtime insulin (vial or pen, no pumps)
- A1c is 7-11%
- No recent history of asthma in the last 12 months or other lung conditions

Compensation will be available and a CGM will be provided throughout the study

WHAT'S INVOLVED?

- The study involves clinic visits, blood draws, and lung function tests
- Qualified participants will either take inhaled insulin for 12 months or continue mealtime injectable insulin for 6 months and then switch to inhaled insulin for 6 months
- Inhaled insulin will be provided at no cost
- Participants will be asked to check their glucose level frequently using a study provided continuous glucose monitor (CGM)

CONTACT US

1-844-INHALE1

<https://mannkindcorp.com/inhale1>

<https://clinicaltrials.gov/ct2/show/NCT04974528>



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Connect with a Community That Gets It

The T1D Exchange Online Community is a place to connect daily with thousands of people living with T1D! Each day, we offer a new question that digs into real life with diabetes. Your participation helps us better understand the most common challenges, favorite products, popular troubleshooting strategies, and so much more. Joining our Community also connects you with potential research studies and daily articles. We appreciate your participation!



SCAN HERE

Scan the QR code or visit t1dexchange.org/community/ to get started.

TOUCHED *by* TYPE 1

ELEVATING AWARENESS OF TYPE 1 DIABETES, RAISING FUNDS TO FIND A CURE, AND INSPIRING THOSE WITH DIABETES TO THRIVE.



D-Box

Sending supportive materials and resources to those newly diagnosed with Type 1 Diabetes.



Touched by Type 1 Conference

Annual conference designed to educate, encourage, and empower those touched by Type 1 Diabetes



Dancing for Diabetes

Annual event using extraordinary talent and entertainment to spread awareness and hope.



Kids & Teens with Diabetes Dance Program

Free dance classes each Fall for kids and teens with Type 1 Diabetes.



Type 1 at School

Supporting schools in learning best practices for keeping Type 1 students safe at school.



Outreach

Hosting virtual and community-based events for individuals and families touched by Type 1 Diabetes.



@TOUCHEDBYTYPE1

WWW.TOUCHEDBYTYPE1.ORG



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