



Children with Diabetes[®] *Presents*



Friends for Life[®]

March 17–19, 2023 • Renaissance Seattle Hotel • Seattle, WA • #FFLSeattle23

Dream big with Dexcom

There's so much more to your story than diabetes.

Dexcom helps patients and their care teams take control of diabetes management—so they can boldly go wherever their dreams might take them.

Visit us at our booth and dare to dream!

#DreamBigWithDexcom



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dexcom



Dear CWD Friends,

Welcome to the Friends for Life Seattle 2023 conference!

Over the past two decades, we have worked hard to develop and refine CWD's smaller regional conferences with the intent of offering excellent programming for adults and children in a smaller, more intimate atmosphere than our big summer conference in Orlando. It is our hope that over the course of this weekend, you have opportunity to meet every other person in attendance, whether they are faculty, sponsors, exhibitors, staff, or simply other attendees like you. And, by Sunday afternoon, we hope that you will have new FFLs – friends for life – to support you and your family in your journey with type 1 diabetes.

Please take a few minutes to look over the schedule for Friday, Saturday, and Sunday. During some time slots for adults, we have scheduled only one speaker. At other times, we will divide into breakout sessions. You may attend any of the adult sessions; no sign-up is necessary. Sessions for adults and parents are in the Courtyard Ballroom on the lower level. Refreshments breaks are also in the prefunction area of the Courtyard Ballroom.

Children's sessions are all located on the third floor as follows:

- Teens (ages 13-17):** South room
- Tweens (ages 9-12):** East room
- Elementary (ages 6-8):** North room
- Kiddie Kove (ages 0-5):** West room

The kids will report to these rooms each session, each day. Please note that while we will always check a child's blood glucose if there is a question or if a child doesn't feel well, we ask that you continue to manage your child's diabetes as you would at home. We do have low supplies in every room and at registration.

We'd like to thank the staff, volunteers, and speakers who are with us this weekend. We know that travel isn't as easy as it used to be, and we so appreciate you bringing your energy, knowledge, and support to those in attendance. You make a difference. We appreciate you.

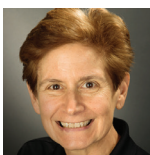
Finally, a big thank you to our sponsors and exhibitors. Holding a Friends for Life conference is expensive and costs more than double per person than what we charge for registration. We are able to hold our events because of your generosity, both of funding and time. Your consistent support has made these regional FFLs possible year after year – for over 20 years! You are all truly friends for life.

Have a wonderful conference!



Jeff Hitchcock

Founder, President, and CEO
Children with Diabetes
 jeffh@childrenwithdiabetes.com



Laura Billetdeaux

Vice President, Education and Programs
Children with Diabetes
 laurab@childrenwithdiabetes.com



**Discovery is
at the heart
of what we do.**



In the lab, we're discovering new treatments for people with diabetes. At summer camps, we're helping children with diabetes discover they're not alone. Through scholarships, we give students the tools to discover and follow their passions. Through community events, we give people living with diabetes a place to discover a supportive community.

Learn more at lilly.com/diabetes.





Dear FFL Seattle Family Member,

Hi! Hello! Hey there! Hey y'all!

Yes! I'm talking to you! My new family member! It's YOU! The person reading this letter RIGHT NOW!

I greeted you as family because today, as you read this letter, you become part of the Children with Diabetes family. Whether diabetes has been part of your life for 75 years or 75 days, today as we begin our conference weekend, we all become part of a great big diabetes family made possible by the community that we will create together this weekend in Seattle at the Friends for Life conference. It doesn't matter if you are a first timer to our events or if you've joined us for many conferences, I know that this is going to be a weekend that you're never going to forget and will be one that will fill your diabetes fuel tank with love, support, and encouragement.



Friends for Life Seattle promises to bring a weekend full of sessions for adults that are full of topics that range from navigating the healthcare system to getting the right accommodations in the classroom, the workplace, and beyond for individuals with diabetes. We will have sessions that will focus on finding a social support system when dealing with the parts of diabetes that bring us down and others that will focus on the newest advances in diabetes technologies. We will learn how to use our collective voices to advocate for better care and we will conclude with an amazing keynote on learning how to live our best lives with diabetes and so much more!

Our youth programming sessions this weekend are designed to help our younger Friends for Life build a community of their own as they gather together and learn more about diabetes in age appropriate formats. Through scavenger hunts and jeopardy games, youth will learn AND have fun as they interact with other kids and siblings who face diabetes every single day. In the youth sessions, they will learn that diabetes affects the whole family and not just the person with diabetes. These younger FFLs will leave the program on Sunday knowing that diabetes is only a small part of who they are as a person and with the tools that they learn at FFL, diabetes will never stop them from achieving their dreams!

At CWD, we know that diabetes doesn't take a break or go on vacation, but, this weekend, at Friends for Life Seattle, your diabetes has just joined forces with several hundred other people in your new extended diabetes family. I encourage you to step out of your comfort zone! Meet the faculty and staff. Sit with different people at each meal break. Make new friends and ask the uncomfortable questions. Stay up late and meet your new friends for a drink once the conference day concludes. Your family is here for you. CWD is here for you. Today, and every day in the future.

Until there's a cure, there's Friends for Life Seattle. I can't wait to meet you this weekend. Welcome to the family.

Orange and Green Forever,

Leigh Fickling



Leigh Fickling, MEd, MS, JD

Chief Operating Officer
Children with Diabetes
leigh@childrenwithdiabetes.com



FFL Seattle Adult Program

FRIDAY, MARCH 17

6:00 – 9:00

Registration and Exhibits Open in the Courtyard Foyer B Level.
Dessert reception and light refreshments from 7:00-9:00 pm.

SATURDAY, MARCH 18

	Federal	Municipal	Superior
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom		
9:00 – 10:00	Opening Keynote - To Infinity and Beyond: The Future of Type 1 Diabetes Dana VanBuecken, ARNP		
10:00 – 10:45	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level		
10:45 – 12:00	Positive Caregiving for Parents of Children with Diabetes Jessie Wong, PhD	Fat and Protein Boluses Marissa Town, RN, BSN, CDCES	
12:00 – 1:30	Lunch in the Madison Ballroom		
1:30 – 2:45	Diabetes in K-12 Schools Leigh Fickling, MEd, MS, JD	Navigating the Healthcare System from the Adult Perspective Leslie Eiland, MD	
2:45 – 3:30	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level		
3:30 – 4:30	How Substances Affect the Body with Diabetes Marissa Town, RN, BSN, CDCES	Navigating the Healthcare System from the Pediatric Perspective Faisal Malik, MD, MSHS	
7:00 – 9:00	Light Reception in the Madison Ballroom		

SUNDAY, MARCH 19

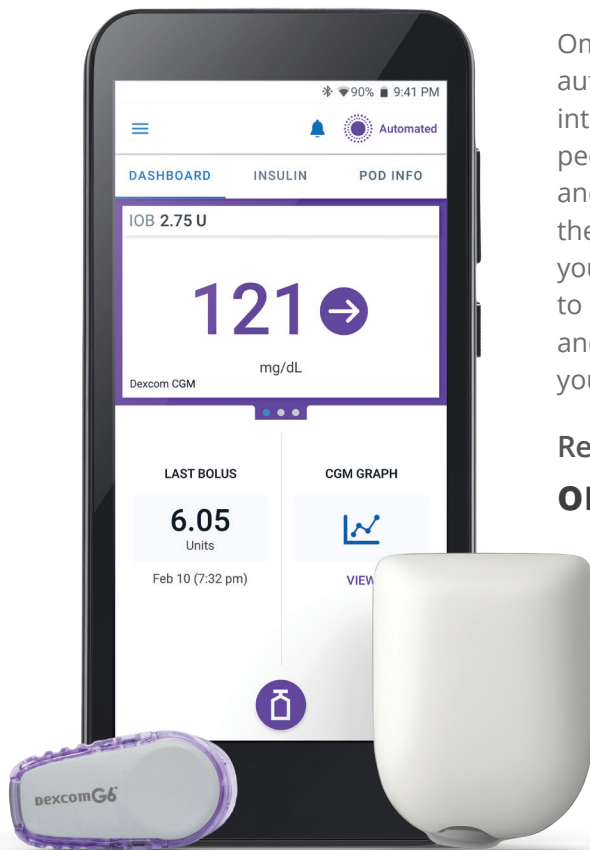
	Federal	Municipal	Superior
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom		
9:00 – 10:00	Getting the Most out of your Automated Insulin Delivery System Leslie Eiland, MD	Practical Stress Management Tools for People with Diabetes Jessie Wong, PhD	Frazzled Friends for Life: Moms Discussion Group Leigh Fickling, MEd, MS, JD
10:00 – 10:45	Refreshment Break in the Courtyard Foyer B Level		
10:45 – 12:00	Advocating for Affordable Care - Let your Voice be Heard Tom Boyer	Dads Down to Earth Benny Loebner	
12:00 – 1:30	Lunch in the Madison Ballroom		
1:30 – 2:45	Utilizing Other Medications for Type 1 Diabetes Irl Hirsch, MD, MACP	The Americans with Disabilities Act - Your Rights in College + Beyond Leigh Fickling, MEd, MS, JD + Matt Point, MS	
2:45 – 3:30	Refreshment Break in the Courtyard Foyer B Level		
3:30 – 4:30	Closing Keynote - Reflections on a Lifetime Living with and Working with Diabetes Irl Hirsch, MD, MACP		



FFL Seattle Youth Program

SATURDAY, MARCH 18				
	Kiddie Kove Room: West	Elementary Room: North	Tween Room: East	Teen Room: South
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom			
9:00 – 10:00	Meet the Dinosaurs	Icebreakers	Meet the Tweens	Jeopardy: Diabetes Edition
10:00 – 10:45	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level			
10:45 – 12:00	Silly Sandpaper Stegosaurus'	Building Carb Creatures	Tweens Assemble	Parenting your Parent
12:00 – 1:30	Lunch in the Madison Ballroom			
1:30 – 2:45	Dinosaur Stomp!	Scavenger Hunt	VIPs Scavenger Hunt	Riding the Roller Coasters
2:45 – 3:30	Refreshment Break and Exhibits Open in the Courtyard Foyer B Level			
3:30 – 4:30	Movie and Rest	Orange/Green team	Minute to Win it	Move and Groove with Harold
SUNDAY, MARCH 19				
	Kiddie Kove Room: West	Elementary Room: North	Tween Room: East	Teen Room: South
8:00 – 9:00	Buffet Breakfast in the Madison Ballroom			
9:00 – 10:00	The King of Dinosaurs	All Fun and Games	Get Moving with Harold	Faces of Diabetes
10:00 – 10:45	Refreshment Break in the Courtyard Foyer B Level			
10:45 – 12:00	Going on a Dino Hunt— Come Along!	Get Moving with Harold	Finding Your Team	Tech Update
12:00 – 1:30	Lunch in the Madison Ballroom			
1:30 – 2:45	Dino Stretch with Harold	Movie Time with Friends	Games Games Games	Diabetium
2:45 – 3:30	Refreshment Break in the Courtyard Foyer B Level			
3:30 – 4:30	Movie and Rest	Scrapbook	Movie Time	Closing Keynote

THINK YOU'RE TIED TO A TUBED PUMP? Think again.



Pod and Dexcom G6 shown without the necessary adhesive.
Dexcom G6 sold separately and requires a separate prescription.

Omnipod 5, the first and only tubeless, automated insulin delivery system to integrate with Dexcom G6, is available for people with type 1 diabetes ages 2 years and older. SmartAdjust™ technology in the Pod adjusts insulin delivery based on your customized Target Glucose—helping to protect against highs and lows, day and night.^{1,2} Plus, you can try it even if your current insulin pump is in warranty.

Ready to go tubeless? Get started at
omnipod.com/CWD

1. Study in 240 people with T1D aged 6 - 70 years involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average overnight time (12AM-6AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.1% vs. 20.7%; 42.2% vs. 20.7%. Average day time (6AM-12AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.6% vs. 26.1%; 46.4% vs. 33.4%. Median overnight time (12AM-6AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 0.82% vs. 0.78%; 0.78% vs. 0.78%. Median day time (6AM-12AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 1.91% vs. 1.08%; 1.17% vs. 1.62%. Brown et al. Diabetes Care (2021).

2. Study in 80 people with T1D aged 2 - 5.9 yrs involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average time with high blood glucose overnight from CGM in standard therapy vs Omnipod 5 = 38.4% vs. 16.9%. Average time with high blood during daytime from CGM in standard therapy vs Omnipod 5 = 39.7% vs. 33.7%. Average time with low blood glucose overnight from CGM in standard therapy vs. Omnipod 5 = 3.41% vs. 2.13%. Average time with low blood glucose during daytime from CGM in standard therapy vs. Omnipod 5 = 3.44% vs. 2.57%. Sherr JL, et al. Diabetes Care (2022).

The Omnipod 5 Automated Insulin Delivery System is indicated for use by individuals with Type 1 diabetes mellitus in persons 2 years of age and older. The Omnipod 5 System is intended for single patient, home use and requires a prescription. The Omnipod 5 System is compatible with the following U-100 insulins: NovoLog®, Humalog®, and Admelog®.

The Omnipod 5 ACE Pump (Pod) is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in persons requiring insulin. The Omnipod 5 ACE Pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. SmartAdjust™ technology is intended for use with compatible integrated continuous glucose monitors (iCGM) and alternate controller enabled (ACE) pumps to automatically increase, decrease, and pause delivery of insulin based on current and predicted glucose values. The Omnipod 5 SmartBolus Calculator is intended to calculate a suggested bolus dose based on user-entered carbohydrates, most recent sensor glucose value (or blood glucose reading if using fingerstick), rate of

change of the sensor glucose (if applicable), insulin on board (IOB), and programmable correction factor, insulin to carbohydrate ratio, and target glucose value.

WARNING: SmartAdjust technology should NOT be used by anyone under the age of 2 years old. SmartAdjust technology should also NOT be used in people who require less than 5 units of insulin per day as the safety of the technology has not been evaluated in this population.

The Omnipod 5 System is NOT recommended for people who are unable to monitor glucose as recommended by their healthcare provider, are unable to maintain contact with their healthcare provider, are unable to use the Omnipod 5 System according to instructions, are taking hydroxyurea as it could lead to falsely elevated CGM values and result in over-delivery of insulin that can lead to severe hypoglycemia, and do NOT have adequate hearing and/or vision to allow recognition of all functions of the Omnipod 5 System, including alerts, alarms, and reminders. Device components including the Pod, CGM transmitter, and CGM sensor must be removed before Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, or diathermy treatment. In addition, the Controller and smartphone should be placed outside of the procedure room. Exposure to MRI, CT, or diathermy treatment can damage the components. Visit www.omnipod.com/safety for additional important safety information.

WARNING: DO NOT start to use the Omnipod 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

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INS-OHS-02-2023-00021 v1.0



Jeff Hitchcock

Jeff Hitchcock is the founder, president, and Chief Executive Officer of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC). Jeff received the 2021 ISPAD Hero Award for his work on Children with Diabetes.



Laura Billetdeaux, MS

A finicky connoisseur of hotel meeting space, cappuccino, and kid-friendly cheese and fruit platters, **Laura Billetdeaux** is CWD's VP of Education and Programs. Since the first CWD event in June 2000, Laura has organized Friends for Life conferences, always keeping in mind the true purpose of Children with Diabetes—education and support of families with type 1, and always keeping in mind why it all works—the efforts of so many dedicated individuals. Laura lives in Manchester, Michigan with her husband Neal. They are parents of Sam, FFL Meet-Ups Coordinator, and Carolyn, CWD's Volunteer and Training Coordinator.



Leigh Fickling, MEd, MS, JD

Leigh Fickling, MEd, MS, JD, serves as the Chief Operating Officer for Children with Diabetes. Leigh is responsible for the day-to-day operational leadership of the organization and for the oversight and implementation of the organization's strategic plan. Leigh's daughter, Ava, was diagnosed with type 1 diabetes in 2013 at the age of three. Leigh is a subject matter expert in the implementation of accommodations for people with diabetes in the classroom, workplace, and beyond. The Friends for Life conferences are the highlight of the year for the Fickling family and they can't imagine trying to dia-beat-this without their circle of friends.



Matthew Point, MS

Matthew (Matt) Point, MS, serves as CWD's Director of Advancement. Matt is responsible for CWD's fundraising and development, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event – Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.



Marissa Town, BSN, RN, CDCES

Marissa Town, BSN, RN, CDCES, Clinical Director for Children with Diabetes, overseeing the medical content on the website and directing programming at Friends for Life conferences. She was diagnosed with type 1 diabetes when she was 2 years old and grew up as an attendee of the Friends for Life conferences since the beginning in 2000. Marissa has worked in a diabetes clinic, as a pump trainer, and a Clinical Research Manager at Stanford University.



Sasha Squibb

Sasha Squibb is a visual communication specialist with a focus in non-profit marketing. She serves as CWD's Creative Director, overseeing social media, The Weekly Diabetes newsletter and all graphic design. Sasha was diagnosed with type 1 diabetes more than 25 years ago and, in a previous role, oversaw outreach and marketing initiatives for the T1D community across Southwest Ohio. She is highly passionate about providing education and support for people with T1D and their families.



Ashlyn Mills

Ashlyn Mills serves as CWD's Events and Programs Assistant. Ashlyn has been living with type 1 diabetes since 2015 when she was diagnosed at the age of 19. She quickly found her tribe in CWD and attended her first FFL conference less than one year after her diagnosis. By trade, Ashlyn is a licensed physical therapist assistant but the connections diabetes created quickly changed her career path. Ashlyn is passionate about helping people with diabetes and their families connect so they don't have to do it alone. In her spare time, Ashlyn loves to run, bike, visit Disney World, and camp with her family.



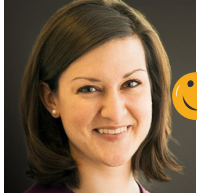


The Conference Faculty



Tom Boyer

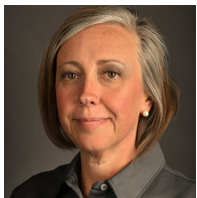
Sunday	10:45 - 12:00	Federal	Advocating for Affordable Care - Let Your Voice Be Heard
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Leslie Eiland, MD

Saturday	1:30 - 2:45	Municipal	Navigating the Healthcare System from the Adult Perspective
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Sunday	9:00 - 10:00	Federal	Getting the Most out of your Automated Delivery System
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Leigh Fickling, MEd, MS, JD

Saturday	1:30 - 2:45	Federal	Diabetes in K-12 Schools
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Sunday	9:00 - 10:00	Superior	Frazzled Friends for Life: Mom's Discussion Group
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Sunday	1:30 - 2:45	Municipal	The Americans with Disabilities Act - Your Rights in College...
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Irl Hirsch, MD, MACP

Sunday	1:30 - 2:45	Federal	Utilizing Other Medications for Type 1 Diabetes
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Sunday	1:15 - 2:30	Courtyard Ballroom	Closing Keynote: Reflections on a Lifetime Living and Working with Diabetes
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Benny Loebner

Sunday	10:45 - 12:00	Municipal	Dads Down to Earth
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Faisal Malik, MD, MSHS

Saturday	3:30 - 4:30	Municipal	Navigating the Healthcare System from the Pediatric Perspective
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Matthew Point, MS

Sunday	1:30 - 2:45	Municipal	The Americans with Disabilities Act - Your Rights in College...
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Denotes faculty member with diabetes



Marissa Town, **BSN, RN, CDCES**

Saturday	10:45 - 12:00	Municipal	Fat and Protein Boluses
Saturday	3:30 - 4:30	Federal	How Substances Affect the Body with Diabetes



Dana VanBuecken, **ARNP**

Saturday	9:00 - 10:00	Courtyard Ballroom	Opening Keynote: To Infinity and Beyond: The Future of T1D
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Jessie Wong, **PhD**

Saturday	10:45 - 12:00	Federal	Positive Caregiving for Parents of Children with Diabetes
Sunday	9:00 - 10:00	Municipal	Practical Stress Management Tools for People with Diabetes

Learn more about our Faculty by scanning the QR Code.



Upcoming FFL Conferences

Mark your calendars for these upcoming Friends for Life events!

2023

Friends for Life Orlando 2023 at *Disney's Coronado Springs Resort*
Lake Buena Vista, Florida | July 4–9, 2023

Friends for Life White Plains 2023 at the Sonesta White Plains
White Plains, New York | October 6–8, 2023

2024

Friends for Life Falls Church 2024 at the Falls Church Marriott
Falls Church, Virginia | April 5–7, 2024

Friends for Life Orlando 2024 at *Disney's Coronado Springs Resort*
Lake Buena Vista, Florida | July 9–14, 2024

Friends for Life Anaheim at the Disneyland Hotel
Anaheim, California | October 25–27, 2024

2025

Friends for Life Arlington 2025 at the Renaissance Arlington Capital View Hotel
Arlington, Virginia | March 7–9, 2025

Friends for Life Orlando 2024 at *Disney's Coronado Springs Resort*
Lake Buena Vista, Florida | July 8–13, 2025

Friends for Life Seattle 2025 at the Renaissance Seattle Hotel
Seattle, Washington | November 7–9, 2025



For a complete list of Friends for Life conferences through 2030, visit:

ffl.is/upcomingFFLs



Denotes faculty member with diabetes



Founding Sponsor



Dexcom

CONTINUOUS GLUCOSE MONITORING

Dexcom, Inc., headquartered in San Diego, CA, is dedicated to developing innovative glucose sensing technology and products to help patients and healthcare providers better manage diabetes. The Dexcom G6™ Continuous Glucose Monitoring (CGM) System does not require fingersticks for calibration or diabetes treatment decisions* and features simple, one-touch sensor insertion. The System provides exceptional accuracy with an overall MARD of 9.0%† and features an Urgent Low Soon alert that can warn users 20 minutes in advance of severe hypoglycemia (55 mg/dL). Dexcom is the only provider of CGM systems indicated for children ages 2 years and older. Please visit www.dexcom.com.

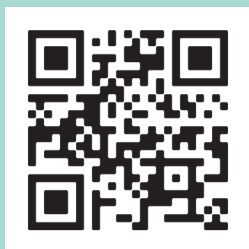
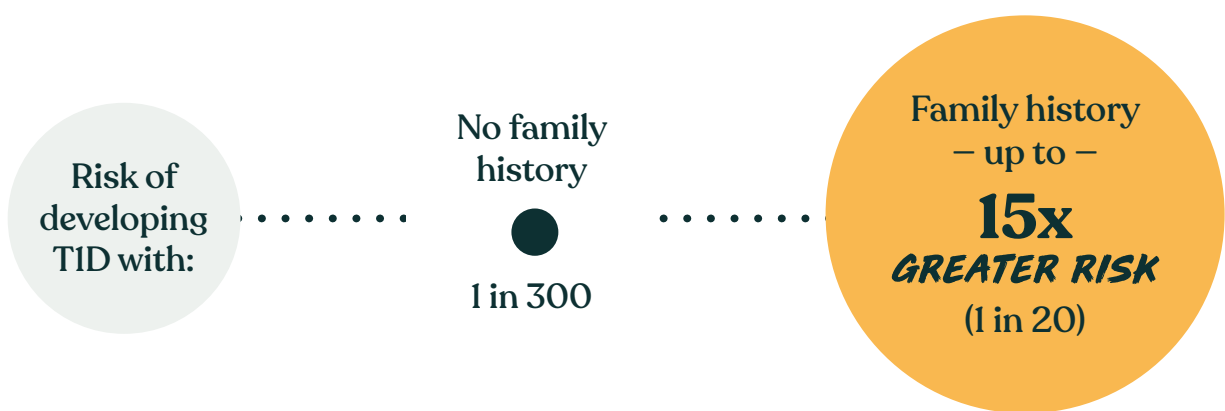
*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

†MARD is a statistical measure of accuracy; the lower the number, the better.



HOW DO YOU
protect against an
invisible threat?
Get Type 1 Tested.

If type 1 diabetes (T1D) is in your family, you or your loved ones could be at risk:



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for **Together Through T1** to get helpful information and resources about the importance of T1D screening.

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Advocacy Sponsor



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Lilly has been a global leader in diabetes care since 1923, when we introduced the world's first commercial insulin. Today we are building upon this heritage by working to meet the diverse needs of people with diabetes and those who care for them. Through research, collaboration and quality manufacturing we strive to make life better for people affected by diabetes and related conditions. We work to deliver breakthrough outcomes through innovative solutions—from medicines and technologies to support programs and more.

The #1 rated integrated AID system*

t:slim X2 Insulin Pump WITH Control-IQ TECHNOLOGY

- ✓ Adjusts basal insulin delivery to help prevent highs and lows
- ✓ Delivers automatic correction boluses (up to one per hour)†
- ✓ Dedicated Exercise Activity and Sleep Activity for more targeted control

tandemdiabetes.com/kids



Maximus
diagnosed
2018

Control-IQ technology does not prevent all highs and lows. You must still bolus for meals and actively manage your diabetes. Visit tandemdiabetes.com/tslimX2-use for more information.

* DQ&A, US Diabetes Connections Patient Panel Report, Q3 2020-Q3 2022

† If glucose values are predicted to be above 180 mg/dL, Control-IQ technology calculates a correction bolus using the Personal Profile settings and a target of 110 mg/dL and delivers 60% of that value. An Automatic Correction Bolus will not occur within 60 minutes of a bolus that has been delivered or cancelled.

Important Safety Information: RX ONLY. The t:slim X2 pump and Control-IQ technology are intended for single patient use. The t:slim X2 pump and Control-IQ technology are indicated for use with U-100 insulin only. **t:slim X2 insulin pump:** The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The t:slim X2 pump is indicated for use in individuals six years of age and greater. **Control-IQ technology:** Control-IQ technology is intended for use with a compatible integrated continuous glucose monitor (iCGM, sold separately) and ACE pump to automatically increase, decrease, and suspend delivery of basal insulin based on iCGM readings and predicted glucose values. It can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. Control-IQ technology is intended for the management of Type 1 diabetes mellitus in persons six years of age and greater.

WARNING: Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in patients who require less than 10 units of insulin per day or who weigh less than 55 pounds.

Control-IQ technology is not indicated for use in pregnant women, people on dialysis, or critically ill patients. Do not use Control-IQ technology if using hydroxyurea. Users of the t:slim X2 pump and Control-IQ technology must: use the insulin pump, CGM, and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts, alarms, and reminders. The t:slim X2 pump, and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit tandemdiabetes.com/safetyinfo for additional important safety information.

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A virtual pump demo on your smartphone





Supporting Sponsors



Insulet Corporation (NASDAQ: PODD), headquartered in Massachusetts, is an innovative medical device company dedicated to making the lives of people with diabetes and other conditions easier through the use of its Omnipod® product platform. **The Omnipod® Insulin Management System** provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet also leverages the unique design of its Pod, by tailoring its Omnipod® technology platform for the delivery of non-insulin subcutaneous drugs across multiple therapeutic areas. Founded in 2000, more than 140,000 users across the globe rely on Insulet's Omnipod® Insulin Management System to bring simplicity and freedom to their lives. For more information, visit www.myomnipod.com.



Provention Bio, Inc. (Nasdaq: PRVB) is a biopharmaceutical company focused on advancing the development of investigational therapies that may intercept and prevent debilitating and life-threatening immune-mediated disease. The Company's pipeline includes a late-stage product candidate for type 1 diabetes (T1D) as well as clinical drug candidates in other autoimmune diseases, including celiac disease and lupus. We are proud to be part of the T1D ecosystem and are committed to bringing awareness to the importance and urgency of screening people with a family history of T1D for early-stage disease. Visit ProventionBio.com for more information or follow us on Twitter: @ProventionBio.



Tandem Diabetes Care, Inc. is a medical device company dedicated to improving the lives of people with diabetes through relentless innovation and revolutionary customer experience. The Company takes an innovative, user-centric approach to the design, development and commercialization of products for people with diabetes who use insulin. Tandem manufactures and sells the t:slim X2 insulin pump with Control-IQ technology. The t:slim X2 pump is capable of remote feature updates using a personal computer. Tandem is based in San Diego, California.

RX ONLY. The t:slim X2 insulin pump, Basal-IQ technology, and Control-IQ technology are intended for single patient use. The t:slim X2 pump, Basal-IQ technology, and Control-IQ technology are indicated for use with NovoLog or Humalog U-100 insulin.

INHALED INSULIN STUDY

FOR AGES 4-17



WHAT IS THIS STUDY ABOUT?

INHALE-1 is a research study that aims to evaluate the safety and effectiveness of an inhaled insulin product for use in children and teenagers with diabetes

WHO CAN JOIN?

- Children and teenagers ages 4-17
- Diagnosed with type 1 or type 2 diabetes and using mealtime insulin (vial or pen, no pumps)
- A1c is 7-11%
- No recent history of asthma in the last 12 months or other lung conditions

Compensation will be available and a CGM will be provided throughout the study

WHAT'S INVOLVED?

- The study involves clinic visits, blood draws, and lung function tests
- Qualified participants will either take inhaled insulin for 12 months or continue mealtime injectable insulin for 6 months and then switch to inhaled insulin for 6 months
- Inhaled insulin will be provided at no cost
- Participants will be asked to check their glucose level frequently using a study provided continuous glucose monitor (CGM)

CONTACT US

1-844-INHALE1

<https://mannkindcorp.com/inhale1>

<https://clinicaltrials.gov/ct2/show/NCT04974528>





Friends of CWD



We are people with diabetes, parents of children with diabetes, caring allies from different backgrounds, professions, geographies, and political persuasions dedicated to improving the lives of all people impacted by diabetes.

The Diabetes Leadership Council unites former leaders of national diabetes organizations, dedicated to securing effective, affordable health care and a discrimination-free environment for every person with diabetes.

mannkind

MannKind is committed to providing products that allow people living with diabetes to experience life without limits. With Afrezza® (insulin human) Inhalation Powder and V-Go® wearable insulin delivery MannKind is focused on being a leader in mealtime control to address this serious unmet need within the diabetes community. Enrollment is currently underway for the INHALE-1 study that is evaluating Afrezza (in combination with basal insulin) for youth aged 4-17 living with type 1 or type 2 diabetes. With a passionate team of Mannitarians collaborating nationwide, we are on a mission to give people control of their health and the freedom to live life. Visit us at mannkindcorp.com and learn more about INHALE-1 at clinicaltrials.gov.



Peelz was developed in 2011 when Emily was diagnosed with Type 1 Diabetes. Together with her husband, Scott, they built a life and a company with a mission to make diabetes more personal, functional, and stylish.



At **Xeris Pharmaceuticals, Inc.**, we're committed to making a difference in people's lives. From developing unique therapies in endocrinology, neurology and gastroenterology to maintaining a robust pipeline of research and development programs, our goal is to remove many associated burdens of and barriers to treatment and improve patients' quality of life.



Severe lows are unpredictable

Gvoke HypoPen® is the rescue pen that everyone on insulin needs and anyone can administer^{1,2}



99% Successful administration of a full dose by trained and untrained participants (74/75)^{1,2,*}

INDICATION AND IMPORTANT SAFETY INFORMATION

GVOKE is indicated for the treatment of severe hypoglycemia in adult and pediatric patients with diabetes ages 2 years and above.

IMPORTANT SAFETY INFORMATION

Contraindications

GVOKE is contraindicated in patients with pheochromocytoma because of the risk of substantial increase in blood pressure, insulinoma because of the risk of hypoglycemia, and known hypersensitivity to glucagon or to any of the excipients in GVOKE. Allergic reactions have been reported with glucagon and include anaphylactic shock with breathing difficulties and hypotension.

Warnings and Precautions

GVOKE is contraindicated in patients with pheochromocytoma because glucagon may stimulate the release of catecholamines from the tumor. If the patient develops a dramatic increase in blood pressure and a previously undiagnosed pheochromocytoma is suspected, 5 to 10 mg of phentolamine mesylate, administered intravenously, has been shown to be effective in lowering blood pressure.

In patients with insulinoma, administration of glucagon may produce an initial increase in blood glucose; however, GVOKE administration may directly or indirectly (through an initial rise in blood glucose) stimulate exaggerated insulin release from an insulinoma and cause hypoglycemia. GVOKE is contraindicated in patients with insulinoma. If a patient develops symptoms of hypoglycemia after a dose of GVOKE, give glucose orally or intravenously.

Allergic reactions have been reported with glucagon. These include generalized rash, and in some cases, anaphylactic shock with breathing difficulties and hypotension. GVOKE is contraindicated in patients with a prior hypersensitivity reaction.

GVOKE is effective in treating hypoglycemia only if sufficient hepatic glycogen is present. Patients in states of starvation, with adrenal insufficiency or chronic hypoglycemia, may not have adequate levels of hepatic glycogen for GVOKE administration to be effective. Patients with these conditions should be treated with glucose.

Necrolytic migratory erythema (NME), a skin rash commonly associated with glucagonomas (glucagon-producing tumors) and characterized by scaly, pruritic erythematous plaques, bullae, and erosions, has been reported postmarketing following continuous glucagon infusion. NME lesions may affect the face, groin, perineum and legs or be more widespread. In the reported cases NME resolved with discontinuation of the glucagon, and treatment with corticosteroids was not effective. Should NME occur, consider whether the benefits of continuous glucagon infusion outweigh the risks.

Adverse Reactions

Most common ($\geq 5\%$) adverse reactions associated with GVOKE are nausea, vomiting, injection site edema (raised 1 mm or greater), and hypoglycemia.

Drug Interactions

Patients taking beta-blockers may have a transient increase in pulse and blood pressure when given GVOKE. In patients taking indomethacin, GVOKE may lose its ability to raise blood glucose or may even produce hypoglycemia. GVOKE may increase the anticoagulant effect of warfarin.

1. Gvoke [Prescribing Information], Chicago, IL: Xeris Pharmaceuticals, Inc; 2021

2. Valentine V et al. Diabetes Technology and Therapeutics, 2019; vol 21 no. 9.

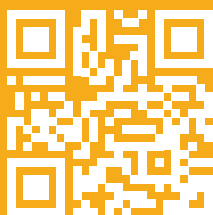
* Administering glucagon in simulated emergencies

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Friends for Life® Orlando 2023

July 4–9, 2023 • Disney's Coronado Springs Resort • Orlando, FL



For more information and
to register and book your
hotel, scan the QR code.

Register Today for **Friends for Life Orlando**

Looking to connect in an atmosphere where people really understand you - come to Friends for Life, it'll be out of this world!

CWD is excited to connect you with the Friends for Life community of families living with type 1 diabetes – both children and adults who live with T1D included!—along with the incredible speakers and volunteers who make Friends for Life the life-changing experience it is. Learn from the top diabetes experts about the future of diabetes research, how to manage the tools and technologies we have today, how to cope with the day-in-day-out demands of diabetes on the whole family, and more! Meet other folks who have similar life experiences, share your story, teach others the lessons you've learned, and learn from those you meet there. Friends for Life has something for everyone who lives with T1D and their loved ones—we can't wait to see you there!

When: July 4–9, 2023

Where: *Disney's Coronado Springs Resort*

Registration is \$250 per person for ages 6 and older, \$75 per person for ages 0-5.

Registration includes:

- All sessions and session materials for adults and children
- Kiddie Kove for children ages 0-5
- Wednesday Grand Opening of the Exhibition Hall (light snacks and dessert)
- Thursday breakfast, lunch, and snack breaks
- Thursday Family and Friends Banquet (dinner)
- Friday lunch and snack breaks
- Friday Park Day (Animal Kingdom) for teens
- Saturday social events
- Sunday Farewell Breakfast
- All of the various social events
- One t-shirt per registered person

Scholarships are available! CWD offers a limited number of scholarships to a limited number of applicants. Full scholarships can cover the cost of registration for up to four people and your hotel room for five days. Scholarship applications will be available at FFL.is/scholarships.

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Empowering Families Enriching Lives

Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least \$10, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's conference and annual publications. You can become a member of the Better Together Society today and join the ranks of the members listed below by registering at **CWD.is/BTS**.



Better Together Society Members

The Abel Family
Mary Babin
Joan K. Bardsley
Morgan Bednarczyk
Carolyn Billetdeaux
Laura Billetdeaux
Sam Billetdeaux
Teresa Brandt
Kari Brooke
Kathy Brown
Jessica Carey
Leslie Collins
Kristen Conklin

Robert and Donna Cope
Jessica Costley
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The Deitle Norris Family
Rebecca DeLong
Jimmy and Liz Dodson
Lisa Dreasher
Susan Feldt
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Kimberly Kirby
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Rachel Knight
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Corey and Lizzie Lackey
Pam and Benny Loebner
Kristianne Lore-Keyser
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Tim Mills
Heather Mitchell
Kenneth Mortisugu, MD
Tiffany Mosby

Megan and Brian Mulherin
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Stewart Perry
Ernie Prado
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Ed Raskin
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Carla Scott
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Jenny Sloan
Wendy Smits
Sasha and Jordan Squibb
Kate Stricklin
Jo Stroud
Sara Tolliday
Natalie Toomey
The Town Family
Melissa Waits
Austin White
Robyn Wright

CWD Fiffle Circle

The Fiffle Circle is CWD's individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the \$10,000 level. The Fiffle Circle recognizes at each giving level (listed to the right) with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD's annual report and conference programs.

CWD Fiffle Circle Members

Chairman's Circle

Anonymous +
Anonymous Family +
Petrovic Gubin Foundation +

President's Circle

Anonymous Family +
Helen Finegold and Will Nowak +
George and Judy Huntley +
Kevin and Mimi Sayer +

Partner's Circle

Anonymous Family +
Stewart Perry +
The Stoddard Salko Family +

Fiffle Circle

The Abel Family
Anonymous
The Deitle Norris Family +
Gigliola and Edward Hawthorne +
Drs. George and Zuzana Grunberger
Al and Sue Johnson
The Karitis Family
Teresa and Troy Littlefield
The Lukhard Family
The Merwin Family
The Moritsugu Family

+ denotes a major gift donation in 2021 or earlier

Fiffle Circle Levels of Giving

\$150,000

CHAIRMAN'S CIRCLE

Gold Clad Solid Silver CWD Challenge Coin

\$75,000

PRESIDENT'S CIRCLE

Silver CWD Challenge Coin

\$25,000

PARTNER'S CIRCLE

Bronze CWD Challenge Coin

\$10,000

FIFFLE CIRCLE

Fiffle Circle Lapel Pin and CWD Challenge Coin





DLC PROVIDES POLICY EXPERTISE

DLC is dedicated to promoting patient centered policies that break down barriers to care and put people with diabetes first. Our role as experienced and passionate advocates is to engage policymakers as well as public and private sector influencers to educate them on tangible policy positions that will make a real difference in patients' lives.

DLC unites former leaders of national diabetes organizations, dedicated to securing effective, affordable health care and a discrimination-free environment for every person with diabetes. DLC also **provides educational resources and materials** on how to achieve these goals through policy solutions.



DPAC TURNS KNOWLEDGE INTO ACTION

DPAC is an alliance of people with diabetes, caregivers, patient advocates, health professionals, diabetes organizations and companies working collaboratively to **promote and support public policy initiatives to improve the health of all 37.3 million Americans with diabetes.**

DPAC **educates lawmakers and trains people in the diabetes community** on how to advocate for meaningful action on diabetes. Government and policy can feel intimidating and overwhelming. We do the heavy lifting to separate what matters most to **empower advocates to take action!**

TAKE ACTION



Follow us for Updates!

Websites: DiabetesLeadership.org – DiabetesPAC.org



@DiabetesPAC



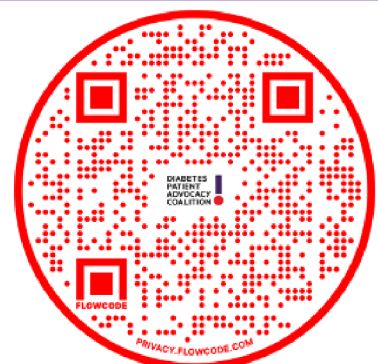
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Diabetes Leadership Council
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Diabetes Patient
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Contact: info@DiabetesPAC.org

Thank You

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