





## Program for Monday, July 3, 2023

### North Registration

All Attendee Registration, Sponsor and Exhibitor Registration, and T-Shirt Pick-Up

2:00 pm - 4:00 pm

## Program for Tuesday, July 4, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
<b>All Attendee Registration</b> 10:00 am - 4:00 pm	<b>Sponsor and Exhibitor Registration</b> 9:00 am - 4:00 pm	<b>T-Shirt Pick-Up</b> 10:00 am - 4:00 pm	<b>Retinal Screening for Staff</b> 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	<b>TrialNet Screening</b> 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

## Program for Wednesday, July 5, 2023

North Registration	Veracruz South	Veracruz North	Baja / Cancun	Laredo 2
<b>All Attendee Registration</b> 7:30 am - 9:00 pm	<b>Sponsor and Exhibitor Registration</b> 9:00 am - 4:00 pm	<b>T-Shirt Pick-Up</b> 7:30 am - 9:00 pm	<b>Retinal Screening</b> 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	<b>TrialNet Screening</b> 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

## Program for Thursday, July 6, 2023

North Registration	Baja / Cancun	Laredo 2
<b>All Attendee Registration and T-Shirt Pick-Up</b> 7:30 am - 5:00 pm	<b>Retinal Screening</b> 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	<b>TrialNet Screening</b> 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

## Program for Friday, July 7, 2023

North Registration	Baja / Cancun	Laredo 2
<b>All Attendee Registration and T-Shirt Pick-Up</b> 8:00 am - 12:00 pm	<b>Retinal Screening</b> 8:00 am - 5:00 pm Pre-registration required. Appointment scheduling available at retinal check-in.	<b>TrialNet Screening</b> 9:00 am - 5:00 pm Walk-ins welcome. Pre-registration not required.

## Sports Central Open Gym Hours — Veracruz C

Tuesday	Wednesday	Thursday	Friday
11:30 am - 3:00 pm	4:30 pm - 6:30 pm	8:00 pm - 10:00 pm	12:00 pm - 1:30 pm



# Program of Events and Sessions

Program for Wednesday, July 5, 2023				
Time	Monterrey 1	Monterrey 2-3	Coronado M	Coronado N
8:00 - 9:00	Breakfast on Your Own			
9:00 - 10:00				
10:00 - 11:00	Coffee Break On Your Own			
11:00 - 12:00	<b>22 Dia-versaries and Counting!</b> <b>Growing up with T1D</b> Hannah Manis <i>Sponsored by Abbott</i>	<b>Omnipod® Focus Group #1</b> <i>Sponsored by Omnipod</i>	<b>Ultra Rapid-Acting Inhaled Insulin for Adults with Diabetes</b> Jennifer Rittenberry MD, FACE <i>Sponsored by Mannkind</i> For Adults 18+	<b>All about the MiniMed™ 780G System Featuring Meal Detection Technology* that Delivers Real-Time Auto-Corrections</b> Dr. Jennifer McVean, MD and Heather Lackey, MS, RD <i>Sponsored by Medtronic</i>
12:00 - 1:30	Lunch Break On Your Own			
1:30 - 2:30	<b>Meet the new FreeStyle Libre 3 System</b> Nicole Rosenke, PharmD <i>Sponsored by Abbott</i>	<b>Omnipod® Focus Group #2</b> <i>Sponsored by Omnipod</i>	<b>Type AuSome - Navigating Friends for Life on the Spectrum</b> Leigh Fickling JD, MEd, MS and Lauren Salko	<b>Mission DETECT is Getting Ready for Takeoff</b> <i>Sponsored by Provention Bio</i>
2:30 - 3:30	Coffee Break On Your Own			
3:30 - 4:30	<b>Meet Our Galaxy Stars</b> Dr. Giacomo Lanzoni and Javier Chavez <i>Sponsored by DRIF</i>	<b>Omnipod® 5 Pro Tips</b> <i>Sponsored by Omnipod</i>	<b>Build Your Own CGM Experience</b> Liz Robinson, PA-C, CDCES <i>Sponsored by Lifescan</i> <b>Pre-Registration Required</b>	<b>Mission DETECT is Getting Ready for Takeoff</b> <i>Sponsored by Provention Bio</i>
7:00 - 10:00	<b>Grand Opening Ceremony and Reception in Exhibit Hall</b> 7:00 - 10:00 pm in Veracruz A and B			



Program for Wednesday, July 5, 2023					
Time	Durango 1	Durango 2	Yucatan	Coronado H	Coronado J
8:00 - 9:00	Breakfast On Your Own				
9:00 - 10:00			<b>Introducing the iLet Bionic Pancreas – Now available!</b> <i>Sponsored by Beta Bionics</i>	<b>First Timers Orientation: Blast Off Into Friends for Life!</b> <i>Sponsored by Dexcom</i> Youth should attend the Youth Program	
10:00 - 11:00	Coffee Break On Your Own				
11:00 - 12:00	<b>Beyond Rufus: Tell Us What You Need</b> <i>Sponsored by JDRF</i>	<b>Tandem Diabetes Focus Group: Caregivers and Data Sharing</b> <i>Sponsored by Tandem Diabetes Care</i>	<b>Dexcom Product Theater: Advances in Dexcom Technology: Where We've Been, Where We're Heading</b> <i>Sponsored by Dexcom</i>	<b>Find your Fiffles</b> Carolyn Billetdeaux	
12:00 - 1:30	Lunch Break On Your Own				
1:30 - 2:30	<b>Safe Zone for Significant Others</b> Osagie Ebekozen, MD, MPH, CPHQ and Matt Point, MS	<b>Tandem Diabetes Focus Group: Teenagers and Data Sharing</b> <i>Sponsored by Tandem Diabetes Care</i>	<b>Overpatch Use &amp; Design Options</b> <i>Sponsored by Dexcom</i>	<b>DocuDiabetes Screening</b> Sasha Squibb and Jordan Squibb	<b>It's Not Your Everyday Lesson: The Next Generation of Clinical Trials Brought to You by Walgreens</b> <i>Sponsored by Walgreens</i>
2:30 - 3:30	Coffee Break On Your Own				
3:30 - 4:30	<b>Severe Lows from Crib to College</b> <i>Sponsored by Xeris</i>	<b>DPAC Advocacy Open House</b> <i>Open House Sponsored by DPAC</i>	<b>A Solar System of Sweet Solutions Without Excess Sugar</b> Holly Moran, MS, RD, LD, CDCES <i>Sponsored by Splenda</i>		
7:00 - 10:00	<b>Grand Opening Ceremony and Reception in Exhibit Hall</b> 7:00 - 10:00 pm in Veracruz A and B				



# Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00				
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	<b>Happy Feet: How Foot Health Contributes to Diabetes Management</b> Marizeli Olacio, DPM, ABPM	<b>Insulin Pumps for Beginners: Getting to All Systems Go</b> Laura Jacobsen, MD	<b>Grandparents: Hands-On Diabetes Management</b> Janet Rodriguez, RN, CDCES, CRA	<b>Managing the Many Dimensions of Diabetes During Pregnancy</b> Liz Robinson, MSPA-C, CDCES and Jessica Kichler, CDCES, PhD, CPsych
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	<b>Diabetes Skin Solutions: Keeping your Space Suit Working with Diabetes Devices</b> Liz Robinson, MSPA-C, CDCES	<b>Suicide, Self-Harm, and Diabetes: Bringing Dark Matter to Light</b> Katharine Barnard-Kelly, BSc(Hons), MSc, PhD and Marissa Town RN, BSN, CDCES	<b>Grandparents: Mastering Sleepovers, Expeditions, and Emergencies</b> Henry Rodriguez, MD and Janet Rodriguez, RN, CDCES, CRA	<b>Why your Walgreens Pharmacist Should be an Extension of Your Health Care Team</b> Shauna Markes-Wilson, BSPHarm, PharmD, AAHIVP, CSP, and Ileana Rivera, RPh, MBA
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	<b>Balancing Family Needs when the Parent has T1D</b> Kristen O'Dell, MS, RD, CDCES and Kenny Rodenheiser, RN, BSN, CDCES	<b>Stress Reduction Quest: Mindfulness and More</b> Pantea Minnock, RN, MSN, CPNP	<b>Grandparents Discussion: Common Fears</b> Henry Rodriguez, MD, Jessica Kichler, CDCES, PhD, CPsych, and Janet Rodriguez, RN, CDCES, CRA	<b>Young Adult Open Diabetes Discussion</b> Ashlyn Mills and Michelle Auerbach
6:30 - 8:00	<b>Friends for Life Banquet Sponsored by Walgreens</b> 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	<b>Music and Dancing Following the Banquet</b> 8:00 - 10:00 pm in Coronado HJKL			



Program for Thursday, July 6, 2023				
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K
8:00 - 9:00	Breakfast Buffet in Coronado Foyer Sponsored by Walgreens			
9:00 - 10:00		Richard Rubin Opening Keynote: Exploring New Discoveries in Diabetes from the ADA Scientific Sessions Robert Gabbay, MD, PhD, FACP <i>Sponsored by Walgreens</i>		
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Chasing Shooting Stars: Parenting Young Children with Diabetes Jessie Wong, PhD	The Universe of Long Term Diabetes Research Data Update (DCCT-EDIC) Henry Rodriguez, MD	Mission Control: Time in Range & Glucose Targets for PWD Viral Shah, MD	Health Insurance & You: Choosing plans when you or a child have T1D George Huntley and Stewart Perry
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Overcoming the Multiverse of Barriers to Diabetes Care Osagie Ebekozien, MD, MPH, CPHQ	Brace Yourself for Impact: Parenting Tweens with Diabetes Jessica Kichler, CDCES, PhD, CPsych	Shooting for the Stars: Progress Toward Prevention and Reversal of T1D Laura Jacobsen, MD	JDRF Research Update: The Quest for a T1D Cure: Why Screening Matters Anastasia Albanese-O'Neill, PhD, APRN, CDCES Director, Community Screening & Clinical Trial Education <i>Sponsored by JDRF</i>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Safe at School: The Rights of Children with Diabetes at School and Childcare Crystal Woodward, MPS	Preparing for Launch: Parenting Teens with Diabetes Jessie Wong, PhD	Effects of Cannabis, Alcohol, and Substances on Diabetes Viral Shah, MD	State of Diabetes in the U.S. - Update from the T1D Exchange Osagie Ebekozien MD, MPH, CPHQ
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



# Program of Events and Sessions

Program for Friday, July 7, 2023				
Time	Monterrey 1	Monterrey 2-3	Durango 1	Durango 2
8:00 - 9:00	Breakfast on your own			
9:00 - 10:00	<b>System Maintenance: Preventing and Managing Diabetes Distress and Burnout</b> Jessica Kichler, CDCES, PhD, CPsych	<b>Exercise for the Athlete with T1D</b> Dessi Zaharieva, PhD, CEP, CDCES	<b>Houston, We have a Problem: Emergency Services and Diabetes: When to Call and What to Expect</b> Wendi Moldthan, MS, BSN, RN, FF/PM	<b>Big Bang: Diabetes and Sexual Health</b> Liz Robinson, MSPA-C, CDCES
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	<b>Through the Telescope: Diabetes Complications: Honest Discussions</b> Viral Shah, MD	<b>Your Rights under the ADA: Taking Diabetes to Campus, the Office and Abroad</b> Leigh Fickling, JD, MEd, MS, and Matt Point, MS	<b>When you have Multiple Crew Members with T1D</b> Liz Robinson, PA-C, CDCES	<b>The Quantum Realm: PCOS, Periods, and Diabetes</b> Angelina Bernier, MD
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	<b>Patient Reported Outcomes: Keeping the Voice of the Patient in Diabetes Research</b> Katharine Barnard-Kelly, BSc(Hons), MSc, PhD	<b>Hands-On Diabetes Training for Loved Ones of PWD</b> Janet Rodriguez, RN, CDCES, CRA	<b>Supporting Siblings of Children with T1D: The Gravity of Diabetes Affects the Whole Family</b> Jessica Kichler, CDCES, PhD, CPsych	<b>Adults with Diabetes Open Discussion</b> Jen Hanson, MEd, RKin, CDE and Dessi Zaharieva, PhD, CEP, CDCES
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30				
Evening	<b>Family Movie Night</b> 7:00 - 9:00 pm in Coronado H Sponsored by Dexcom		<b>Dessert and Posters with the Faculty</b> 8:00 - 10:00 pm in Coronado Foyer Sponsored by Abbott	
	<b>Adults with Diabetes + Significant Others Social Event</b> 9:00 - 11:00 pm in Veracruz Porte Cochere Sponsored by Omnipod			

# Program of Events and Sessions



Program for Friday, July 7, 2023					
Time	Yucatan 1-3	Coronado H	Coronado J	Coronado K	Coronado L
8:00 - 9:00	Breakfast on your own				
9:00 - 10:00	<b>Moms Discussion Group: Parenting for Type 1 and other Special Needs</b> Leigh Fickling JD, MEd, MS and Lauren Salko	<b>What You Need to Know About HbA1C: A Constellation of New Information</b> Irl Hirsch, MD	<b>Motivational Interviewing for Parents: How to Talk to Your Children so They Will Listen</b> Jan Kavookjian, PhD, MBA, FAPhA, FADCES	<b>Finding (Y)Our Voice: Diabetes, Congress, and You</b> Erin Callahan and Tom Boyer	
10:00 - 10:45	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
10:45 - 12:00	<b>Guardians of the Glucose (Dads Session)</b> Jeff Karitis, CFP, CEPA and Ray Benadetto, DM, MS, LFACHE <i>Sponsored by Omnipod</i>	<b>Everything But Insulin - A Galaxy of Medical Options</b> Irl Hirsch, MD	<b>Routine Rocket Maintenance: Fine-Tuning your Closed-Loop System</b> Pantea Minnock, RN, MSN, CPNP	<b>Finding (Y)Our Voice: Diabetes, States, and You</b> Tom Boyer and Sarah Wood, MA	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:45	<b>Dodging Comets: Managing Sick Days and Stress Days</b> Laura Jacobsen, MD	<b>Diabetes through Space and Time: Growing Old with Diabetes</b> Irl Hirsch, MD	<b>Diabetes Life Hacks: Tips and Tricks for Diabetes Management</b> Pantea Minnock, RN, MSN, CPNP and Kenny Rodenheiser, RN, BSN, CDCES	<b>Cultivating Resilience for Light Years of Diabetes Management</b> Jessie Wong, PhD	<b>Moms are Out of this World: Wine and Crafts with your Crew</b> Leigh Fickling, JD, MEd, MS and Lauren Lanning <i>Sponsored by Omnipod</i>
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30		<b>Closing Keynote: Closing Keynote - One Small Step for a Woman with Diabetes, a Giant Leap for All Diabetes-kind</b> Dessi Zaharieva, PhD, CEP, CDCES			
Evening	<b>Family Movie Night</b> 7:00 - 9:00 pm in Coronado H <b>Sponsored by Dexcom</b>		<b>Dessert and Posters with the Faculty</b> 8:00 - 10:00 pm in Coronado Foyer <b>Sponsored by Abbott</b>		
	<b>Adults with Diabetes + Significant Others Social Event</b> 9:00 - 11:00 pm in Veracruz Porte Cochere <b>Sponsored by Omnipod</b>				





# Program of Events and Sessions

Program for Saturday, July 8, 2023	
Time	Event and Location
9:30 - 12:00	<p><b>All Access: Team Tandem</b></p> <p>9:30 am - 12:00 pm in Veracruz C</p> <p><b>Sponsored by Tandem Diabetes Care</b></p>

7:30 - 9:30	<p><b>Family Fun Night</b></p> <p>7:30 - 9:30 pm in Coronado HJ</p> <p><b>All Ages Welcome</b></p> <p><b>Sponsored by Medtronic and Novo Nordisk</b></p>
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Program for Sunday, July 9, 2023	
Time	Event and Location
8:00 - 10:00	<p><b>Farewell Breakfast</b></p> <p>8:00 - 10:00 am in Coronado HJ</p> <p>Join your new friends for life for a farewell breakfast. All families welcome.</p> <p><b>Sponsored by Provention Bio</b></p>



## Program for Tuesday, July 4, 2023

Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5
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### Meet-and-Greet for Elementary and Kiddie Kove Parents and Guardians

1:30 - 3:30

Drop-in to meet your child's group leaders and healthcare providers, familiarize yourself with their age group program, and have all your questions answered before the fun begins on Wednesday!

## Program for Wednesday, July 5, 2023

Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
Early	Breakfast On Your Own			
9:00 - 10:00	Star Gazing	Ice Breakers	Meet the Tweens	TeenNote
10:00 - 11:00	Break On Your Own			
11:00 - 12:00	Astronaut Gear	What Shapes Us	Sports and Activities	Mission Scavenger Hunt
12:00 - 1:30	Lunch On Your Own			
1:30 - 2:30	Stellar Star Stretches	Movie with Fiffles	Food is Fuel 2.0	Operation Green Team and Orange Team
2:30 - 3:30	Break On Your Own			
3:30 - 4:30	Movie and Rest	Fort Building	Movie with Fiffles	Space-Jammin'
7:00 - 10:00	Grand Opening Ceremony and Reception in Exhibit Hall 7:00 - 10:00 pm in Veracruz A and B			



# Youth Program of Events and Sessions

Program for Thursday, July 6, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast Buffet in Coronado Foyer			
9:00 - 10:00	Blast off!	Sports Central Comes to Us	Obstacle Course Trivia	Diabetes Identity Crisis
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Full Moons	Orange and Green Team	TweenTok	Choose Your Mission and Navigating Type 1
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Blast Off: Space Crafts and Games!	Nutrition — What is Food and Why Do We Need It?	Finding Your Team	Choose Your Mission: Data Overload & Mission Control
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	Treasure Hunt	Sports Central	Planning the Typhoon Takeover
6:30 - 8:00	Friends for Life Banquet Sponsored by Walgreens 6:30 - 8:00 pm in Coronado HJKL			
8:00 - 10:00	Music and Dancing Following the Banquet 8:00 - 10:00 pm in Coronado HJKL			



Program for Friday, July 7, 2023				
Time	Kiddie Kove Ages 0-5 Coronado A-F	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
8:00 - 9:00	Breakfast On Your Own			
9:00 - 10:00	Decorate Moon Walk Bags	How I Manage	Relays with Sports Central	
10:00 - 10:45	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
10:45 - 12:00	Going on a Moon Walk	Relays with Sports Central	VIPs Scavenger Hunt	
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:45	Reach for the Stars	Pick your Own Adventure	TweenTok Awards and Social	
2:45 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	My FFL 2023 Adventure Book	Minute to Win It	
7:00 - 9:00	Family Movie Night Sponsored by Dexcom 7:00 - 9:00 pm in Coronado H			
8:00 - 10:00	Dessert and Posters with the Faculty Sponsored by Abbott 8:00 - 10:00 pm in Coronado Foyer			

## Teens Off Site at Typhoon Lagoon

(Families with teens will receive more specific information from the teen leaders)



# Social Events + Meetups

## Social Events

### Wednesday, July 5

- 9:00 - 10:00 am** **First Timers Orientation: Blast Off Into Friends for Life! Sponsored by Dexcom**  
For Parents and Adults - Youth attend Youth Program  
Coronado H
- 7:00 - 10:00 pm** **Grand Opening Ceremony and Dessert Reception in Exhibit Hall**  
Veracruz A and B

### Thursday, July 6

- 6:30 - 8:00 pm** **Friends for Life Banquet – FFL Goes to the Red Planet Sponsored by Walgreens**  
Coronado HJKL
- 8:00 - 10:00 pm** **Music and Dancing Sponsored by Walgreens**  
Coronado HJKL

### Friday, July 7

- 7:00 - 9:00 pm** **Family Movie Night Sponsored by Dexcom**  
Coronado H
- 8:00 - 10:00 pm** **Dessert and Posters with the Faculty Sponsored by Abbott**  
Coronado Foyer
- 9:00 - 11:00 pm** **Adults with Diabetes + Significant Others Social Event Sponsored by Omnipod**  
Veracruz Porte Cochere

### Saturday, July 8

- 9:30 am - 12:00 pm** **All Access: Team Tandem Sponsored by Tandem Diabetes Care**  
Veracruz C
- 7:30 - 9:30 pm** **Family Fun Night Sponsored by Medtronic and Novo Nordisk**  
Coronado HJ

### Sunday, July 9

- 8:00 - 10:00 am** **Farewell Breakfast Sponsored by Provention Bio**  
Coronado HJ

## Meetups

Monday, July 3	Group	Meetup Location	Notes
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
7:00 pm - 8:00 pm	Young Adult Game Night (18-26)	El Centro Seating Area	A perfect opportunity to meet new friends and reconnect with old ones. Bring your own snacks or drinks if desired.

# Social Events + Meetups



Tuesday, July 4	Group	Meetup Location	Notes
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
2:00 pm - 3:00 pm	Young Adult Poolside Meetup (18-26)	Pool between Casitas 3 & 4	This is a perfect opportunity for first timers to make connections before the first full day of events.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
Wednesday, July 5	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join with other DoFFLs for an early AM Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:45 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your YA pals before focus groups begin! Purchase breakfast or bring your own food.
10:00 am - 11:00 am	Mom's Who Beep Stroller Brigade	Laguna Bar (outside Mercado)	Meet up with other mom's who have type 1 for a walk around the lake (with or without your littles or a stroller).
1:30 pm - 2:30 pm	Dads Interstellar Olympics	Sports Central	Connect with other Dads of FFL and build camaraderie through some light-hearted sport (nothing too strenuous!)
4:30 pm - 5:30 pm	Fellowship of the FFLGTBQ+	3 Bridges Bar & Grill	Join us for some #gaystuff! A perfect opportunity to meet new friends and reconnect with old ones.
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join together with your fellow Significant Others (SO)'s for a quick happy hour before the Grand Ceremony kicks off.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:00 pm - 5:45pm	LOOP	Coronado J	If you use Loop or want to meet people who do, please join us. Kids are invited, too!
6:30 pm - 7:00 pm	Young Adult Scavenger Hunt (18-26)	Veracruz Foyer	Prior to the grand opening of the Exhibit Hall, stop by to grab a scavenger hunt to complete while you explore all our exhibitors
Thursday, July 6	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Expand your network by joining other DoFFLs for a "wake-up" Orbit "around the Lake" followed by coffee in El Mercado.
7:00 am - 8:00 am	Significant Others Coffee Chats	El Mercado	Join together with your fellow Significant Others (SO)'s for some breakfast, caffeine, and camaraderie.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
3:30 pm - 4:30 pm	Parents with T1D	Monterrey 1	Balancing Family Needs when the Parent has T1D
4:45 pm - 6:00 pm	Significant Others Happy Hour	Barcelona Lounge	Join your fellow Significant Others (SO)'s for a quick happy hour get together before the banquet starts.
Friday, July 7	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Continue to make new friends during a short Orbit "around the Lake" followed by coffee in El Mercado.
10:00 am - 10:45am	Mom's Who Beep Coffee Break	Veracruz Porte Cochere	Grab a coffee and join other mom's who have type 1 (with or without your littles)
10:45 am - 12:00 pm	Guardians of the Glucose (Dads Session)	Yucatan 1-3	Sponsored by Omnipod
1:30 pm - 2:45 pm	Moms Wine and Crafts	Coronado L	Sponsored by Omnipod
4:30 pm - 5:30 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.
5:30 pm - 6:30 pm	Dads Lunar Libations	Barcelona Lounge	Join your DoFFLs for an informal social before Family Movie Night. Grab a libation of your choice or bring your own. A great photo op!
Saturday, July 8	Group	Meetup Location	Notes
7:00 am - 8:00 am	Dads Early Morning Orbit	Laguna Bar (outside Mercado)	Join your DoFFLs for one last AM Orbit "around the Lake" with coffee afterwards. Don't forget your phones to update your new contacts.
7:00 am - 9:00 am	Significant Others Coffee Chats	Rix Sports Bar & Grill	Recover from the evening's fun with your fellow Significant Others (SO)'s as we slowly seek caffeine and forage for food before Sat adventures begin.
8:00 am - 9:00 am	MOFFLs and Waffles	El Mercado	Grab a coffee or breakfast and join us at a table near the middle. All moms and primary caregivers are welcome.
8:00 am - 9:00 am	Young Adult Breakfast Meetup (18-26)	El Mercado	Meet up with your fiffles for breakfast to discuss the wonderful week that was had. Purchase breakfast or bring your own food.
10:00 am	Young Adult Park Day (18-26)	Epcot	Meet at the Port of Entry in Canada in Epcot
10:00 am - 11:00 am	LOOP	Coronado J	If you use Loop or other DIY APS or want to meet people who do, please join us. Kids are invited, too!
4:45 pm - 6:30 pm	Significant Others Happy Hour	3 Bridges Bar & Grill	Journey across the long bridge with your fellow Significant Others (SO)'s as we enjoy a final gathering before the family fun night event starts.
5:00 pm - 6:00 pm	Moms and Margaritas	Barcelona Lounge	Grab a drink or bring one of your own and join us. All moms and primary caregivers are welcome.

**Note:** Hoping to do a last minute meet-up? Post it on the Board next to North Registration the day of the meetup to let people know! Also, Barcelona Lounge is located on the first floor of the Tower.